

Health Services Pennsylvania State Requirements

A physical examination is required for students upon original entry, kindergarten, sixth grade, and eleventh grade. This exam is best obtained by your child's Medical Professional. Parents/Guardians may opt to have this exam performed in school by the School Medical Professional with written consent.

A dental examination is required for students upon original entry, kindergarten, third, and seventh grades. This exam is best obtained by your child's private dentist. Parents/Guardians may opt to have this exam performed in school by the Mobile Dentist with written consent.

Please provide the School Nurse with a copy of any private examinations.

Medication Administration

Before any medication may be administered to any student during school hours, the Board shall require the written order of the licensed prescriber, which shall include the purpose of the medication, the dosage and the time at which the medication shall be administered. A written request from the parent/guardian is required which shall give permission for such administration and relieve the Board and its employees of liability for administration of medication.

In order for any prescribed medication to be administered to any student by the school nurse, there must be a written order from a licensed prescriber. This written permission will include:

Name of child.

Date of prescription.

Name of medication.

Dosage and route of administration.

Specific time, or special circumstances, in which the medication shall be administered.

Specific length, period, or amount of medication prescribed.

Signature of the prescriber.

Asthma medications will be administered according to current CDC guidelines.

All medications must be stored in the original container and kept in a locked cabinet in the Health office.

Emergency medications may be carried by student with MD documentation.

Standing Orders

Standing orders are medical directives written by the school Medical Professional. The School Nurse will utilize these orders based on specific situations. Standing orders are on file in the Health Office.

Immunization Requirements

Pennsylvania Immunization Laws require all students to have proof of immunizations as a condition upon entry into school. Medical and/or Religious exemptions require written documentation. The exact day/month/year of the immunizations should be sent to the school nurse.

Immunizations required for students in all grades K-12:

- 4 or more properly spaced doses of tetanus, diphtheria, and pertussis vaccine (the fourth dose must be given on or after the 4th birthday)
- 4 doses of polio vaccine (dose 4 is not necessary if dose 3 was administered at age 4 or older)
- 2 properly spaced doses of measles, mumps, rubella vaccine (Usually given as MMR; first dose must be given on or after the first birthday)
- 3 doses of hepatitis B vaccine (dose 2 must be given at least 1 month after the dose 1. Dose 3 must be given at least 2 months after dose 2 and at least 4 – 6 months after dose 1)
- 2 properly spaced doses of varicella vaccine (first dose must be given on or after the first birthday) or written statement from physician/designee indicating month and year of disease or serologic proof of immunity

Additional immunizations required for students on the first day of 7th grade:

- 1 dose of tetanus/diphtheria/pertussis vaccine (Tdap)
- 1 dose of meningococcal conjugate vaccine (MCV4)

Additional immunization required for students on the first day of 12th grade:

- 1 dose of meningococcal conjugate vaccine (MCV4). If one dose was given at 16 years of age or older, that shall count as the 12th grade dose.

Per PA State Law, students may be excluded from school without written proof of required immunizations.

Communicable/Contagious Diseases

Students who have been diagnosed by a physician or are suspected of having a disease by the school nurse shall be excluded from school. This exclusion period will follow the current regulations of the Departments of Health and CDC for specified diseases and infectious conditions.

To minimize the occurrence of contagious diseases among our students, we are asking for your cooperation in observing the following guidelines.

Please keep your child home if he/she has any of these symptoms:

FEVER - elevated temperature (100.4 F or above) usually indicates the presence of an infection. Tylenol relieves the fever, but not the disease. Children should remain at home at least for twenty-four hours after a fever subsides without fever reducing medication.

UNCONTROLLED COUGH

PROFUSE SINUS AND NASAL CONGESTION

NAUSEA AND/OR VOMITING - within 12 hours prior to school

DIARRHEA -within 12 hours prior to school

PAIN - sore throat, severe stomach ache, headache or body aches

NEW ONSET RASH

NEW LOSS OF TASTE/SMELL

SHORTNESS OF BREATH

If there are any questions or concerns, please contact the school nurse.

Health Screening

The Woodland Hills School District provides the following health examinations and screenings:

Dental examination - grades K-1, 3, and 7

Physical examinations - grades K-1, 6, 11

Hearing - grades K, 1, 2, 3, 7, 11

Height and weight - All grades

Vision - All grades

Scoliosis screening - grades 6, 7

Body Mass Index (BMI)- for all grades

School Health Record

A Pennsylvania Health Record is kept on file for each student. Information concerning the student's physical condition should be given to the school nurse by the parents or the family physician. Health records are confidential, and information is shared with professional staff on a need-to-know basis.

First Aid

If a student becomes ill or is injured at school, he/she will be cared for by the nurse. The parent/guardian will be contacted. If the parents cannot be contacted, the persons listed on the Emergency Care Card will be called. If necessary, local Emergency Medical Services will be Contacted. It is the parent/guardian responsibility to update the Emergency Card information when changes occur.

First aid in the school is limited to injuries that occur at school. (NOTE: INJURIES THAT OCCUR IN THE HOME ARE THE RESPONSIBILITY OF THE PARENTS/GUARDIANS AND MUST BE TREATED BEFORE SENDING THE CHILD TO SCHOOL).

Transportation of ill or injured students is the responsibility of the parents. Ambulance service in extreme emergencies will be at the expense of the parents. Please keep the school nurse informed, if your child develops medical problems or conditions that require special attention. The physician should write information and directions to be sent to the school nurse so the school nurse can develop an individual care plan.

DUE TO THE COVID-19 PANDEMIC AND IN ORDER TO KEEP STUDENTS AND STAFF AS SAFE AS POSSIBLE, THE FOLLOWING GUIDELINES WILL BE IMPLEMENTED WHEN STUDENTS RETURN TO IN SCHOOL EDUCATION:
(Please be aware that these guidelines are fluid and may change as we move forward in accordance with Allegheny County Health Department recommendations.)

These changes will take place in the Health Office in order to limit physical contact and allow the School Nurse to focus on communicable disease surveillance, isolation of ill students, and monitoring.

- Only acutely ill students will be admitted to the Health Office, masked, and preceded by a call from their teacher. Minor illnesses or injuries will not be seen in the Health Office. There will be no “walk-in’s” by students or staff.**
- Daily medications, whenever possible, shall be given at home. (exception: diabetic meds)**
- Asthma inhalers must be accompanied by a chamber. No nebulizer treatments will be given.**
- Students registering from out of state must quarantine per county guidelines.**
- If a student tests positive for Covid19, Medical approval must be obtained and sent to the School Nurse 24 hours prior to returning to school.**

