

September 23, 2020

Dear Parent or Guardian,

As you may know, our school has participated in a fluoride mouthrinse program, offered by the Ohio Department of Health (ODH), for a number of years. **We've recently been notified by the ODH that this program will be discontinued at the end of the 2019-20 school year.** The lone U.S. manufacturer will no longer be making the fluoride packets used for the program.

If your child participated in this program, we encourage you to let your dentist know that they will not be rinsing with fluoride at school and discuss other sources of fluoride that might be beneficial, including fluoride varnish.

Please also review these other sources of information about fluoride, dental sealants, and other oral health tips at <https://www.mouthhealthy.org/en/babies-and-kids>. Of special interest are:

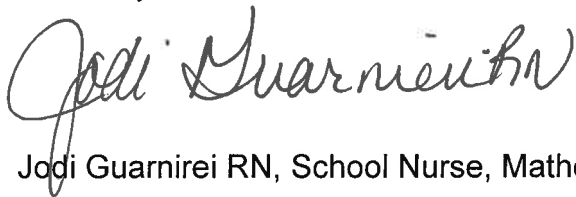
- A Mom's Guide to Fluoride
- All About Sealants
- 6 Ways to Cut Back on Sugary Snacking

Also, this website offers additional information on:

- Fluoride varnish: <https://www.mchoralhealth.org/highlights/fluoride-varnish.php>
- Toothbrushing, flossing and other oral health tips:
 - <https://mouthmonsters.mychildrensteeth.org/5-bite-sized-tips-how-to-get-kids-excited-about-oral-health/>
 - [https://www.adha.org/sites/default/files/7221 Proper Brushing 1.pdf](https://www.adha.org/sites/default/files/7221_Proper_Brushing_1.pdf)
 - [https://www.adha.org/sites/default/files/7222 Proper Flossing 1.pdf](https://www.adha.org/sites/default/files/7222_Proper_Flossing_1.pdf)
 - [https://www.adha.org/sites/default/files/7259 Oral Health Children Fact Sheet 0.pdf](https://www.adha.org/sites/default/files/7259_Oral_Health_Children_Fact_Sheet_0.pdf)

If you have any questions, please contact Shannon Cole, ODH School-based Oral Health Program Coordinator at: 614-728-2302 or via email at Shannon.Cole@odh.ohio.gov

Sincerely,



Jodi Guarnieri RN, School Nurse, Mathews Local Schools

330-637-3500 ext 1004, or 2004

jodi.guarnieri@mathewslocal.org