**CCHS Peer Leaders** 

## RELIEVE STRESS DURING FINAL

JUNE 6, 7 & 9

MON

6

Between Exams

ART THERAPY ON THE

STAGE

MON

6

AFTER EXAMS (12:15 PM) **YOGA IN THE BAND ROOM**(bring a mat if you have one)

**TUES** 

7

Between Exams

BRACELET MAKING ON

THE STAGE

**THURS** 



BETWEEN EXAMS

ART THERAPY ON THE

STAGE

For more information:
SEE MS. GRANGE IN THE ATHLETIC OFFICE