

TMS Student & Family Bulletin: Week 37

- June 2: In-Person Band Concert (5:00-8:30PM)
- June 3: 8th Grade Celebration (7:00-9:00PM)
- June 6-10: Spirit Week
- June 15: Lap Top Roll In Starts
- June 16: "Timber Fest"- All School Fun Day (1:15-2:45PM)
- June 17: Last Day of School/ All School Closing Assembly (11:25AM release)

Timberline Spirit Days: Week of June 6-10:

The purpose of spirit days is to unify the community within identified themes, take time to enjoy fun, and celebrate the accomplishments of 4th quarter. Student voice from our leadership classes guides our selection of spirit days.

- Monday, June 6: Sports Day
- Tuesday, June 7: Color Wars (or wear your TMS t-shirt)
 - 8th grade- black
 - 7th grade: white
 - 6th grade: green
- Wednesday, June 8: "Fashion Disaster" Day
- Thursday, June 9: Tropical Day
- Friday, June 10: Comfy Cozy Day

Remember to Pick Up Medications Before June 17th (between 11:25AM-2:30PM)

All medications must be picked up by a parent/guardian at ***the end of the last day of school***. Medications left after last day of school will be destroyed as we do not leave medications in the buildings during summer for safety reasons.

- **Emergency** medications will not be released until AFTER the end of the last day of school.
- **Non-Emergency** medications may be picked up by the parent/guardian any time prior to the last day of school.

If this is not a convenient time, please contact radumitru@lwsd.org or call 425.936.2826

For information regarding medication at school for 2022-2023 school year, please visit LWSD.ORG under health services.

8th Graders Heading to RHS:

- **What:** Summer Cross Country Practices (attendance not required – come as often as you can)
- **When:** Mondays, Tuesdays, Thursdays and Saturdays 9:00 – 11:00 am
- **What to bring:** Running clothes, water bottle, snack
- **REGISTER TODAY:** Sign up on Final Forms by June 17th <https://rhs.lwsd.org/athletics/sports-registration>
- **NO Experienced Required** – Individualized coaching and instruction for all

- Practices will focus on building a base through runs, and strength exercises (building blocks for athletic success)
- Cross Country enhances strength, toughness, aerobic fitness and confidence. ***XC will improve your skills for other sports!***

Questions? Contact Coach Carson Potter cpotter@lwsd.org or visit our website www.redmondxctf.com

Follow Up to Guest Speaker on Screen Time and Social Media:

Recently, we had the privilege of having a guest speaker, Dr. Arie Greenleaf from Seattle University to present to our community. Dr Greenleaf spoke on the dangers of screen time and social media and the impact it is having on our youth along with some ways that we can all work to establish better boundaries regarding screen time.

If you were not able to join that event, good news! We had the event recorded and we would love for you to take some time to listen to what Dr. Greenleaf had to say:

<https://youtu.be/B-DuxCL0v30>

Reminder: Student ID's Required for 8th Grade Celebration Event:

If you did not take school pictures this year or do not know where your student ID is be sure to stop by the main office during lunch between May 23 - May 26th to place a request for a new ID. ID's will be your admittance ticket for the 8th Grade Celebration. Replacement of a lost ID will be \$5. If this is your first ID because you transferred in after the start of the school year, there will be no charge. Once ID's have been printed up, they will be distributed to your student in class.

Laptop Roll-In Volunteers Needed June 15th

We need volunteers to help with Laptop Roll-In this year on June 15th! Volunteers will be helping to take in and organize laptops for summer storage. Please sign up if you can help out: <https://bit.ly/3yLyuhY> Thank you!

Available Summer Activities:

Looking for summer fun? Here are some summer activities around the community your students may be able to take part in! Click this

link: <https://resources.finalsite.net/images/v1652892755/lwsdorg/vstccn9ryerf1ptmzyx9/SummerActivitiesResourcesforcommunity.pdf>

Happy June! 13 more school days! We can do it!

Heidi Paul- Principal
Timberline Middle School