

# News Update



**THE BAIRD  
PRIMARY  
ACADEMY**

TERM 5 – 27TH MAY 2022

## Dates for the Diary

27.5.22	Queen's Jubilee Celebrations
27.05.22	Last Day of Term 5
06.06.22	First Day of Term 6
07.06.22	Kingfishers Class Assembly
14.06.22	Sandmartins Class Assembly
16.06.22	Egrets Class Assembly
17.06.22	Year 6 Safety in Action
21.06.22	Sandpipers Class Assembly
22.06.22	Year 6 Prof C Gull
27.06.22	Parent Forum 2:-3:00pm
28.06.22	Lapwings Class Assembly
05.07.22	Year 4 Assembly
08.07.22	Pupil reports to parents
12.07.22	KS2 Parent Consultations 2:00 - 6:00pm Main Hall
13.07.22	EYFS/KS1 Parent Consultations 2:00-6:00pm Main Hall
15.07.22	Summer Fundraiser
18.07.22	KS2 Sports Day - 1:30pm
19.07.22	Reception Assembly



## Quad Athletics

Last Wednesday, year 6 boys and girls took part in a competition at Sandown school against 9 other local schools - Quad Athletics.

As a school we came 2nd! Mohammed got 1st top male sportsman, Isabelle got 1st top female sportsman and Ami got 2nd top girl sportsman. We also had a range of 1st, 2nd, 3rd and 4th places in most events against all 9 other schools!

Our fabulous performance has secured us a place in the finals!

Congratulations to our fantastic pupils for their achievements! Thank you to Mr Hesmer, Miss Sargent and Miss Collins for their organisation and support - well done Team Baird!

## Class Gardening Events

Monday 6<sup>th</sup> June Y3, Y4, Y5 and Y6 3pm-4pm  
Wednesday 8<sup>th</sup> June Y1 and Y2 3pm-4pm

Bring your gardening tools and come along to help your children weed, improve and plant up their class garden (plus the surrounding area, if time allows) Some of our gardens are quite over grown and need some strong adult power. We recommend digging fork / spade, gloves, secateurs and hand tools for raking, weeding.

Sign in at the main office then collect your child from class. The class teacher/TA will explain where the garden is and what needs doing. They will then join you after dismissing any of the class not taking part.

If you shop at Morrison's, please could you ask if they have any cornflower seeds—they are giving away 2.75 million packets - <https://my.morrison.com/seeds-of-hope/>

Thank you for your support.



**Gold Award  
Winners**

Swifts: Freddie  
Skylarks: Lucas  
Robins: The Whole Class  
Kingfishers: Charlie  
Lapwings: Layla, Ashton,  
Lexi-Rae  
Sandmartins: PJ, Charlie, AJ  
Cranes: Isabella  
Herons: Rayne  
Curlews: Amelie  
Avocets: Dolly  
Sandpipers: Leon

## Reminders

**Class Photos** - please ensure your order form is returned to the academy by **Tuesday 7th June**.  
**Year 6 Leavers Hoodies** - please access and complete on ParentPay by **Friday 10th June**  
**October Residential Visit** - Final instalment of £27.00 due before **Friday 1st July**

Need to save money on food bills?

You can cook great food for 50p a portion!



Want to learn how? It's easy, fun, completely FREE, and you can do it at home.

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COOK BETTER THAN THE TAKEAWAY  
Register now: Phone/text/Wapp: Jo 07775 210 303  
Email Jo on: [hastings@bagssoftaste.org](mailto:hastings@bagssoftaste.org)  
This course is a residential for qualified participants only.

As featured in:  
**GoodFood**  
delicious. magazine

Register or find out more from:

Jo Durkin  
07775  
210303

<https://bagssoftaste.org/courses/#register>

## Safeguarding

If you have any concerns or wish to report or discuss any issues, please email [safeguarding@thebairdprimaryacademy.org.uk](mailto:safeguarding@thebairdprimaryacademy.org.uk)



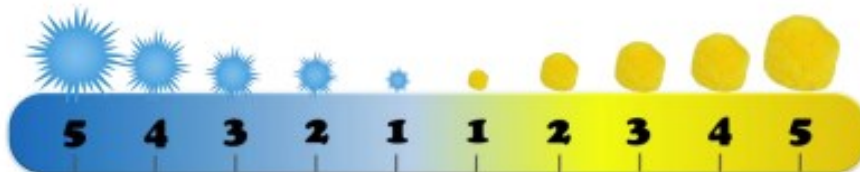
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## Building Brains

### The Affect scale

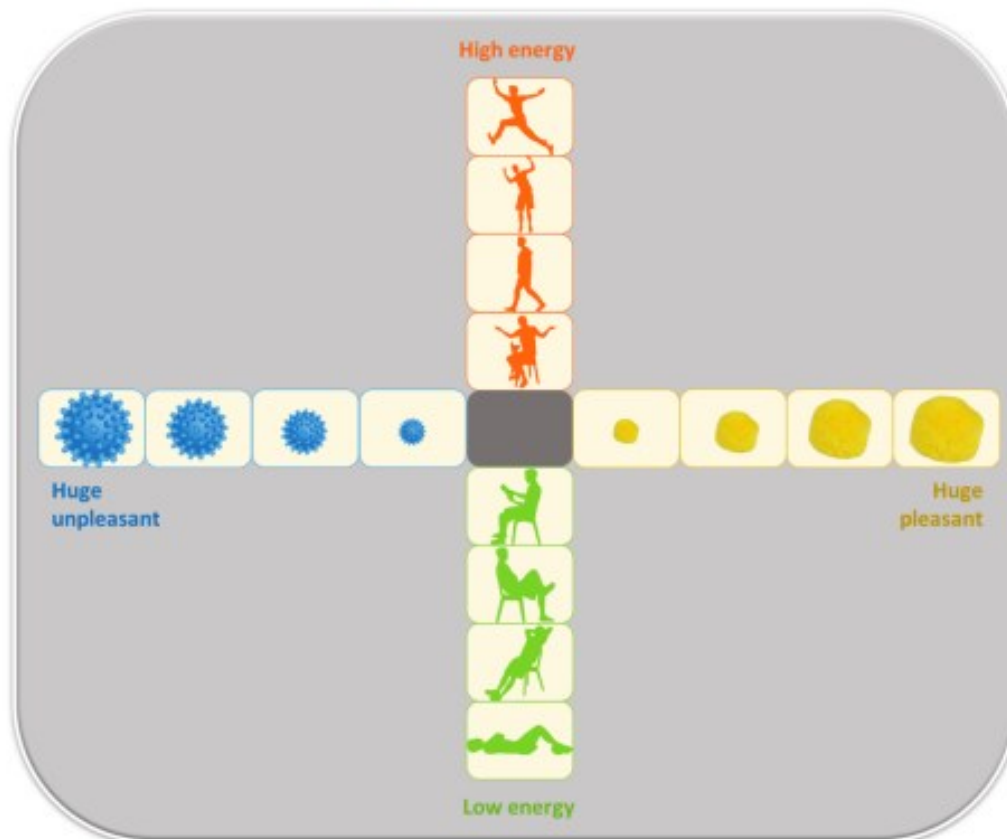
When children are experiencing emotions that are difficult for them, or difficult for us to manage, the first step is to help them understand how they are feeling.

We can use a simple scale to begin with, to work out how positive or negative they are feeling. At the Baird we use the language of 'cold pricklies' (unpleasant feelings) and warm fuzzies (pleasant feelings).



We can then start to help children notice their energy levels. We can have high or low energy with 'fuzzy' or 'prickly' feelings.

This is a scale that can be used to help work out what children (or adults!) are feeling:



We can then start suggesting words to children to help them explain their feelings. For example low energy but fuzzy might be calm or relaxed. High energy fuzzy may be excited. High energy prickly may be irritated or furious, or nervous or frightened. Low energy prickly may be bored or sad. How many feelings words can you and your child think of? Can you map them out on the scale?

Once children can describe their feelings we can then start to work out the unmet needs that have caused them to feel these things, and start planning with them how to meet those needs in a way that is Good for Everyone.



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At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, alerts and tips for adults.

## What Parents & Carers Need to Know about CROSS-PLATFORM SHARING OF INAPPROPRIATE CONTENT

Creepy characters like Slender Man or Huggy Wuggy. Dangerous online challenges. Songs or videos that aren't suitable for youngsters. When things like these begin trending online, it can be difficult to prevent children accidentally stumbling across them – especially if they use a range of platforms, like online games, social media, streaming sites or messaging apps. A trend can originate in one online space and rapidly spread to other platforms or via chat apps. The frightening Huggy Wuggy character, for instance, first emerged as part of a game on Steam; now there are parody songs on TikTok, videos on YouTube and more than 45,000 results for #huggywuggy on Instagram.

### WHAT ARE THE RISKS?

#### UNSUITABLE VIDEOS AND IMAGES

Anyone can upload footage to a video-sharing platform, which has resulted in clips that appear age-appropriate but actually aren't so innocent. The audience for Peppa Pig, for instance, is very young – but there have been reports of Peppa cartoons with extreme violence spliced into them. Likewise, footage of the razor-toothed game character Huggy Wuggy has been inserted into numerous child-friendly videos (even on YouTube kids), scaring many young viewers.

#### INAPPROPRIATE LANGUAGE

On a similar theme, there is always the possibility that user-uploaded video content could include language which really isn't suitable for children. The on-screen imagery may look child-friendly, but if your child is wearing headphones, then you'll remain unaware of what is being said; some videos have featured songs containing explicit language or characters graphically describing violence.

#### COPIES OF LIVE STREAMS

Social media and messaging apps can inadvertently spread extremely harmful content very quickly. Footage of violent attacks (such as the recent Buffalo supermarket shootings) can often be viewed on multiple platforms as people start to share the videos. Moderators try to react swiftly to remove upsetting content, but the rate at which it goes viral makes it difficult to prevent the spread completely.

#### ACCIDENTAL EXPOSURE

Even if your child doesn't have access to social media platforms or video-streaming platforms (where the majority of issues arise), they might still use messaging apps to communicate with family and friends. There is always going to be a risk, therefore, of them seeing something which isn't child-friendly; either shared by one of their peers or sent accidentally by a relative.

## Advice for Parents & Carers

### USE SAFETY FEATURES

Enable safety settings like Google SafeSearch and the optional restrictions on video-sharing platforms like YouTube. Whenever possible, stick to YouTube Kids for young children, as the software will help to filter out unsuitable content. Remember that filters aren't always enough to block all inappropriate material – especially when child-friendly videos have been edited maliciously.



### LESS IS BEST

Manage the number of online platforms your child has access to, based on their age and maturity. Just because their friends use a certain game or app, it doesn't mean your child must have it too. Follow the age guidelines for games and apps, and check regularly that privacy settings are in place.

### KEEP IT COMMUNAL

Encourage your child to stay in a communal family space when they're watching videos or playing online games on their devices – without headphones, if possible. This will make it far easier for you to keep one eye (and ear) on what they're seeing and hearing while they're online.



### AVOID FAN-MADE CONTENT

If your child watches cartoons and shows on YouTube, spend time with them making a playlist of videos that you're comfortable with them watching. Always source videos from official channels, as opposed to fan-made content; you can never be completely confident about material that another user has created or uploaded.



### REACT CALMLY

If you hear or see anything unsuitable on your child's device, calmly ask them to turn off the game or video in question. Explain that they haven't done anything wrong, but that you didn't like what you saw or heard and you would much rather they watched or played something else instead.



### SUPPORT AND REASSURE

Remind your child regularly that anyone can post anything online – and that not everything online is real. If your child is sent something that scares or worries them, ask them to show you. Watch it alone (to avoid unnerving them further), then praise them for coming to you and talk about what upset them. Recommend a break from their device to do something which helps them feel calm and happy.



### Meet Our Expert

Dr Claire Sutherland is an online safety consultant at BCyberAware, who has developed anti-bullying and cyber-safety workshops and policies for schools in Australia and the UK. She has written various academic papers and carried out research for the Australian government, comparing the internet use and sexting behaviours of young people in the UK, USA and Australia.



**National  
Online  
Safety**

#WakeUpWednesday

Source: <https://www.nationalonlinesafety.com/parents-carers-need-know-about-cross-platform-sharing-inappropriate-content>



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)



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