

OCTOBER | 2021

Grades 7-12



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27	28	29	30	1 Breakfast Bacon & Cheese Biscuit 1% or F.F. Milk Fruit Juice Lunch Spicy Chicken Patty/W.W.Bun Lettuce/Tomato/Onion/Pickle Quick Baked Potato Broccoli 1% or F.F. Milk Fruit
4 Breakfast Sausage Biscuit 1% or F.F. Milk Fruit Juice Lunch Chicken Tender/W.W. Roll Mashed Potatoes Peas Fruit 1% or F.F. Milk	5 Breakfast Cereal/Graham Snacks 1% or F.F. Milk Fruit Juice Lunch Taco Meat Tortilla Chips Shredded Cheese Corn Salsa Cup Fruit 1% or F.F. Milk	6 Breakfast Chicken Biscuit 1% or F.F. Milk Fruit Juice Lunch Chicken Alfredo Steamed Broccoli Garlic Bread Fruit 1% or F.F. Milk	7 Breakfast I.W. Cinnamon Roll 1% or F.F. Milk Fruit Juice Lunch Pork Rib Patty/ W.W. Sub Bun French Fries Baked Beans Fruit 1% or F.F. Milk	8 Breakfast Bacon & Cheese Biscuit 1% or F.F. Milk Fruit Juice Lunch 2 Mozz. Cheese Bread Sticks Marinara Cup Green Beans Fruit 1% or F.F. Milk
11 Fall Break	12 Fall Break	13 Fall Break	14 Fall Break	15 Fall Break
18 Breakfast Sausage Biscuit 1% or F.F. Milk Fruit Juice Lunch Popcorn Chicken/ W.W. Roll Mashed Potatoes Seasoned Peas Fruit 1% or F.F. Milk	19 Breakfast Cereal Pouch/Graham Snacks 1% or F.F. Milk Fruit Juice Lunch Hamburger Patty/W.W. Bun Lettuce/Tomato/Onion/Pickle Fries Baked Beans Fruit 1% or F.F. Milk	20 Breakfast Chicken Biscuit 1% or F.F. Milk Fruit Juice Lunch Beef Teriyaki Nuggets/W.W. Roll Macaroni & Cheese Green Beans 1% or F.F. Milk Fruit	21 Breakfast I.W. Cinnamon Roll 1% or F.F. Milk Fruit Juice Lunch Chicken Patty /W.W. Bun Lettuce/Tomato/Onion/Pickle Potato Smiles Glazed Carrots 1% or F.F. Milk Fruit	22 Breakfast Bacon & Cheese Biscuit 1% or F.F. Milk Fruit Juice Lunch Tangerine Chicken Fried Rice Fruit Steamed Broccoli 1% or F.F. Milk
25 Breakfast Sausage Biscuit 1% or F.F. Milk Fruit Juice Lunch Spaghetti / Meat Sauce Garlic Bread Green Beans Fruit 1% or F.F. Milk	26 Breakfast Cereal Pouch/Graham Snacks 1% or F.F. Milk Fruit Juice Lunch Chicken Tenders/W.W. Roll Mashed Potatoes Glazed Carrots Fruit 1% or F.F. Milk	27 Breakfast Chicken Biscuit 1% or F.F. Milk Fruit Juice Lunch Pork BBQ / W.W. Bun Fries Fruit Baked Beans 1% or F.F. Milk	28 Breakfast I.W. Cinnamon Rolls 1% or F.F. Milk Fruit Juice Lunch Sliced Pizza Corn Fruit Green Beans 1% or F.F. Milk	29 Breakfast Bacon & Cheese Biscuit 1% or F.F. Milk Fruit Juice Lunch Spicy Chicken/W.W. Bun Lettuce/Tomato/Onion/Pickle Quick Baked Potato Seasoned Broccoli Fruit 1% or F.F. Milk

News

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