

LEAGUE RULES | ROOKIES | 1st & 2nd Grade

TEAM ROSTERS

Roster sizes will consist of 11-12 players. There will be nine total defenders on defense: four players will assume the regular infield positions, 3 outfielder positions, plus a player at the pitching and catching position. Any additional players will be placed in the outfield.

GAME LENGTH

Games will be five innings or a one-hour time limit. A new inning may not start after one hour.

BATTING

A continuous batting order will be used. 9 batters will bat an inning. Any remaining players beyond the 9th hitter will lead off the next inning.

Teams will receive three (3) outs per inning or one time through the batting line up.

COACH PITCH

This league is "Coach Pitch" meaning each head coach (or designated RCS staff) will pitch to their players while at bat. Coaches are encouraged to pitch from a distance and from a profile (on knees, for example) that will allow them to deliver a high frequency of "hittable" pitches. Pitches should be thrown overhand.

4 pitches will be thrown to each batter. If a batter does not make contact after 4 pitches, they will get one swing from the tee.

Arc between infield foul lines from home plate will be fifteen (15) feet. A batted ball, pitched by the coach, will be a fair ball. When using the batting tee, any ball hit within the arc area will be an out.

BASERUNNING

- A base runner cannot leave the base until the ball crosses the plate.
- There is no stealing.
- Base runners may NOT advance on an overthrow. Overthrows will be considered a dead ball, and the runner will be kept at their current base. This is an age-appropriate rule to help introduce defensive players to the concept of force outs, and recognize where force out opportunities exist.
- A base runner may not intentionally interfere with a fielder in position to make a play on the ball. The runner will be called out if interference occurs.

SCORING

Score will be kept, results and standings will not be recorded

STOPPING PLAY

When a ball is thrown to the infield by an outfielder and is caught by an infielder or pitcher, play will stop. If a runner is between bases they will advance to the next unoccupied base.

DEFENSE

Players are encouraged to rotate positions on defense. The following sample defensive rotation divides the field into 3 zones and ensures every player gets to play an infield and outfield position every inning.



For each batter, coaches will help players get into a ready position and have players call out where they will throw the ball if hit to them. Coaches will also take an extra ball onto the field to toss to players to keep them engaged during times when the ball is not hit in their direction.

The coach of the team that is batting will be the catcher for the game. This coach will be in charge of placement of the tee on home plate and making any height adjustments needed for each batter. They will also remove the tee when runners are running home.

EQUIPMENT

Equipment will be provided on-site and will be on the fields prior to the start of the game by staff.

PLAYING FIELD

Bases are fifty (50) feet in length.

SPORTSMANSHIP

The West Allis-West Milwaukee Recreation Department expects its coaches to show proper conduct and leadership all times. Arguing with umpires, swearing or any conduct detrimental to the game will not be tolerated.