



Decatur County Schools

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FUTURE

**Decatur County Board of Education's Procedure
For
Foods and Beverages Brought Into the School Cafeteria**

As a result of the Healthy Hunger Free Kids Act of 2010, school systems were mandated by the United States Department of Agriculture to update 2006 Local Wellness Policies to include the promotion of healthier food choices.

As stated in Decatur County BOE policy EEE, the goal is to promote wellness and healthy nutrition for students and staff. All foods available on campus must have as an objective the promotion of student and staff health and the reduction of childhood obesity. In addition, the United States Department of Agriculture's (USDA) regulations prohibit the sale of non-nutritional foods and carbonated beverages during meal times at all school levels.

The objective of the Decatur County School Nutrition program is to provide students and staff with meals that are balanced and encourage good nutrition. School Nutrition meals must meet the USDA's current Dietary Guidelines and Requirements for Americans. Food choices are evaluated to reduce fat, sugar and sodium while providing the proper amounts of nutrients and calories for different age groups. A nutritious breakfast and lunch is served daily at each school.

It is for the reasons listed above that, while encouraging parents and guardians to enjoy a special meal with their child (ren), we are implementing the following procedure:

Procedure for Foods and Beverages Brought into the School Cafeteria:

- Students who bring their lunch should pack it appropriately and drinks (non-carbonated) should be in a non-breakable container.
- Parents and guardians are encouraged to visit the school and enjoy a nutritious school meal with their student.
- **NO outside foods or beverages from restaurants will be brought into the cafeteria.**
- Students who have food allergies or medical conditions that require special foods must have a doctor's statement on file.

This institution is an equal opportunity provider.