



**TROY**  
CITY SCHOOLS

### **Clarification for COVID-19 Isolation and Quarantine Procedures**

#### **WHAT TO DO IF YOU HAVE COVID-19**

- Stay home for the next 5 days regardless of symptoms or vaccination status.
- After 5 days:
  - You may return once you have been fever-free for 24 hours and your symptoms are improving - You may return to school but should wear a mask through day 10.

#### **WHAT TO DO IF YOU WERE EXPOSED TO SOMEONE WITH COVID-19**

- If you are symptom free, you may continue to attend school but must wear a mask for the next 10 days.
- OR**
- Receive a negative test result between days 5 and 7. You may stop wearing a mask after 7 days with a negative test result.
- OR**
- Do not attend school for the next 10 days.

Note: When masks are required, mask breaks are still permitted in various settings that don't put students in close-contact with others.