

JUNE 2022 WING LAKE LUNCH MENU

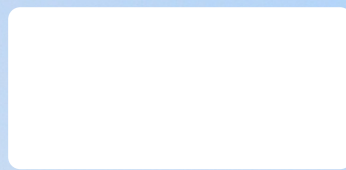
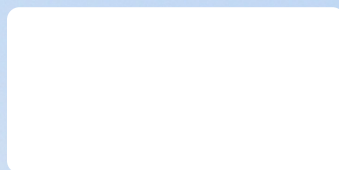
Monday

Tuesday

Wednesday

Thursday

Friday



1 Grilled Cheese
Tomato Soup
MICHIGAN CHERRIES

2 Cheese Pizza
MICHIGAN Brroccoli
Applesauce Cup

3 Chicken Patty
Sandwich
Smile Potatoes
MICHIGAN BLUEBERRIES

6 Lasagna Rollup
Garlic Breadstick
MICHIGAN VEGGIES
and Fruit Cup

7 Popcorn Chicken Bowl
Corn, Mashed
Potatoes, Gravy
MICHIGAN APPLE

8 WOW! Butter Sandwich
Broccoli Cheese Soup
MICHIGAN CHERRIES

9 Cheese Pizza
MICHIGAN Brroccoli
Applesauce Cup

10 Bosco Cheese Sticks
French Fries
MICHIGAN BLUEBERRIES

13 Cheese Ravioli
Garlic Breadstick
MICHIGAN VEGGIES
and Fruit Cup

14 Orange Chicken
w/ rice and Stir-fried Veggies
Egg Roll
MICHIGAN APPLE

15 All Beef Hotdog
French Fries
MICHIGAN CHERRIES

16 Cheese Pizza
MICHIGAN Brroccoli
Applesauce Cup

17 Cheeseburger
French Fried Potatoes
MICHIGAN BLUEBERRIES

20 Cheese Cavatappi
Garlic Breadstick
MICHIGAN VEGGIES
and Fruit Cup

21 Bean Burrito
Fresh Veggies
Salsa
MICHIGAN APPLE

22 Grilled Cheese
Tomato Soup
MICHIGAN CHERRIES

23 Cheese Pizza
MICHIGAN Brroccoli
Applesauce Cup

24
*Last Day!
No Lunch*



HAPPY SUMMER BREAK!



All meals include Proteins & whole grains

At least 3/4 cup fruits and veggies and

1% white or chocolate milk

Macaroni and Cheese
Creamy Cheese Pasta served with Michigan
Steamed Veggies and Garlic Breadstick
and Fruit Cup

Cheese Ravioli
Ravioli pillows filled with Cheese and topped
with zesty Marinara Sauce served with
Michigan Steamed Veggies and Garlic
Breadstick and Fruit Cup

Cheese Ravioli
Ravioli pillows filled with Cheese and topped
with zesty Marinara Sauce served with
Michigan Steamed Veggies and Garlic
Breadstick and Fruit Cup
Crispy Whole Muscle Chicken Tenders served
with Ranch cup, Crispy Potatoes and Michigan
Apple

Hot dog
All Beef Frank on a WG bun served with Crispy
Potatoes and
Michigan Blueberries

Popcorn chicken Bowl: Popcorn Chicken bites
served over mashed Potatoes and fresh corn
Served with a Michigan Apple

Grilled Cheese Sandwich
Creamy Cheese between 2 slices of crisp bread
served with
Tomato soup and Pitted Michigan Cherries

Bean and Cheese Burrito
Refried Beans with Mozzarella cheese served
with Salsa and
Michigan Cherries

Cheese Cavatappi
Creamy Cheese Pasta served with Michigan
Steamed Veggies and Garlic Breadstick
and Fruit Cup

Cheese Pizza
Whole Grain Cheese Pizza served with
Michigan Broccoli, and Applesauce Cup

Chicken Patty Sandwich
Crispy Whole Muscle Chicken Patty on a WG
bun served with Crispy Potatoes and
Michigan Blueberries

Cheeseburger
All Beef patty with American Cheese on a WG
Bun served with Crispy Potatoes and
Michigan Blueberries

MENU SUBJECT TO CHANGE WITHOUT NOTICE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY
PROVIDER

BREAKFAST
Choice of
Cinnamon Apple
Oatmeal Yogurt Plate,
Pop Tart
Cereal (DF) or Cereal
Bar
Served with 100%
Fruit Juice, Michigan
Fruit and 1% White or
Chocolate Milk

Join us in learning
about

Michigan Produce!
Carrots, Blueberries, Apples,
Salad Greens, Sweet Potatoes
and Root Vegetable Medley



Gluten Free
option available per
medical request-
preorder required

Vegetarian and
Dairy Free options
available - preorder
required