

WEIGHT ROOM SCHEDULE

June 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	30 10:00 AM GBK 7-8 BS	31 9:00 AM XC 3:00-4:00 VB 5:00 OPEN (LE) 6-7:30 JHFB	1 10:00 AM GBK 7-8 BS	2 9:00 AM XC 10:00 AM GBK 3:00-4:00 VB 4-6 HSFB 5:00 OPEN (LE) 6-7:30 JHFB	3 9-10:30 OPEN (KP)	4
5	6 10:00 AM GBK 4-6 HSFB 7-8 BS	7 9:00 AM XC 3:00-4:00 VB 4-6 HSFB 5:00 OPEN (LE) 6-7:30 JHFB	8 10:00 AM GBK 7-8 BS	9 9:00 AM XC 10:00 AM GBK 3:00-4:00 VB 4-5 HSFB 5:00 OPEN (LE) 6-7:30 JHFB	10 9-10:30 OPEN (KP)	11
12	13 10:00 AM GBK 4-5 HSFB 7-8 BS	14 9:00 AM XC 3:00-4:00 VB 4-5:20 HSFB 5:00 OPEN (LE) 6-7:30 JHFB	15 10:00 AM GBK 7-8 BS	16 9:00 AM XC 10:00 AM GBK 3:00-4:00 VB 4-6 HSFB 5:00 OPEN (LE) 6-7:30 JHFB	17 9-10:30 OPEN (KP)	18
19	20 10:00 AM GBK 4-5 HSFB 7-8 BS	21 9:00 AM XC 3:00-4:00 VB 4-5:20 HSFB 5-6 OPEN (LE) 6-7:30 JHFB	22 10:00 AM GBK 7-8 BS	23 9:00 AM XC 10:00 AM GBK 3:00-4:00 VB 4-5 HSFB 5:00 OPEN (LE) 6-7:30 JHFB	24 9-10:30 OPEN (KP)	25
26	27 10:00 AM GBK 4-6 HSFB	28 9:00 AM XC 3:00-4:00 VB	29 10:00 AM GBK	30 9:00 AM XC 10:00 AM GBK		

WEIGHT ROOM SCHEDULE

June 2022

	6-7 BS	4-5:20 HSFB 5-6 OPEN (LE) 6-7:30 JHFB	6-7 BS	3:00-4:00 VB 4-6 HSFB 6-7:30 JHFB		