

Highline Public Schools

Native Education Program

Online Resources

Good Day Families!

We are greatly missing our time spent with your students and hope you and your families are staying safe and well during this time. We have compiled a list of resources for you and your students. These resources are grouped into the following categories: **Read, Watch, Eat, Do, Move and Learn**, and are specific to our Native Education Program values and goals. **Please do not feel obligated** to assign, teach or participate in these, but instead use this as a resource for anything that might best fit your family during this time. Many, if not all the resources are student friendly and navigable.

Our program will be following up with mailed **bundles** to encourage and assist your students with their creativity in arts, self-expression and exploration during our time out of school.

Please reach out to us with any questions, comments, or concerns.

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Read!

Literacy Supports & Resources

Pre K-2 Read Aloud

My Heart Fills with Happiness by Monique Gray Smith [\(click\)](#)

When We Were Alone by Julie Flett & David Robertson [\(click\)](#)

Wild Berries by Julie Flett [\(click\)](#)

Shanyaak'utlaax: Salmon Boy Told in Tlingit (with English Subtitles) [\(click\)](#)

Thunderboy Jr. by Sherman Alexie [\(click\)](#)

Shi-shi-etko by Nichola Campbell [\(click\)](#)

3-5 Read Aloud

We Are Water Protectors by Carole Lindstrom [\(click\)](#)

A Promise Is A Promise by Robert Munsch and Michael Kusugak [\(click\)](#)

Shin Chi's Canoe by Nicola Campbell [\(click\)](#)

Not My Girl by Christy Jordan-Fenton and Margaret Pokiak-Fenton [\(click\)](#)

Our Day With Yayah Nicola Campbell & Julie Flett [\(click\)](#)

Jingle Dancer by Cynthia Leitich Smith [\(click\)](#)

When I was Eight by Christy Jordan-Fenton & Margret Pokiak-Fenton [\(click\)](#)

Hiawatha and the Peacemaker by Robbie Robertson [\(click\)](#)

The People Shall Continue by Simon Ortiz [\(click\)](#)

Secondary - Native Authored Books on Audible [Free trial](#) OR [Kids stories - free](#)

Children of the Longhouse – Joseph Bruchac

The Birch Bark House – Louise Erdrich [\(free\)](#)

I Can Make this Promise – Christine Day

Give Me Some Truth – Eric Gansworth

If I Ever Get Out of Here – Eric Gansworth

The Absolutely True Diary of a Part-Time Indian – Sherman Alexie

There There – Tommy Orange

Watch!

Stories, Shows, Movies

Traditional Stories

Haudenosaunee's Legendary Founding | Native America | Sacred Stories | PBS

<https://www.youtube.com/watch?v=D0eIAQYLdfc>

Hopi Origin Story | Native America | Sacred Stories | PBS

<https://www.youtube.com/watch?v=D53yGnJwiT0>

Star Stories: NMAI

<https://www.youtube.com/playlist?list=PLS6nSmuURFJBLIE-4uIPJMYxOV4Zpj1WZ>

"Coyote and Eagle Steal the Sun and Moon"

<https://www.youtube.com/watch?v=cGXRSfdObag>

<https://www.youtube.com/watch?v=EwyVDadt7QE>

Storytellers

Roger Fernandes – Lower Elwha S'Klallam

https://www.youtube.com/playlist?list=PLOmdhKtO5jwV3fmdX5L4OMkB0eM_H1AtQ

Duane Hollow Horn Bear – Lakota Elder

<https://www.youtube.com/watch?v=MHbXk63wMTI&list=PLs8d38Q6863vSqAlsTUS-UVP1eHw5bkmu>

Chris Morganroth - Quillete Storyteller

<https://www.youtube.com/watch?v=hmfbQRclFf8>

Thirza Defoe - Ojibwe and Oneida Storyteller

<https://www.youtube.com/watch?v=M7RULN6cRk8>

Shows and Movies

Molly of Denali – Full Episode – PBS KIDS

<https://www.youtube.com/playlist?list=PLa8HWWMcQEGRhql2vfh30TPvRO1m4FLWS>

Raven Tales S1E01 - "How Raven Stole the Sun"

<https://www.youtube.com/watch?v=rU7LVEilsxQ>

Indigenous Cinema Classroom (ages 6-11)

<https://www.nfb.ca/playlists/indigenous-cinema-classroom-ages-611/playback/#1>

Eat!

Traditional and not Traditional Foods

Food Sovereignty Videos

All my relations -- a traditional Lakota approach to health equity | Dr. Donald Warne | TEDxFargo

<https://www.youtube.com/watch?v=3phTundagzQ>

Alter-Native: Youtube series

<https://www.youtube.com/watch?v=nQ1wpBTzFDs>

https://www.youtube.com/watch?v=wq6vjbPtN_I

<https://www.youtube.com/watch?v=0MYDVL3go7s&list=RDCMUCnDUknWztWaLs7motsaGwPg&index=2>

<https://www.youtube.com/watch?v=N2B70eJJ3Y&list=RDCMUCnDUknWztWaLs7motsaGwPg&index=3>

<https://www.youtube.com/watch?v=vtHGlaWzdQU>

Recipes

First Nations Recipes

<https://www.firstnations.org/knowledge-center/recipes/>

HEALTHY TRADITIONS: RECIPES OF OUR ANCESTORS

<https://www.nrcnaa.org/pdf/cookbook.pdf>

Nettle Tea

<https://learn.eartheasy.com/articles/nettle-tea-how-to-make-a-natural-spring-tonic/>

Nettle Pesto Recipe

<https://www.rusticfarmlife.com/foraging-nettle-and-nettle-pesto-recipe/>

Dandelion Tea Recipe

https://www.youtube.com/watch?v=XiUxMZrvjBA&feature=emb_title

Do!

At home activities

Art projects & crafts

Loom Beading

https://www.youtube.com/watch?time_continue=39&v=ScjJsOIQP3w&feature=emb_title

<https://www.fusionbeads.com/basic-beading-on-a-loom>

Wool Weaving

[http://www3.sd71.bc.ca/School/abed/resources/teacher/Pages/CoastSalishWeaving.aspx#/="](http://www3.sd71.bc.ca/School/abed/resources/teacher/Pages/CoastSalishWeaving.aspx#/=)

Coast Salish Art Project

<http://uvac.uvic.ca/gallery/salishcurriculum/art-project/>

Drawing

<https://www.youtube.com/watch?v=Kc3K-MyH3xg>

https://www.youtube.com/watch?v=M4jVVv6b_E

<https://www.youtube.com/watch?v=gEJV7fj6nZM>

<https://www.youtube.com/watch?v=DKUEIGir6fM>

Making Medicine + Gathering

Remember when gathering do NOT gather around areas that have been sprayed with chemicals/pesticides!!

Basic Klallam Language instructional video 10 Gathering and Cooking Stinging Nettles

<https://www.youtube.com/watch?v=aLG7aZiPLVs>

The Spirit Medicine of Cedar

https://www.youtube.com/watch?v=5n2Rile_ZF4

How to harvest, prepare, and use dandelion leaf and root for beauty and health

<https://www.youtube.com/watch?v=bQGyW-eWV0U>

Harvesting Red Clover

https://www.youtube.com/watch?v=HpoYKM3_NrA

Move!

Fun ways to get moving

Games

Indigenous Games for Children

<https://www.nscrd.com/uploads/document/files/indigenous-games-for-children-en.pdf>

Natives Games: Survival, Strength, Sport

<https://www.nlm.nih.gov/nativevoices/exhibition/healing-ways/healing-communities/native-games.html>

Indian Education for all - Traditional Games Unit

<http://opi.mt.gov/Portals/182/Page%20Files/Indian%20Education/Health%20Enhancement/Traditional%20Games%20-%20all.pdf>

Powwow Sweat

Lets Powwow Sweat!

https://www.youtube.com/playlist?list=PL2fIOGWRc8bh1UbG6G_r0lkpq07qh1UuN

Powwow Sweat: Step-by-step

<https://www.youtube.com/playlist?list=PL2fIOGWRc8bil0EOu-meVfTimMWehzL2>

Powwow Sweat: Warm up

<https://www.youtube.com/watch?v=ZhfqlbhKCo0&list=PL2fIOGWRc8bhmiLomlIFdlUTzJZepnWvr>

RezMove Native Dance and Cardio Workout

<https://www.youtube.com/watch?v=rGalzXEEfh0>

Well for Culture

<https://www.wellforculture.com/indigenize-movement>

Learn!

Extend learning at home

Native Knowledge 360

<https://americanindian.si.edu/nk360/resources.cshtml>

Since Time Immemorial Curriculum

[Elementary](#)

[Middle School](#)

[High School](#)

Washington State Environmental and Sustainably Enhanced Lessons

https://www.wastatelaser.org/wp-content/uploads/Native_American_Story_Connections.pdf

<https://www.wastatelaser.org/environmental-sustainability-enhanced-lessons/>

Lushootseed Language

Muckleshoot Language [Facebook](#)

Puyallup Language [Website](#) [YouTube](#)

Tulalip Language [Website](#) [YouTube](#)

kweetsadee [YouTube](#)

Lectures (teen-young adult)

TEDxIndigenous

An Indigenous Journey to Leadership | Eddy Robinson | [TEDxStMaryCSSchool](#)

Running for Missing and Murdered Indigenous Women | Rosalie Fish | [TEDxYouth@Seattle](#)

Surviving Disappearance, Re-Imagining & Humanizing Native Peoples | Matika Wilbur | [TEDxSeattle](#)

An Indigenous Student's Perspective: History, Culture, and Language | Amidooli Pacheco | [TEDxABQED](#)

How Technology is Saving Native Tribe Languages | Darrick Baxter | [TEDxWinnipeg](#)

'We the People' - the three most misunderstood words in US history | Mark Charles | [TEDxTysons](#)

Indigenous Rising | Liliana Tamayo | [TEDxYouth@DinosaurPark](#)