

Student Affective Measurement Scales

Name:

Grade:

Date:

Rate the following characteristic on a scale from 1 to 7:	1	2	3	4	5	6	7
Self-Advocacy	I do not express my own needs and rights.	I am beginning to express my needs and rights in safe situations.	I respectfully express my needs and rights in safe situations	I respectfully communicate my own needs and rights in varied settings.	I express my own needs or wants with occasional disregard for others.	I express my own needs or wants with frequent disregard for others.	I aggressively demand my own way without regard for others.
Time management	I procrastinate until inadequate time is left to successfully complete activities or assignments.	I inadequately budget time to allow for efficiency and productivity.	I am beginning to budget time spent on activities to increase efficiency and productivity.	I consciously budget time spent on activities to achieve efficiency and productivity.	I occasionally spend more time than required to successfully complete activities or assignments.	I frequently spend more time than required to successfully complete activities or assignments.	I obsessively focus on irrelevant details rather than efficiency and productivity.
Organization	I do not have any system for organization so that it always interferes with my ability to find materials.	I have begun a system for organization but it frequently interferes with my ability to find materials.	I have a system for organization that occasionally interferes with my ability to find materials.	I use a personal organizational process that allows me to find and use materials.	I occasionally allow over-organization to interfere with my ability to complete activities.	I frequently allow over organization to interfere with my ability to complete activities.	I compulsively maintain a process for organization so that it interferes with my ability to complete activities.
Perfectionism	I am satisfied with minimal or no effort and inadequate products.	I put forth little effort resulting in poor performance or products.	I put forth some effort resulting in marginally adequate performance or products.	I strive for best possible outcome while understanding that mistakes are a valuable part of the learning experience.	I occasionally am unable to complete assignments due to fear of making mistakes.	I frequently am unable to complete assignments due to fear of making mistakes.	I am paralyzed by fear by making mistakes which leads to incomplete or missing products.

Adapted from Thompson School District