

# Sayreville Public Schools

## Health and Physical Education Department

### High School Level

#### ***Policies and Procedures:***

1. All students are expected to be prepared and actively participate for every class. In order to participate in class each student must be dressed in appropriate physical education uniform. The physical education uniform will meet the high standard of excellence of the Sayreville Public Schools. **Some examples that are acceptable include Shorts, sleeved T-shirt, athletic sneakers, Sweatshirt, and sweatpants depending on weather**. All students are encouraged to use different sneakers for Physical Education class. All clothing will be free of obscene writing or any other content which violates school policy. Any questions of inappropriate attire will be addressed by the building Assistant Principal and Supervisor.
2. No jewelry of any kind can be worn during physical education class. Wearing of jewelry is not safe, if a student refuses to remove said jewelry they will be removed from participation and lose participation points.
3. Each student will be assigned a locker and must be responsible to secure that locker with a combination lock. Due to health and safety concerns lockers are not to be shared with other students. Each student is responsible for securing their belongings in their locker before, during, and after class. Unfortunately, **THEFT** occurs when items are not secured in a locker, therefore it is the **STUDENT'S' RESPONSIBILITY** to **LOCK** their locker.
4. All students will report to the locker room on time. If a student arrives to the locker room late they will not be allowed to change. The student will lose preparation and participation points.
5. All students will be given 4-6 minutes to change for class. Each student will report to the front of the locker room as soon as they are dressed. All students will be dismissed from the locker room by the teacher at the same time. Any student leaving the locker room without permission will be subject to disciplinary actions. When students are dismissed from the locker room they will report directly to the Gym. The teacher will explain the appropriate route to follow at the beginning of each section. Failure to follow this procedure will result in disciplinary action.
6. At the conclusion of the activity, the teacher will dismiss the class to the locker room only. All students must report to the locker room and remain inside the locker room until the bell rings. Failure to follow this procedure will result in disciplinary action.
7. Students re-entering the building from an outdoor activity will do so via the appropriate door, which will be determined by the activity teacher. Students will clean off any excess dirt from sneakers outside the building.
8. In the locker room, traveling in hallways, and designated class areas, each student will conduct themselves in a mature and appropriate manner to create and promote a safe environment for all students. Failure to behave appropriately will

result in disciplinary actions. No food or beverages are allowed at any time in these areas.

***Policies and Procedures (cont):***

9. The **use of a cell phone** in the locker room is unsafe and strictly **prohibited**. Students will secure their cell phones and lock them in their assigned lockers for the duration of the period. If a student brings their phone to class, the school cell phone policy will be strictly enforced.
10. Any student who is not well and cannot participate in physical education class as a result of his/her condition they must have a note from a parent. Parental note does not excuse the student. The student will dress for the activity. After three days of nonparticipation a doctor's note must be submitted to the teacher and the nurse. Any time a student does not participate in Physical Education, they may not participate in any after school athletic activity that day.

**Grading**

Grades are determined by the following guidelines for each activity (2 sections per MP):

- 36% Skill assessments, daily performance, safety
- 24% Written test, knowledge of activity, and rules
- 25% Preparation -daily attire allowing active participation
- 15% Quarterly Assessment at the end of each marking period

**Attendance**

- A maximum of nine (9) absences (including cuts), with a warning issued at three (3) and six (6) absences.
- Five (5) lates to class = One (1) cut
- Three (3) cuts = Dropped (failing) from course.

Attendance at any school related activity during class time must have prior permission. Failure to do so can result in a class CUT.

If you are medically excused for an extended period of time, you will be reassigned to a STUDY HALL with WRITTEN WORK. Failure to complete the assigned work may result in a failure and/or loss of credit.