

Return to Play Protocol

- The student must be evaluated by a licensed healthcare professional and documentation must be provided to the school stating restrictions and when the student can return to play.
- Post concussion consent form must be completed, signed and returned to the nurse.

Return-to-Learn Protocol

- The student must be evaluated by a licensed healthcare professional and documentation must be provided to the school.
- Post concussion consent form must be completed, signed and returned to the nurse.
- The protocol emphasizes allowing the student to participate in school in a modified fashion so as not to worsen symptoms. Determining “how much is too much” may be a trial and error process.
- The student should be granted adequate time to complete missed academic work based on the amount of time needed for complete recovery.
- The student should report to the case manager daily in order to monitor symptoms and assess how the student is tolerating the accommodations (a symptom checklist is recommended), as well as assess how staff are implementing the modified learning plan.
- As the student’s recovery progresses through the outlined phases, teachers should be prepared to apply “mastery learning” criteria within their subject matter. By identifying essential academic work, teachers can facilitate recovery by reducing the student’s anxiety levels related to perceived volume of work that will be required once he/she is medically cleared to resume a full academic load.