

## OUHSD Progress in Reaching LSWP Goals

<b>Goal</b> As defined by your LSWP	<b>Was the Goal Met?</b> Yes/ Partially/ No	<b>What Was Achieved?</b> Describe how you achieved this goal	<b>Documentation</b> Share documents (as links or attachments) used to measure LSWP implementation
<b>Nutrition Education Goal(s)</b> The nutrition education program shall include, but is not limited to, information about the benefits of healthy eating for learning disease prevention, weight management, and oral health. Nutrition education shall be provided as part of the healthy education program and, as appropriate, shall be integrated into other academic subjects in the regular educational program, before-and after-school programs, summer learning programs, and school garden programs.	Yes		
<b>Nutrition Promotion Goal(s)</b> Nutrition education will link with school meal programs, cafeteria nutrition promotion activities, school gardens, and the district's Farm to School program. The nutrition education curriculum will use the	Yes		

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<b>school gardens as a teaching tool.</b>			
<b>Physical Activity Goal(s)</b> <b>The primary goals for a school's physical activity and physical education components are to provide opportunities for every student to develop the concepts, knowledge and skills for age appropriate physical activity; maintain physical fitness; regularly participate in physical activity; and understand the short-and long-term benefits of a physically active and healthy lifestyle.</b>	Partially		
<b>Other student wellness Goal(s)</b> <b>The Superintendent (or designee) shall establish indicators that will be used to measure the implementation and effectiveness of district activities related to student wellness. Any curriculum used for instruction shall be Board approved, sequential, developmentally appropriate, medically accurate, and</b>	Yes		

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<b>science-based or research-validated.</b>			
<b>Health Services Goal(s)</b> <b>In order to ensure that students have access to comprehensive health services and mental health services, the District will provide access or referrals to health services and mental health services at, or near, District school and/or may provide referrals to community resources through school site nurses, counselors, and student intervention specialists.</b>	Partially		
<b>Physical Environment Goal(s)</b> <b>School sites will promote a drug-and substance-free environment and will encourage making healthy choices at home and at school.</b> <b>School sites will enforce an “anti-bullying” policy and encourage social tolerance and respect for others.</b>	Partially		