Health 2S - 4th Marking Period Quarterly STUDY GUIDE

Medicine and Drugs

With a long history of serious drug abuse a treatment would be a stay at a therapeutic community
Morphine, codeine, and aspirin are analgesics
An accurate statement about side effects is your body's reaction to a medicine depends on your body chemistry
Cocaine is a stimulant
Substance abuse does NOT lead to an increase in control
Marijuana interferes with the immune system and may permanently damage it.
Anabolic-androgenic steroids can cause increased risk of injury to tendons and ligaments
Hallucinogens are never used for medicinal capacity
In the drug interaction known as the synergistic effect, one medicine strengthens the effect of another taken at the same time.
A misuse of medicine is giving a friend one of your prescription pain relievers
Someone who suddenly begins to gain muscle mass and becomes moody, paranoid, and aggressive may be using anabolic-androgenic steroids

On your Own

People are more apt to make effective financial decisions when they base decisions on their values and priorities
All the following are true about a way of life:

- it reflects what is important to you
- it includes decisions about where you live and what you wear
- it can make you feel confident and comfortable

To live successfully as an independent person, you need job, consumer, and money-management skills
One reason that young adults today are waiting longer to leave home is they are waiting longer to marry
All the following can help you get along with a roommate:

- agreeing on a code of conduct
- keeping a sense of humor
- deciding how to share expenses and responsibilities

All the following are true of choosing a suitable apartment:

- you can learn about available apartments from friends, real estate agents, and the newspaper classified ads
- it may involve a lease and a security deposit
- the apartment should be safe, clean, and affordable

Money given to a landlord to pay for possible damages is called a security deposit.
When furnishing an apartment, needs should be the top priority.
A lease explains the rights and responsibilities of a tenant and a landlord.

Managing Money

One advantage of having a checking account is that you can safely and conveniently pay bills.
When you buy items on the installment plan you can judge their overall cost by your monthly payments
People who tend to delay purchases and consider long-term goals are called future-oriented spenders
All the following are true of present-oriented spenders:

- they are likely to go into debt
- they do little financial planning
- they do not regularly put money in savings

Attitudes toward money _____can be both practical and emotional
All of the following are benefits of depositing money in a saving account:

- it is one way to earn extra money
- saving money can help you prepare for emergencies
- there are a variety of savings plans available

A loan is money lent at interest.
Interest is what you pay to use money that is not your own.
With a joint account, more than one person has access to the money in the account.
A warranty is a written guarantee of an item or its parts.
Not paying off credit cards can lead to increase interest, debt, and bad credit.

Thinking About a Career

Taking an activities preference test can show you a pattern of your interests to help you identify a job you might enjoy.
People who aren't sure of the exact job they want could get a useful start in a technical school
All the following are services offered by career counselors

- helping clients identify their interests and goals
- answering questions about training needed for specific jobs
- telling clients which career fields are likely to grow in the future

In laying out a career path, you need to find work in a field related to your ultimate goal
All the following can help make higher education more affordable:

- getting good grades in high school,
- attending a community college
- taking advanced Placement courses.

A person who starts his or her own business is an entrepreneur
Part of professionalism is taking pride in your work.
An apprentice earns money and gains experience by working for a time with a skilled worker.
A resume includes a brief description of a person's education and job experiences.
When quitting a job it is common courtesy to provide 2 weeks notice

OPEN ENDED QUESTIONS

Be able to discuss leasing vs purchasing a vehicle
Be able to discuss renting vs purchasing a home