



## COVENANT DAY SCHOOL ATHLETICS

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### 2022 Summer Athletic Workouts Eligibility

The CDS Athletic Department is excited to offer summer workout opportunities for enrolled CDS students that may be interested in participating in a school sport during the 22-23 school year. These opportunities usually take the form of open gyms or open fields, where our coaches have the opportunity to work with current or prospective CDS athletes in a less formal setting. *NOTE: Summer athletic workouts do NOT include CDS Summer Camps, which require a separate registration and fee, and are managed separately by the CDS Summer Camps team.*

In order to help ensure the health and safety of any student wishing to participate in summer workouts, we require certain information to be current and on file BEFORE that student can be cleared to participate in a summer workout. CDS uses software from Magnus Health to collect student health information and to secure certain sign-offs from parents.

All enrolled CDS students automatically have an account in Magnus Health that can be accessed through the MyCDS [portal](#). Once in the MyCDS portal, click on “Student”, then choose “Medical”, then click “Login” to access the Magnus Health section (you will NOT need a separate password for Magnus). For any MyCDS portal or other form access issues, please contact Jennifer Harding at [jharding@covenantday.org](mailto:jharding@covenantday.org) for assistance.

For a student to participate in summer workouts, the following forms must be “current” in Magnus:

- Conditional Questions – answer “Yes” that the student intends to participate in athletics
- Athletic Parental Permission Form (requires student and parent signature)
- Novant Permission to Treat Form (requires student and parent signature)
- NCISAA Pre-Participation Physical Evaluation (performed within the last 13 months)

*NOTE: A Doctor’s Signature is also required on the NCISAA athletic physical form*

Coaches leading summer workouts will be working with our athletic trainers to confirm that students are eligible to participate. *Please note that only the items listed above must be current in Magnus for a student to participate in summer workouts.* There are several other forms in Magnus that can be completed later in the summer.

**NOTE FOR RETURNING ATHLETES:** For students that participated in CDS Athletics in the most recent school year, most of the forms required for summer participation will still be considered “current” through July 31, based on their completion in the prior school year. **However, returning student athletes should take special note of the date of their last athletic physical, as that date will vary from student to student, and physicals will no longer be considered “current” if older than 13 months.**

For general information about CDS Athletics or summer workout opportunities, please contact Rebecca Seibert in the CDS Athletics office at [rseibert@covenantday.org](mailto:rseibert@covenantday.org). We look forward to seeing our student athletes in the gym and on the field this summer as we prepare for an exciting year ahead!