



# CORE Center

Parents, Family, and Guardians of Washington High School Athletes,

Greetings, my name is Misty Petro, I am a Certified Athletic Trainer who will be serving your child and all of Washington High School athletics and community. I would like to introduce myself and thank you for accepting me as a part of your school and community. I am employed by Daviess Community Hospital. I will be on-site at WHS for some practices, all home games, and some days for injury evaluations and rehabilitation. I am nationally certified and licensed to practice athletic training in the State of Indiana.

An Athletic Trainer plays various important roles in the care of athletes. This includes essential elements like injury evaluation and recognition, emergency care, rehabilitation, and prevention of injury or harm. One of the most vital things an Athletic Trainer does for your athlete is provide a support system of care and protection on and off the field. Please don't hesitate to introduce yourself. Keeping open communication with you, on the care of your child, is a top priority for me.

In the event that your athlete sustains an injury, I will communicate with coaches, yourself, and your child to provide the best possible care. Some injuries may require a doctor visit, while others can be managed with proper care at home and at the school with me. I will evaluate injuries and let you know if it is necessary for your child to be seen by a doctor. If a doctor visit is needed for an athletic injury, I am able to facilitate setting your athlete up with an appointment. With the support of Daviess Community Hospital, Washington High is provided with a supervising team physician: Dr. Marcus Thorne. This access to Orthopedic Doctors and Sports Medicine trained Physicians allows for efficient and comprehensive care of sports injuries and direct communication back to myself.

As I mentioned before, the type and severity of an injury will delegate the action I take for providing care to your athlete. Specifically, a concussion or closed head injury will warrant a visit to a medical provider (MD, DO) and a clearance note, signed by the provider, granting the athlete permission to return to full athletic participation (games and practices). The Indiana High School Athletic Association (IHSAA) requires this documentation for any athlete that is suspected of sustaining a concussion, in coordination with completing a mandatory return to activity protocol. I am well educated in this and will monitor your athlete through the process. It is essential for me to educate you on this policy as a

proactive measure. I have attached the concussion protocol for Washington High School athletics. I appreciate you taking the time to read this. Please contact me with any questions. I look forward to meeting you!



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