

**Governor Mifflin School District Wellness Policy
Assessment Tool Date 11.9.15**

Goals and Guidelines	On target	Needs Improvement	Not Yet Implemented/ Due Date	Unaware	Commentary
School provides nutrition education that is offered at the appropriate grade level as part of a sequential comprehensive standards-based program.	X X			X	
The district supports parents' efforts to provide a healthy diet for their children.	XX	X			Needs to be more informative Nutrition nuggets good offering to parents
District school strives to provide opportunities for developmental appropriate physical activity for all students such as intramurals, recess, clubs, and athletics.	X	XX			Could offer more for high risk/ obese students
School provides information to parents to encourage physical activity into their children's lives.	X	XX			Nutrition nuggets good offering to parents No known high risk programs offered
School ensures that physical activity facilitated on school grounds are kept safe and well maintained.	XX	X			
Professional development in nutrition is provided for all district nutrition staff.	X			XX	
Students and parents are involved in menu selections through various means.	XX			X	Yearly food shows for student's input
Wellness Policy is posted on the web.	XXX				
Students and community have access to district physical facilities outside of school hours.	XX			X	Employees must pay for room rentals for yoga classes
All school eating areas shall contain free, drinking water sources and facilities for washing hands.	XXX				
A la carte foods meet the nutrition guidelines.	XXX				
Vending meets nutrition guidelines.	XXX				
Fundraisers meet nutrition guidelines.	XX			X	
Classroom Parties/ Celebrations/ Rewards meet nutrition guidelines.	X	XX			Not perfect but improving