

PAC MEETING SUMMARY

February 7, 2013

8:30 – 9:30 AM

Guests: Mr Randy VanDyk (Vice Principal), Sarah Doman (Leo Club), Lori Van Vleet (Thrive), Charlene Johnson (MSU)

Pac Board present: Tara Harrison, Dawn Tarabochia, Rachel Bos, Jannet Borrmann

Members present: Mona Carroll, Judy Blackmore, Michelle Bailey, Laura Jones, Tara Harrison, Dawn Tarabochia, Rachel Bos, Jannet Borrmann, Cheryl

* Jannet Borrmann was put forward as new Secretary for the remainder of this school year and next year. Motion was carried.

* Tuesday, February 12th is registration night for incoming 6th Graders from 5:30 – 7 PM. The plan is for 7 Different stations in different classrooms, instead of in the gym. 6th Grade hall, library, gym etc. Clubs and Foreign Languages will have stations and Mr. Ayers and VanDyk will be present. PAC will provide information too. There will be Student Greeters and Leaders welcoming kids. 6th Grade Parent Volunteers are needed. Michelle Bailey has had to withdraw due to having to escort her own incoming 6th grader.

* Mr Randy VanDyk talked about new evacuation plans. Current plans include walking to Trakker building and being bussed to the bus barn. They are brainstorming about possible other locations as bus barn is not the best place. Commons (Love Lane/Baxter) or the new Elementary School Gymnasium (Flanders/Durston) are being floated as ideas.

* Mr. VanDyk also discussed last weeks College / Career Ready week which was a lot of fun! There were a lot of different activities featured during the week with the emphasis on Habits of good Students = Habits of good Employees. On Wednesdays MSU and HS presented to several grades and on Thursday the students took an 'interest inventory'. On Friday there was a career fair with 30 people from the community and students chose 3 to 'rotate' through. It was a great and very positive week.

* Mr. VanDyk informed us about ongoing discussions at District Office Meetings about a Performance Based System for students. In MS/HS in 2013/2014. This would be a system based more on individual needs of the students. They don't know what it will look like yet but it's a subject that is being brainstormed.

* Sarah Doman (6th, 7th Grade Reading Strategies, 8th Grade Pre Algebra) came and spoke for the Leo Club and their Play60 (NFL Play 60 minutes per day) Initiative. Together with Katie Dibernardinis there are several items being worked on. There is a Healthy Eating Portion which is really led by a team of students and contains 6 steps and includes signing pledges. (Fuel Up), eventually they are hoping for a big school-wide kick off. They are also responsible for the Walk and Bike to School Day program. Discussions were had about tying it into the Health Fair and/or the Fun Run in May. There is some grant money available and under the Healthy School Initiative, a climbing wall has been proposed. For the Healthy Eating Portion, a salad bar in the Cafeteria was an idea. Another idea put forward by one of the parents was to install a feedback 'box' where students can make their own suggestions about what they would like to see to improve healthy eating options etc. Leo Club

will also work on a Bike Rodeo again this year but almost the whole club is new kids this year so they're still figuring some things out. They meet on Monday after school and are looking into partnering with the Million Ways club (8th Grade Students).

* Dawn Tarabochia and Charlene Johnson (Community Health Club MSU) were talking about the Fun Run and Health Fair, which are tentatively scheduled for the first part of May, during the school day (Health Enhancement classes and potentially lunch break?). They were looking for ideas for booths (Healthy Lunch Choices, Childhood Obesity, Dietary Regulations (sugar in sodas etc.), diabetes, nutrition, dancing or other activity booths, health trivia games, obstacle course, information about people with disabilities and how their lives are impacted etc. Dawn might be able to provide some t-shirts for a student competition and partnering with Leo Club, HE Teachers, PAC and Million Ways club were suggested. Clint May may be asked to design a course and whether people from the Community should be involved were discussed. Dermatologist? ROTC for obstacle course and/or a climbing wall, MSU athletes for shooting hoops or playing tennis. Some concerns about involving 'for profit' outside sources were discussed and they will think about who can maybe participate. Matters like Eating Disorders or Drugs (Chew Tobacco & sports) were brought up and whether this was a parental job vs. being features in the Health Fair.

Suggestions were made by parents about including the Hearth of the Valley (Mona), classes and trainers about cardio with pets etc.) As the Fun Run was discussed and whether sponsoring of laps was by flat fee or by lap and Hyalite's Elementary school award system of necklaces with little feet, another parent suggested an award system for achievement levels with safety pins and beads.

Booths like skin care/hydration/sunscreen and dental were suggested with local dermatologist and professionals needed. Gillian (?) will be the point person and Michelle will check with the hospital. Volunteers would be needed. Vision was another suggestion. Dawn and Charlene will report on progress at next PAC meeting and liability will be discussed with Mr. Ayers.

Laura Jones reported on EPI (EducationalProducts.com), which is a School Supply Box that can be bought online for probably around \$35 and will contain specific items for 6th, 7th and 8th grade school supply needs. A portion will go to PAC as a fundraiser. Online orders need to be placed by May and we could decide whether to distribute at Pick Up Schedule time or during Advisory in the first week etc. We can get 5% if we refer other schools.

Lynn Sieger also dropped off a Plastic Drink cup fundraiser that has been hugely successful in other schools. The cups can be ordered with NFL and collegiate logos and cost \$18 for 4. Rachel Bos will look into it.

This is the summary of what was discussed during the meeting; some upcoming events are:

February 12, 2013	CJMS 6th Grade Reg. - 6:00- Gym 6 TH GRADE PARENT VOLUNTEERS NEEDED
February 13, 2013	Early Release 1:45
February 18, 2013	NO School - Presidents Day
February 21, 2013	CJMS Jazz Band - Willson - 7:30
February 22, 2013	PAC Family Spirit Night 5:30-7:30 VOLUNTEERS AND DONATIONS NEEDED
February 25, 2013	CJMS 6th B/O/C - CJ Gym - 7:30

If anyone would like to VOLUNTEER or DONATE, please contact Rachel Bos at 570-1384 or rachel.bos5@yahoo.com and we will get you set up! Thank you for supporting CJMS