



The  
Frederick  
Gunn  
School

# The Frederick Gunn School

## Boys Lacrosse Program

An elite level program with a small school experience



You almost have to see our beautiful **220-acre campus** in Washington, Connecticut to understand how our tight-knit community of nearly 310 students and 55 teachers offers something that is only possible here. At our intentionally small school, new students quickly come to know and be known by every student and faculty member. They soon realize the tremendous opportunities for growth, self-realization, friendship, and expression that come with a Frederick Gunn School education.

What truly sets us apart is the legacy of our school's founder, **Frederick Gunn**. His vision still guides many of our **academic**, outdoor, **athletic** and residential programs. Mr. Gunn believed that all students benefit from teachers and adult mentors who work with them to promote growth, both intellectually and in character—in the wisdom to know the right thing to do and the courage to do it.

Mr. Gunn also knew that students learn many of life's most valuable lessons outside of the classroom, especially when surrounded and inspired by a natural environment. The goal of our

integrated outdoor program is to have every student participate "in nature" in some substantial way. In our technology-heavy world, we see this as imperative to student development and achievement. The Gunn legacy and our mission ring true especially today, even though they were formed more than 150 years ago.

In conjunction with our outdoor program, our **LEADS program** (Learning for Ethical Engagement, Active Citizenship and Dedicated Service) provides a four-year curriculum based on the **mission** of our school. This focused approach helps students develop the lifelong learning and leadership skills needed to be active and responsible citizens, both locally and globally.

These are just some of the things that make The Frederick Gunn School community truly unique. I look forward to having you learn more about us and meet your potential teachers, mentors, and peers.



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## Quick Facts

### Mission

In 1850 Frederick Gunn established a school based on the belief that strength of character was the goal of education. Today, The Frederick Gunn School rests on the four cornerstones of character: scholarship, integrity, respect, and responsibility. Character is forged in a cohesive, diverse community informed by a challenging college preparatory curriculum, a broad range of athletic, artistic and social activities and a faculty of scholars and committed educators dedicated to the intellectual and ethical development of every student. A Frederick Gunn School graduate is a broadly educated, socially responsible citizen with tested beliefs, strength of character and the courage to act on convictions.

### General

Enrollment: 306 students from 20 states and 16 countries in grades 9 - 12/PG  
Boarding: 220 (72%)  
Day: 86 (28%)  
Legacies: 40 (13%); Of the 40, 21 (7%) are siblings of Frederick Gunn School students or graduates

### Campus

Location: Washington, Connecticut (Litchfield County); in proximity to New York City (90 miles), Hartford (41 miles), and Boston (142 miles)  
Campus: 220 acres  
Buildings: 31  
Dorms: 10 (6 for boys / 4 for girls)



### Academics

Average class size: 12  
Academic Courses offered: 119  
AP Courses offered: 21  
Graduation Requirements: 18 credits  
Unique Programs: LEADS, Gunn Scholar, IDEAS  
Faculty: 55 (30 men/25 women)  
Advanced Degrees: 43 (60%)  
Student/Teacher ratio: 6:1

### Clubs & Organizations

Interscholastic sports: 15  
Interscholastic Teams: 35  
Clubs and Organizations: 17  
Prefects: 8  
Residential Assistants: 32

### School History

Founded: 1850 by Frederick W. Gunn  
Colors: Red, Blue, Gray  
Mascot: The Highlander  
Motto: A good person is always learning.



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# Boys Lacrosse

The Frederick Gunn School has built a strong lacrosse tradition in which our players strive for both academic and athletic excellence. Our program honors our founder, Mr. Gunn, by concentrating on the four cornerstones of character: scholarship, integrity, respect, and responsibility.

As you have read, we are a small school (310 students) and being small is one of our biggest strengths. It affords all of our students an opportunity to be known by all of their teachers and classmates and also allows for many leadership opportunities. We believe that all of our students are encouraged and expected to contribute, in the classroom, in the community, and on the playing fields.

We intentionally keep a small varsity roster compared to other boarding schools, typically 26 players, to ensure that we are developing all of our players in games and practices. While many of our players are multisport athletes, something we value as a school value, our goal is to develop young men of character who will become leaders in our community, outstanding students, and exceptional lacrosse players. We stress player development, personal excellence, respect, and sportsmanship and we look to develop these traits within the structure of the team. As a coaching staff, we work throughout the year to instill these values in our players.

On the college front, our program is placing student-athletes in top DI, DII, & DIII programs such as Cornell Univ. Holy Cross, High Point Univ., Quinnipiac Univ., Univ. of Tampa, RIT, Rollins College, St. Lawrence Univ., Connecticut College, Middlebury College, Springfield College, Washington College, and College of Wooster .



In 2022, Eddie Rayhill earned All-American honors, our third player to receive All-American in six and we finished with a 13-5 record.

We play in one of the premier leagues in New England, the Western New England Secondary School Lacrosse Association (WNESSLA). In speaking to college coaches, they consistently remark about how players in our league are developed and ready to play in college. I attribute this to the premium we put on developing each player on a daily basis and the quality of competition in our league. Simply put, there are no days off in our league. Our players play at a high pace day in and day out in practice and face every game situation imaginable through the course of our season in games.



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Each year we begin our season with a spring break training program organized by the coaching staff. The trip is an excellent opportunity to come together as a team and hone our skills before returning to campus for tryouts. During this time, we compete against teams from around the country in preparation for our regular season schedule. While the demands of a rigorous schedule are great, our student-athletes meet them head-on and look forward to the challenge with enthusiasm.

I hope this information has helped to answer some of your questions. If you would like more information, please contact me at [marichm@frederickgunn.org](mailto:marichm@frederickgunn.org) or 860-350-0175.

GoGunn!

Coach Marich

### 2019 Postseason Award Winners

Jared Rainville '19 – 2019 US Lacrosse All-American  
Julian Aviles '19 – First Team All-League  
Garrett Argentino '20 – First Team All-League  
Henry Hoyt '20 – First Team All-League  
Matt Lee '19 – First Team All-League  
Patrick Thomas '20 – First Team All-League

William Alling Graney '19 – All-League HM  
Nikolas Ioannou '19 – All-League HM  
Edward Rayhill '22 – All-League HM  
Hunter Sansbury '20 – All-League HM  
Cody Sipher '19 – All-League HM  
Bobby Wells '21 – All-League HM

### 2022 Postseason Award Winners

Eddie Rayhill '22 – 2022 US Lacrosse All-American  
Parker Hoffman '24 – Offensive Player of the Year Award  
Owen Laatsch '25 – First Team All-League  
Blake Maracle '22 – First Team All-League  
Andrew Rainville '24 – First Team All-League  
Théo Weidinger '22 – First Team All-League  
Trey Bessett '22 – All-League HM  
Luke Calabria '25 – All-League HM  
Will Marich '23 – All-League HM  
Mike Pizzo '23 – All-League HM  
Allan Szydlowski '22 – All-League HM  
Christian Wood '23 – All-League HM

### Recent Highlander Players in College:

Sebastien Seymour '18 – Hood College  
Niko Grollman '19 – Post University  
Matt Lee '19 – High Point University  
Jared Rainville '19 – Connecticut College  
Cody Sipher '19 – St. Lawrence University  
Dylan Donnery '20 – Quinnipiac University  
Ryan Donnery '20 – Quinnipiac University  
Henry Hoyt '20 – St. Lawrence University  
Kenny Snyder '20 – Whittier College  
Patrick Thomas '20 – Rollins College  
Colin Trom '20 – Catawba University  
Riley Edwards '21 – Adrian University  
Bobby Wells '21 – St. Lawrence Univ.  
Trey Bessett '22 – SUNY Geneseo  
Blake Maracle '22 – Limestone University  
Eddie Rayhill '22 – Cornell University  
Allan Szydlowski '22 – Washington College  
Théo Weidinger '22 – The College of Wooster