Grade-Appropriate Resources

Grades 3-5

These grade-appropriate training modules cover topics facing youth today, such as online exploitation, sexting, cyberbullying, and piracy. The information in these modules is aimed at grades 3-5.

The four modules are titled Digital Citizenship, "P," Who R U, and Content. Each module includes videos, activities, and worksheets to assist educators with their Internet safety education efforts.

Module 1: Digital Citizenship

A digital citizen is "someone who is able to think critically about the ethical opportunities and challenges of the 'digital world' and make safe, respectful, and responsible choices" (Common Sense Media, 2010).

This module includes information on how to be a good digital citizen, including how to practice netiquette (online etiquette); how to recognize cyberbullying; how to take personal responsibility for information posted online and sent via text; how to recognize that inappropriate images and comments should not be posted online or shared with friends; and create an understanding that piracy and plagiarism is stealing.

Topics covered in the activities and videos:

- Personal Responsibility
- Netiquette
- Taking, Posting, and/or Tagging Photos of Others
- Inappropriate Images
- Cyberbullying and the Bystander
- Stealing
  - Piracy
  - Plagiarism

Videos

- NetsmartzKids video: "Don't Steal Like a Pirate" (57 seconds)
  http://www.netsmartzkids.org/videos/index.htm
  A rap about pirating or stealing music and other media.

- Brain Pop video on Digital Etiquette (3 minutes, 58 seconds)
  http://www.brainpop.com/technology/computersandinternet/digitaletiquette/
  This video explains digital etiquette (netiquette) online and gives examples across online mediums.

Student Activities and Worksheets

- "Whose Property is This?" from CyberSmart! Curriculum for Grades 2 – 3
  http://cybersmartcurriculum.org/mannersbullyingethics/lessons/2-3/whose_property_is_this/
- "My Cyberspace Neighborhood" from CyberSmart! Curriculum for Grades 2 – 3
  http://cybersmartcurriculum.org/challenges/lessons/2-3/my_cyberspace_neighborhood/
- "Everyone Wants Friends" from CyberSmart! Curriculum for Grades 2 – 3
  http://cybersmartcurriculum.org/cyberbullying/lessons/2-3/everyone_wants_friends/
- "Is That Fair?" from CyberSmart! Curriculum for Grades 2 – 3
  http://cybersmartcurriculum.org/cyberbullying/lessons/2-3/is_that_fair/
- "Good Manners Everywhere" from CyberSmart! Curriculum for Grades 2 – 3
  http://cybersmartcurriculum.org/mannersbullyingethics/lessons/2-3/good_manners_everywhere/
- "Citizens of Cyberspace" from CyberSmart! Curriculum for Grades 4 – 5
  http://cybersmartcurriculum.org/mannersbullyingethics/lessons/4-5/citizens_of_cyberspace/
- "Power of Words" from CyberSmart! Curriculum for Grades 4 – 5
  http://cybersmartcurriculum.org/cyberbullying/lessons/4-5/the_power_of_words/
- "Group Think" from CyberSmart! Curriculum for Grades 4 – 5
  http://cybersmartcurriculum.org/cyberbullying/lessons/4-5/group_think/
- "Whose Is It, Anyway?" from CyberSmart! Curriculum for Grades 4 – 5
  http://cybersmartcurriculum.org/mannersbullyingethics/lessons/4-5/whose_is_it_anyway/
- "Do the Right Thing" from CyberSmart! Curriculum for Grades 4 – 5
  http://cybersmartcurriculum.org/mannersbullyingethics/lessons/4-5/do_the_right_thing/
- "Netsmartz Activity Packet" http://www.netsmartz.org/pdf/Activities_packet.pdf
- "Cyberbullying Word Find: Talking to Youth About Internet Harassment" from the Cyberbullying Research Center
  http://www.cyberbullying.us/cyberbullying_word_find.pdf
- "Cyberbullying Crossword Puzzle: Talking to Youth About Internet Harassment" from the Cyberbullying Research Center
  http://www.cyberbullying.us/cyberbullying_crossword.pdf

- "Cyberbullying Word Scramble: Talking to Youth About Internet Harassment" from the Cyberbullying Research Center
  http://www.cyberbullying.us/Cyberbullying_word_scramble.pdf
- Cyber Safety Survey
  http://www.illinoisattorneygeneral.gov/children/Cyber_Safety_Survey.pdf

Teacher Resources

- "Cyberbullying Incident Tracking Form" from the Cyberbullying Research Center
  http://www.cyberbullying.us/Cyberbullying_incident_tracking_form.pdf
- "Preventing Cyberbullying: Top Ten Tips for Educators" from the Cyberbullying Research Center
  http://www.cyberbullying.us/Top_Ten_Tips_Educators_Cyberbullying_Prevention.pdf
- "Responding to Cyberbullying: Top Ten Tips for Educators" from the Cyberbullying Research Center
  http://www.cyberbullying.us/Top_Ten_Tips_Educators_Cyberbullying_Response.pdf

Parent Resources

- "Cyberbullying Scripts for Parents to Promote Dialog and Discussion" from the Cyberbullying Research Center
  http://www.cyberbullying.us/Cyberbullying_Scenarios.pdf
- "Responding to Cyberbullying: Top Ten Tips for Parents" from the Cyberbullying Research Center
  http://www.cyberbullying.us/Top_Ten_Tips_Parents_Cyberbullying_Response.pdf
- "Preventing Cyberbullying: Top Ten Tips for Parents" from the Cyberbullying Research Center
  http://www.cyberbullying.us/Top_Ten_Tips_Parents_Cyberbullying_Prevention.pdf
- "Home Connection for Grades K – 12: What the Experts Say About Online Safety" **from** CyberSmart! Curriculum
  http://cybersmartcurriculum.org/cyberbullying/homeconnection/

Module 2: "P"

Many tips for surfing the Internet start with the letter "P."

Students should know that anything posted online is both public and permanent, which is why it is important to think before you post.

An important aspect of Internet safety is not to give out any personal or private information on the Internet. Other Internet safety tips include setting strong passwords and utilizing a site's privacy settings.

This module includes how the following "P" words relate to Internet safety:

- Public
- Permanent
- Personal
- Private
- Password Protection
- Privacy Settings

Videos

- Netsmartz video: "Cyberbullying: Broken Friendship" video (1 minute, 49 second)
  http://www.netsmartz.org/stories/friendship.htm
  In this video, a student describes how a friend gives out the password of her e-mail address to the "popular" girls who cyberbully her and how she reacts.

- NetSmartzKids video: "The Password Rap: A Lesson in Internet Privacy" (2 minutes, 1 second)
  http://www.netsmartzkids.org/videos/index.htm
  A rap about why strong passwords are important Internet safety tools and how to make a strong password.

- iKeepSafe video: "Playing and Staying Safe Online" (1 minute, 55 seconds)
  http://www.ikeepsafe.org/youtube.html
  This video contains Internet safety guidelines, including think before you post, privacy settings, tips for being a good digital citizen and reporting inappropriate content online.

- Brain Pop Jr. video: "Internet Safety" (4 minutes, 32 seconds)
  http://www.brainpopjr.com/health/besafe/internetsafety/
  In this video, a student thinks through online safety questions such as should you chat with a stranger and how to be safe online.

Student Activities and Worksheets

- "Filling Out a Form – Ask First" from CyberSmart! Curriculum for Grades 2 – 3
  http://cybersmartcurriculum.org/safetysecurity/lessons/2-3/filling_out_a_form_ask_first/
- "What's Private" from CyberSmart! Curriculum for Grades 2 – 3
  http://cybersmartcurriculum.org/safetysecurity/lessons/2-3/whats_private/
- Activity Cards: Grades 3 – 4 "UYN: The Password Rap 1" from Netsmartz
  http://ncmec.vo.llnwd.net/o15/downloads/print/34password1.pdf
- Activity Cards: Grades 3 – 4 "UYN: The Password Rap 2" from Netsmartz
  http://ncmec.vo.llnwd.net/o15/downloads/print/34password2.pdf
- Activity Cards: Grades 3 – 4 "UYN: The Password Rap 3" from Netsmartz
  http://ncmec.vo.llnwd.net/o15/downloads/print/34password3.pdf
- "Privacy Rules!" from CyberSmart! Curriculum for Grades 4 – 5
  http://cybersmartcurriculum.org/safetysecurity/lessons/4-5/privacy_rules/

- "Powerful Passwords" from CyberSmart! Curriculum for Grades 4 – 5
  http://cybersmartcurriculum.org/safetysecurity/lessons/4-5/powerful_passwords/
- "Private Information" from CyberSmart! Curriculum for Grades 4 – 5
  http://cybersmartcurriculum.org/safetysecurity/lessons/4-5/private_information/
- "Workshop 2: Playing and Staying Safe Online – Student Handouts" from iKeepSafe
  http://www.ikeepsafe.org/media/Student%20Handout-%20Playing%20and%20Staying%20Safe%20Online.pdf
- Activity Cards: Middle School "Cyberbullying: Broken Friendship 1" from Netsmartz
  http://www.netsmartz.org/pdf/msbroken1.pdf
- "Password Safety: Top Ten Tips for Teens" from the Cyberbullying Research Center
  http://www.cyberbullying.us/Top_Ten_Teen_Tips_Passwords.pdf
- Web Activity – How Photos Can Spread Online
  http://www.illinoisattorneygeneral.gov/children/Web_Activity_How_Photos_Can_Spread_on_the_Internet_for_Grades_3_5.pdf

Teacher Resources

- "Workshop 2: Playing and Staying Safe Online –Instructor Booklet" from iKeepSafe
  http://www.ikeepsafe.org/media/Instructor%20Booklet-%20Playing%20and%20Staying%20Safe%20Online.pdf

Module 3: Who R U

The Internet and e-mail have become one of the most common ways for people to communicate with others.

There is a perceived anonymity online. As a result, some individuals pretend to be someone they are not. Users can misrepresent their age, gender, personality, location, and other information.

In addition, users can create false profiles to cyberbully or attack others. In these profiles, a user pretends to be another student or adult and posts rumors or inappropriate content.

Topics covered in the activities and videos:
- Misrepresentation
- False Profiles
- Friend-ing

Student Activities and Worksheets

- "Handling E-mail and IM" from CyberSmart! Curriculum for Grades 4 – 5
  http://cybersmartcurriculum.org/safetysecurity/lessons/4-5/handling_e-mail_and_im/
- Matching Game – Profiles: Who are you talking to?
  http://www.illinoisattorneygeneral.gov/children/Matching_Game_Profiles_Who_are_you_talking_to_for_Grades_3_5.pdf

In addition to being mindful of whom they are talking to online, students also need to be aware of what information they are posting and how they are representing themselves online.

Topics covered in the activities include:

- What information should and should not be included in online profiles, screen names, e-mail addresses, etc.
- Examples of identifying information
- Self-representation online, in texts, photos, and video
  - What story are you telling?
  - What is your brand?

Student Activities and Worksheets

- "Safe Talking in Cyber Space" from CyberSmart! Curriculum for Grades 4 – 5
  http://cybersmartcurriculum.org/safetysecurity/lessons/4-5/safe_talking_in_cyberspace/
- Profile DOs and DON'Ts (Red Light/Green Light)
  http://www.illinoisattorneygeneral.gov/children/Profile_Red_Light_Green_Light_Grades_3_5.pdf
- Four Corners – To Report or Not to Report
  http://www.illinoisattorneygeneral.gov/children/Four_Corners_To_Report_Or_Not_To_Report_Grades_3_5.pdf

Additional Online Resources

BrainPOP
www.brainpop.com and www.brainpopjr.com
BrainPOP's Web sites include lesson plans and content for educators on a variety of topics including Internet safety and technology.

Cyberbullying Research Center
www.cyberbullying.us
The Cyberbullying Research Center's Web site provides research from Dr. Justin Patchin and Dr. Sameer Hinduja on cyberbullying and technology issues. In addition, the Web site includes activities, handouts, reference materials and tips for youth, parents, and educators.

CyberSmart! Curriculum
www.CyberSmartCurriculum.org
CyberSmart! Curriculum's Web site includes free lessons plans, interactive activities and resources on safety and security online, manners and cyberbullying, learning and creativity, research and information fluency, and 21st century technological challenges for grades K – 12. CyberSmart! Curriculum is a program of Common Sense Media (www.commonsensemedia.org).

iKeepSafe
www.iKeepSafe.org
iKeepSafe's Web site provides information and interactive activities for parents and educators, as well as links to community resources. The site also posts ad campaigns and informative public service announcements regarding Internet safety.

Netsmartz
www.Netsmartz.org
Netsmartz's Web site offers educational materials for parents and guardians, educators, law enforcement, kids and teens from the National Center for Missing and Exploited Children and the Boys and Girls Clubs of America. The parent section includes information about online risks, Internet safety news, statistics, and a glossary of Internet definitions. Netsmartz has also created an extensive curriculum structured to teach kids and teens online safety through safety presentations, public service announcements, online games, and numerous other activities.

That's Not Cool
www.thatsnotcool.com
A partnership between the Family Violence Prevention Fund, the Ad Council, and the Office on Violence Against Women, That's Not Cool's Web site features a wide variety of public service announcements and posters focusing on safe and responsible use of technology within relationships. The Web site also offers a blog forum for youth to discuss cyberbullying, sexting, Internet privacy, and peer relations.