

# MORRIS SCHOOL DISTRICT HEALTH SERVICES

## CONCUSSION RELEASE/CLEARANCE FOR STUDENT-ATHLETES

Date \_\_\_\_\_

STUDENT-ATHLETE'S NAME \_\_\_\_\_

SCHOOL \_\_\_\_\_ LASID # \_\_\_\_\_

### TO BE COMPLETED BY THE STUDENT-ATHLETE'S HEALTH CARE PROVIDER

STUDENT-ATHLETE MUST RETURN THE COMPLETED FORM TO THE ATHLETIC TRAINER OR SCHOOL NURSE.

**I certify that I have been trained in the evaluation and management of concussion to determine the presence or absence of a sports-related concussion or head injury.**

I have examined the above-name student-athlete. My medical examination has determined the following:  
(Please check one of the boxes below.)

- 1. This injury IS NOT a concussion or other head injury.** The student-athlete is asymptomatic at rest. Therefore, he/she may return to the interscholastic athletic activity, as well as physical education classes.
- 2. This injury IS a concussion or other head injury.** The student is **symptomatic at rest.** Therefore, he/she may **NOT** begin the graduated return to competition and practice protocol. He/she will also not be allowed to participate in physical education classes.
- 3. This injury is a concussion or other head injury.** The student is **asymptomatic at rest.** Therefore, he/she can begin the graduated return to competition and practice protocol. He/she will not be allowed to participate in sports or physical education until that protocol has been completed successfully.

For concussions, please also complete the attached Post-Concussion Return to Academic classes for Student Athletes.

\_\_\_\_\_  
Health Care Provider's signature

\_\_\_\_\_  
Date

Health Care Provider's stamp

TO BE SIGNED BY THE SCHOOL, CONTRACTED, OR TEAM PHYSICIAN IF #3 ABOVE IS CHECKED.

\_\_\_\_\_  
School, Contracted, or Team Physician's signature