

## COURSES



GRADE 9

Principles of Human Services

Level 1

GRADE 10

Lifetime Nutrition and Wellness

Level 2

GRADE 11

Human Growth & Development

Level 3

GRADE 12

Career Preparation I

Level 4

## POSTSECONDARY OPTIONS

HIGH SCHOOL/INDUSTRY CERTIFICATION	CERTIFICATE/LICENSE*	ASSOCIATE'S DEGREE	BACHELOR'S DEGREE	MASTER'S/DOCTORAL PROFESSIONAL DEGREE
Community Health Worker	Registered Dietitian	Nutrition Sciences		
Entrepreneurship and Small Business	Counselor, Professional	Community Health Services/ Liaison/ Counseling	Mental Health Counseling/ Counselor	Community Health and Preventative Medicine
	Registered Dietitian Nutritionist	Health and Wellness, General	Nutrition	
	Social Worker	Public Health	Human Nutrition and Foods	Exercise and Sports Nutrition

Additional industry based certification information is available from the TEA CTE website.

For more information on postsecondary options for this program of study, visit [TXCTE.org](http://TXCTE.org).

OCCUPATIONS	MEDIAN WAGE	ANNUAL OPENINGS	% GROWTH
Community Health Workers	\$38,064	592	25%
Rehabilitation Counselors	\$43,930	586	23%
Mental Health Counselors	\$41,558	812	38%
Health Care Social Workers	\$55,515	1,583	35%
Dietitians and Nutritionists	\$57,762	428	24%

### WORK BASED LEARNING AND EXPANDED LEARNING OPPORTUNITIES

Exploration Activities: American Association of Family and Consumer Sciences; Family, Career and Community Leaders of America

Work Based Learning Activities: Job shadow a dietitian or nutritionist; work part-time at a counseling services center, health department or hospital

The Health and Wellness program of study introduces students to knowledge and skills related to promoting physical, emotional, social, and mental health and wellness. Students who choose this program of study may learn how to assist patients in planning for their health and wellness, respond to crises, and advise, provide education or counseling, or make referrals. CTE concentrators may also focus on addressing barriers to access health and wellness services. The Human Services Career Cluster® focuses on preparing individuals for employment in career pathways that relate to families and human



It is the policy of Weslaco ISD not to discriminate on the basis of race, color, national origin, sex or handicap in its vocational programs, services or activities as required by Title VI of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972; and Section 504 of the Rehabilitation Act of 1973, as amended.

Successful completion of the Health and Wellness program of study will fulfill requirements of the Public Service Endorsement. Approved Statewide Program of Study - September 2019 Modified by Weslaco ISD Career & Technical Education

# COURSE INFORMATION

COURSE NAME	SERVICE ID	PREREQUISITES (PREQ) COREQUISITES (CREQ)	GRADE
Principles of Human Services	13024200 (1 credit)	None	9-12
Lifetime Nutrition and Wellness	13024500 (.5 credit)	None	9-12
Human Growth and Development	13014300 (1 credit)	None	10-12
Interpersonal Studies	13024400(.5 credit)	None	9-12
Applied Nutrition and Dietetics	TBD	TBD	TBD
Practicum in Human Services	13025000 (2 credits) 13025005 (3 credits) 13025010 (2 credits) 13025015 (3 credits)	None	11-12
Practicum in Entrepreneurship	TBD	TBD	TBD
Advanced Nutrition and Dietetics (TBD)	TBD	TBD	TBD
Career Preparation I	12701300 (2 credits) 12701305 (3 credits)	None	11-12

FOR ADDITIONAL INFORMATION ON THE HUMAN SERVICES CAREER CLUSTER, PLEASE CONTACT:

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