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**Dickenson County**  
P.O. Box 768  
334 Brush Creek Road  
Clintwood, VA 24228  
Phone: 276-926-4979  
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**Russell County**  
P.O. Box 2347  
75 Rogers Street  
Lebanon, VA 24266  
Phone: 276-889-7621  
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**Tazewell County**  
P.O. Box 350  
253 Chamber Drive  
Tazewell, VA 24651  
Phone: 276-988-5585  
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**Lee County**  
P. O. Box 763  
134 Hill Street  
Jonesville, VA 24263  
Phone: 276-346-2011  
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**Scott County**  
190 Beech Street  
Suite 102  
Gate City, VA 24251  
Phone: 276-386-1312  
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**Wise County and the City of Norton**  
134 Roberts Ave SW  
Wise, VA 24293  
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## COMMONWEALTH OF VIRGINIA

### VIRGINIA DEPARTMENT OF HEALTH

**Karen Shelton, M.D.**  
Lenowisco and Cumberland  
Plateau  
Interim District Director

**Cumberland Plateau & Lenowisco Health Districts**  
224 Clydesway Dr. – Suite B  
Lebanon, VA 24266

134 Roberts Avenue, SW  
Wise, VA 24293

Stewards for Optimum  
Community Health

May 19, 2021

Parents or Guardians of Students 12 years and older,

On Wednesday May 12, ACIP and CDC approved the use of Pfizer vaccine for adolescents ages 12-15 years. The LENOWISCO Health District is pleased to offer the Pfizer COVID-19 vaccine for those students 12 years and older at Norton Elementary Middle School on June 9, 2021 from 10:00 a.m. – 12:00 p.m. Students that are 12 years and older may also access Pfizer vaccine at Wise County/Norton City Health Department, Ballad Health, and at the following local pharmacies: Food City Wise, Walgreens Coeburn and Walgreens St Paul.

The Pfizer vaccine is a two-dose series and approved for ages 12 and older. The second dose is recommended to be given 3 weeks after the first dose. Two weeks after receiving the second dose, persons are considered fully vaccinated. Over the past few weeks, COVID-19 cases are on the rise in our schools and communities. Being fully vaccinated reduces the risk of disease, hospitalization, and death. Being vaccinated also protects friends, family, and the community.

Once fully vaccinated, you do not have to quarantine if exposed to COVID-19. It is important for those 12 and older to be vaccinated to help prevent the spread of the virus in schools, sports, and other extracurricular activities. Wearing masks, social distancing, washing hands help reduce the spread, and now receiving the COVID-19 vaccine is an important tool to help prevent the spread of disease.

Common side effects from the vaccine include pain at the injection site, headache, muscle or joint pain, fever, and chills. These side effects typically resolve within 12-24 hours. Please review the Emergency Use Authorization (EUA) for specific vaccine information.

To register your student for a vaccine, you will sign them up online on the VDH PrepMod system. To schedule the appointment, review the EUA, and sign the consent, please use this specific vaccine link:  
<https://vaccineappointments.virginia.gov/appointment/en/reg/9255901655>

The consent must be signed in order to receive the vaccine. If needed, you can contact your local health department to request assistance at [prepmodsupport@vdh.virginia.gov](mailto:prepmodsupport@vdh.virginia.gov), or call the numbers listed in the above letterhead for assistance with scheduling.

Second doses will need to be scheduled no sooner than 21 days and up to 42 days after the first dose, at the local health department, at a healthcare provider or local pharmacy.

Best Regards,



Karen Shelton, MD  
Interim Director Cumberland Plateau Health District