



# Decatur County Schools

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School Nutrition Program

1417 Dothan Road  
Bainbridge, GA 39817  
229-243-5321

TO: Parents / Guardians

FROM: Nita Floyd, School Nutrition Director

DATE: July 2021

SUBJECT: Meal Substitutions for Medical or Other Special Dietary Reasons

According to Federal Regulations the National School Lunch Program and the School Breakfast Program, are ***required*** to make substitutions to the standard meal patterns for participants who are considered disabled and whose disability restricts their diet.

Substitutions for individual participants who are unable to consume a food item because of medical or other special dietary needs shall be made on a case by case basis. These cases must be supported by a statement signed by a Licensed Healthcare Professional which may include physicians, physician assistants, and nurse practitioners.

The supporting statement shall include:

- A. An identification of the medical or special dietary need which restricts the participant's diet;  
and
- B. The food or foods to be omitted from the participant's diet, and the food or choice of foods that may be substituted.

The statement will be kept on file and a medical alert will be entered in to the point of sale software. This will appear as an alert box when the student's meal information appears that will remind the cashier to check the tray for restricted foods. When possible, the serving line will be labeled indicating an at risk food. In addition an alert list will be posted in the kitchen/ food preparation area to remind workers of key allergy foods.

You may download a copy of the Special Dietary Needs Form at [www.dcboe.com](http://www.dcboe.com) and click on School Nutrition.

For further clarification call Nita Floyd at 229-243-5321

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