

# **JOHNSON COUNTY HIGH SCHOOL PHYSICAL EDUCATION SYLLABUS**

**2020-2021**

**COURSE DESCRIPTION:** Students will participate in a variety of individual and team activities. This curriculum will provide students with the opportunity to practice and develop the skills necessary to maintain a healthy lifestyle. Some of the units during the semester may include but are not limited to: badminton, basketball, ultimate football, soccer, kickball, tennis, and ultimate frisbee.

## **MATERIALS REQUIRED:**

Proper physical education attire will consist of shirts with sleeves and shorts that are finger-tip long. Sweatpants are also acceptable. Socks and tennis shoes with laces are required and are considered part of the gym uniform. If you are unable to dress for a reason beyond your control, please bring a note before hand, from home explaining the circumstances; a parent signature is required. Present the note to your teacher during roll call. Cell phones, iPods, or other electronic devices are NOT allowed in physical education whether you are dressed or not dressed.

## **PHYSICAL EDUCATION POLICIES AND PROCEDURES:**

Locker Room Conduct: The locker room doors will be locked when the late bell rings and no one will be permitted to enter afterwards. Students not following proper locker room conduct may lose locker room privileges. Use the long lockers only during your period.

## **GRADING POLICY**

Students earn daily points in class by: Dressing and participating in class: Monday-Friday=20 pts each day. 10 points is awarded for dressing out and 10 points is allotted for participation. A maximum of 20 pts are earned daily and 100 points for the week.

## **CLASS RULES**

1. Participate with vigor.
2. Follow directions and be prepared for class.
3. Respect all people and equipment in class.
4. Please do not bring food into class, gym, or locker rooms.
5. Please do not bring valuables to your physical education class.

## **VIRTUAL LEARNING**

During at least the first two weeks of class, we will be going virtual. Our expectations during this time will be for you to communicate with us through email every day for attendance. There will be a weekly activity log for you to participate and fill out. These will be due every Friday by 3:30 pm.

**SIGNATURE:** \_\_\_\_\_

**DATE:** \_\_\_\_\_