



# GIMME FIVE!!

WHITMAN ATHLETICS NEWSLETTER



Gimme Five!! provides five quick updates from Whitman Athletics. Each newsletter will be formatted to provide links to relevant information. It will also be shared via Whitman Athletics Twitter & Whitman Athletics Facebook pages.

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## Sectional Champions!!!

**Congratulations to our Track & Field Sectional Champions!!**



**Dawsen Christensen**

**Sectional Champion in Long Jump**

**Sectional Champion in Triple Jump  
with a new Whitman school record of 43'11.5"**

**Nolan Lee**

**Sectional Champion in High Jump**



**Lana Burnett**

**Sectional Champion in Triple Jump  
with a new Whitman school record of 34'8"**





# Spring End of Season Honors

We have reached the conclusion of our Spring Sports season and are excited for the honors and recognition awarded to many of our Whitman student-athletes.

## Softball:

**Nevaeh Vanderwall - Honorable Mention**

## Track & Field:

**Nolan Lee - 2nd Team High Jump**

**Dawsen Christensen - 3rd Team Triple Jump**

**Tim Hansen- 3rd Team 3000m Steeplechase**

## Girls Lacrosse:

**Lily Morse - 1st Team**

**Olivia Herod - 2nd Team**

**Katie Bootes - Honorable Mention**

**Sophie Snyder - Honorable Mention**

## Boys Lacrosse:

**Carson Soles - 1st Team**

**Connor Gorton- 2nd Team**

**Kyle Murphy - 2nd Team**

**Blake Dunton - 3rd Team**

**Connor Tomion - 3rd Team**

**Rylan Weissinger - Honorable Mention**

**Brody Royston - Honorable Mention**

**Reiner Gallogly - Honorable Mention**

**Myles Prendergast - Honorable Mention**

**Harry Kestler - Honorable Mention**



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## **Spring Scholar Athlete Teams**

To be recognized as a Scholar Athlete Team, a varsity squad must have three-quarters of the entire team achieve a 90% GPA or higher. For the spring season we had three varsity teams achieve this status: Boys Track, Girls Lacrosse and Boys Tennis. Overall, there were 55 total varsity athletes who had a 90% GPA or higher during the spring season. Congratulations to each team and each individual for their focus and success in the classroom while managing the demands of their spring sport.

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## **4 Whitman Wellness Center - Summer Hours**

The Whitman Wellness Center will be open this summer for Community use as well as for use for our Student-Athletes.

**Weekly Community Hours will be:  
Monday thru Thursday - 4:30pm-8:30pm  
and  
Saturday - 9am-12pm**

**Weekly Student-Athlete Hours will be:  
Monday thru Thursday - 9:00am-10:30am**

**Look forward to seeing you there to get  
#StrongerBetterTogether**



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# Fall Sports Registration

Mark your calendar because it will be here before you know it...

Registration for Fall Sports will open on July 20th in Family ID.

In the fall, Whitman offers the following sports:

Varsity & Modified Football  
Varsity & Modified Cheerleading  
Varsity & Modified Girls Tennis  
Varsity & Modified Girls Swimming  
Varsity & Modified Boys Soccer  
Varsity, JV & Modified Girls Soccer  
Varsity Cross Country

In addition to completing registration, every student-athlete will need to have a current physical on file. It is recommended that you schedule a physical ASAP so you are prepared for the start of fall sports. From past history, it is often difficult to get a physical scheduled at the last minute in the summer which may lead to your child not being permitted to start practice on the first day.

Varsity Football begins on Saturday, August 20th  
All other Varsity Fall Sports begin on Monday, August 22nd  
Modified Fall Sports begin on August 29th.

Families of students in grades 7 through 12 will receive a SchoolMessenger call from me, Paul Lahue, in mid-July to remind you of the opening of registration.

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Follow the Wildcats on Social Media



**GO WILDCATS!!!**

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