



COVENANT DAY SCHOOL ATHLETICS

2022 Fall Sports Information

As of 5/13/22

Re-check periodically for updates. This information is subject to change.

Summer Information:

SUMMER REQUIREMENTS:

Please see "2022 Summer Sports Information" document for information on forms and documents required for the summer.

Fall Sports Information:

General information for all Fall Teams:

Paperwork:

- All athletes must have a current (within the last year) physical on file using the NCISAA Pre-Participation Physical Evaluation form. Parents must also complete the Athletic Handbook acknowledgement, Athletic Parental Permission Form, NCISAA Consent to Participate and Release Form, Novant Permission to Treat Form, and the Athletic Concussion Form before the first day of tryouts/practice. The \$25 athletic participation fee is no longer required.
 - All paperwork must be uploaded to Magnus, which is accessed through the [MyCDS Portal](#) under Student/Medical.
 - You will receive an email notification in mid-late June when the 2022-2023 Magnus forms are available for parents to update.
- Questions about paperwork should be directed to Rebecca Seibert at rseibert@covenantday.org

Middle School Student Eligibility:

- MS Cross Country: grades 7 and 8
- MS Field Hockey: grades 6, 7, and 8
- MS Football: grades 7 and 8
- MS Boys Soccer: grades 7 and 8
- MS Tennis: grades 7 and 8 (*if we do not have enough 7th and 8th graders, 6th graders will be allowed*)
- MS Volleyball: grades 7 and 8



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Shuttle Service: A shuttle bus to Warner Park will be available for those students (middle school or high school) needing transportation on regular school days. The shuttle will pick up athletes in the crosswalk area of Covenant Church Lane immediately after school. The first shuttle departs at 3:25 pm; the final shuttle departs at 3:40 pm. This is a drop-off service only, and parents are responsible for picking up their athletes at Warner Park after practices and games.

Communication and Signups: Teams will continue utilizing the [SportsYou](#) communication platform in 2022-23. SportsYou will be our communication tool for logistics and details, including tryout information. We will also use SportsYou to conduct signups for all fall sports teams. Please follow the instructions below to create a SportsYou account and sign up for a fall sports team.



Parents of High School and Middle School Athletes:

Please download the SportsYou app and create your free account. You may also navigate to <https://www.sportsyou.com> and create your free account. Once you have requested your account by entering your email address, use the following codes to gain access to the platform and the team(s) to which your student is interested in participating. **IMPORTANT:** please select “Family” as your role and enter your child’s name so we can create a preliminary team roster.

Cheer Fall Varsity	NBKRH6UJ
Cheer Fall MS	PNRC8893
Cross Country MS	DJ7E4SQY
Cross Country Var	D7L8VPNY
Field Hockey MS	8BRJ4PDN
Field Hockey Var/JV	HVWSHE7Q
Football MS	PKTWC2EE
Football Varsity	473VZZTL

Golf Girls V (7-12)	HQKL3AA7
Soccer Boys MS	6AWUP4TU
Soccer Boys Var/JV	PY2NGKR4
Tennis Girls MS	ET85MCZE
Tennis Girls Varsity	9L8JTX5D
Volleyball MS (A&B)	4LZN2K7W
Volleyball Var / JV	3UL32YJ4

High School Athletes (current grades 8 – 11):

Please download the SportsYou app and create your free account. You may also navigate to <https://www.sportsyou.com> and create your free account. Once you have created your account, use the codes above to gain access to the platform and team with which you want to participate.



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Notes:

- MS students do not need to create an account since coaches only communicate with parents using this communication platform. (Parents, please remember to include your child's name as you are registering for the account.)
- HS students need to create an account (separate from their parent's account) as high school coaches will communicate with players and parents using this platform.
- Some teams will have tryouts. Signing-up for a team indicates your interest (or your child's interest) in participation and does not guarantee a spot on the roster if the team is not able to accommodate all who are interested in participating.

Fine Arts and Athletics Participation: The Athletic and Fine Arts Departments desire students to participate in their choice of extra-curricular activities. Participation on a sports team and in a Fine Arts production during the same season is difficult, and in most circumstances, not possible.

Questions: Please contact Daniel Smith if you have questions about fall sports:
dsmith@covenantday.org; 704-814-1008.

Varsity Fall Cheer

- For girls in grades 9-12.
- Join the SportsYou team to gain access to Cheer information.
- Athletes should meet Coach in the HS Student Commons.
- Team camp details are TBD.
- Covenant Day will provide uniforms.
- Athletes must provide approved cheer shoes, personal practice gear, and required spirit pack items.
- Coach Taylor Garrow may be reached at garrowtc@gmail.com.

MS Fall Cheer

- Covenant Day is gauging interest level in a MS Fall Cheer team. Please sign up using the SportsYou code if you are interested.



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Varsity Cross Country

- For girls and boys in grades 9-12.
- Join the SportsYou team to gain access to start dates and times.
- Voluntary summer workouts begin in early June. Join the SportsYou team to gain access to summer training information.
- Covenant Day will provide uniforms.
- Athletes must provide appropriate shoes.
- Coach Yasenchok may be reached at jyasenchok@covenantday.org.

Middle School Cross Country

- For girls and boys in grades 7-8.
 - *NOTE: 6th graders may not participate, regardless of 7th and 8th grade participation numbers.*
- Join the SportsYou team to gain access to start dates and times.
- Covenant Day will provide uniforms.
- Athletes must provide appropriate shoes.
- Coach Parrish may be reached at jparrish@covenantday.org.

Varsity and JV Girls Field Hockey

- Varsity is for girls in grades 9-12. JV is for girls in grades 9-11.
- Join the SportsYou team to gain access to start dates and times. All high school students may join the SportsYou team for Varsity Field Hockey. Exact teams (JV or V) will be established later.
- Covenant Day will provide home and away uniforms.
- Athletes must provide all protective gear (mouth guard, shin guards). Athletes must also provide cleats and sticks.
- Coach Klohr may be reached at rklohr@covenantday.org.

Middle School Girls Field Hockey

- For girls in grades 6, 7, and 8.
- Join the SportsYou team to gain access to start dates and times.
- Covenant Day will provide home and away uniforms.
- Athletes must provide all protective gear (mouthpiece and shin guards). Athletes must also provide cleats and sticks.
- Coach Ashley Chastain may be reached at achastain10@gmail.com.



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Varsity Football

- For boys in grades 9-12.
- Join the SportsYou team to gain access to start dates and times. Summer workouts begin in early June.
- Covenant Day will provide practice gear, helmets and shoulder pads, and game uniforms.
- Athletes must provide a personal girdle and any other personal safety gear.
- Coach McSparin may be reached at pmcsparin@covenantday.org.

JV Football

- For boys in grades 9 and 10.
- Join the SportsYou team to gain access to start dates and times. Summer workouts begin in early June.
- Covenant Day will provide practice gear, helmets and shoulder pads, and game uniforms.
- Athletes must provide a personal girdle and any other personal safety gear.
- Coach McSparin may be reached at pmcsparin@covenantday.org.

MS Football:

- For boys in grades 7 and 8.
- Join the SportsYou team to gain access to start dates and times.
- Practices will be held after school at Warner Park.
- Covenant Day will provide practice gear, helmets and shoulder pads, and game uniforms.
- Athletes must provide a personal girdle and any other personal safety gear.
- Coach Nguyen may be reached at jnguyen@covenantday.org.

Varsity/JV Boys Soccer

- Varsity is for boys in grades 9-12. JV is for boys in grades 9-11.
- Join the SportsYou team to gain access to start dates and times. All high school players may join the varsity SportsYou team until the teams are established in August.
- Covenant Day will provide home and away uniforms.
- Athletes must provide cleats, age-appropriate shin guards, and personal gear.
- Coach West may be reached at gwest@charlotteeagles.com.

Middle School Boys Soccer

- For boys in grades 7 and 8.
- Join the SportsYou team to gain access to start dates and times.
- Covenant Day will provide home and away uniforms.
- Athletes must provide cleats, age-appropriate shin guards, and personal gear.
- Coach Fuderer may be reached at rfuderer@covenantday.org.



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Varsity Girls Tennis

- For girls in grades 9-12.
- Join the SportsYou team to gain access to start dates and times.
- Covenant Day will provide tennis uniforms.
- Athletes must provide rackets, tennis shoes, and personal gear.
- Coach Cory may be reached at mctennis@gmail.com.

Middle School Girls Tennis

- For girls in grades 7 and 8.
 - *NOTE: 6th graders may be able to participate pending interest from 7th and 8th graders.*
- Join the SportsYou team to gain access to start dates and times.
- Covenant Day will provide tennis uniforms.
- Athletes must provide rackets, tennis shoes, and personal gear.
- Coach Timothy Pigg may be reached at elitetennis.biz@gmail.com.

Varsity/JV Girls Volleyball

- Varsity is for girls in grades 9-12. JV is for girls in grades 9-11.
- Join the SportsYou team to gain access to start dates and times. All high school players may join the varsity SportsYou team until the teams are established in August.
- Athletes should meet in the Main Gym.
- Covenant Day will provide home and away jerseys.
- Athletes must provide shoes, practice and game shorts, knee pads, and personal gear.
- Coach Mills may be reached at hmills@covenantday.org.

Middle School Girls Volleyball - A team and B team

- For girls in grades 7 and 8.
- Join the SportsYou team to gain access to start dates and times.
- Covenant Day will provide home and away jerseys.
- Athletes must provide shoes, practice and game shorts, knee pads, and personal gear.
- Coach Hopkins may be reached at ohopkins@carolina.rr.com.

Varsity Girls Golf

- For girls in grades 7-12.
- Join the SportsYou team to gain access to start dates and times.
- Practices will be at Pine Lake Golf Club, likely two days per week.
- Athletes will order a golf polo shirt for uniform.
- Coach Aaron Helms can be reached at ahelms@txtav.com.