



SCHOOL NUTRITION

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GOOD NUTRITION IS OUR MISSION

Program Objectives

- To provide nutritious, well-balanced meals, milk or snacks to students in order to promote sound eating habits, foster good health, and academic achievements.
- Students who have satisfied their nutritional needs are better behaved at school, have longer attention spans, score higher on tests, and are more interested in the education program.

School Breakfast (SBP) - Energize your day with a School Breakfast!

- Students receive a well balanced breakfast that will provide $\frac{1}{4}$ of the RDA's to be consistent with the Dietary Guidelines for Americans.
- Many students, regardless of income levels, come to school without breakfast.
- SBP ensures that our school children have access to a well balanced meal every morning at school!

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National School Lunch (NSLP)

- Students receive a well balanced lunch that will provide 1/3 of the RDA's of protein, vitamin A, Vitamin C, Iron, Calcium and calories. Lunch is consistent with the Dietary Guidelines for Americans.
- The goal of the NSLP is to ensure that every child gets the nutritious lunch they need for physical and academic well-being. Additionally, NSLP reinforces the nutrition education taught in the classroom
 - More whole grains, fruits and vegetables; low-fat dairy products and less sodium and fat.
 - Menus are planned for grades K-5, 6-8 and 9-12 and will demonstrate to students correct portion sizes



KEY POINTS OF INFORMATION

All Schools serve Breakfast and Lunch Daily

- **Paid Breakfast:**
 - \$1.60 – Elementary Schools
 - \$1.85 – Middle School
 - \$2.10 – High School
 - No Charge for students who qualify for Reduced Meals
- **Paid Lunch:**
 - \$2.85 – Elementary Schools
 - \$3.35 – Middle School
 - \$3.60 – High School
 - \$0.40 – Reduced Lunch Price
- Students must take at least ½ cup serving of a fruit or a vegetable along with 2 other items in order for the meal to qualify as a reimbursable school meal
- Free and Reduced Applications must be filled out and processed annually. Previous eligibility expires after a 30 day grace period. Applications are available online for convenience
- **Meal Payment Options:**
 - Cash
 - Check
 - Online through [MySchoolBucks.com](https://www.myschoolbucks.com)
- Parents can view student transactions through [MySchoolBucks.com](https://www.myschoolbucks.com)

2016-2017 ACCOMPLISHMENTS

Implemented breakfast in the classroom in all K-4 elementary schools.

- Participation doubled in all the newly implemented schools.

Wellness committee remains active with members continuing to disseminate information to students, parents and staff. Schools were involved in many wellness activities district wide.

IOU policy was developed and submitted for approval

SWMHS

- Participated in a pilot study with the dairy council making smoothies for breakfast.
- Created a salad bar for the students incorporating all the vegetable sub groups.

CONTINUING TO MAKE STRIDES

Nutrition education on new meal regulations

Establishing student advisory groups

Increase lunch participation

Theme days/taste testing

Marketing & Food presentation

New menu items

Exploring other options for increasing

Breakfast participation

Incorporate wellness district wide

Providing more information on the district

Website



LUNCH PARTICIPATION SEPTEMBER 2017

SCHOOL	AVG. MEALS	% PARTICIPATION
ARLETH	218	46.68%
EISENHOWER	225	44.20%
TRUMAN	205	44.47%
WILSON	168	46.80%
SAMSEL UES	497	42.26%
MIDDLE SCHOOL	625	45.59%
HIGH SCHOOL	724	43.04%

2017-AVG. TOTAL MEALS SERVED DAILY 2662 44.18% (16 DAYS)

2016-AVG. TOTAL MEALS SERVED DAILY 2569 43.59% (17 DAYS)

2015-AVG. TOTAL MEALS SERVED DAILY 2434 41.57% (17 DAYS)

LUNCH PARTICIPATION OCTOBER 2017

SCHOOL	AVG. MEALS	% PARTICIPATION
ARLETH	247	53.00%
EISENHOWER	264	52.17%
TRUMAN	231	50.66%
WILSON	187	51.80%
SAMSEL UES	557	47.24%
MIDDLE SCHOOL	650	47.10%
HIGH SCHOOL	754	44.54%

2017-AVG. TOTAL MEALS SERVED DAILY 2890 47.84% (22 DAYS)

2016-AVG. TOTAL MEALS SERVED DAILY 2845 48.11% (19 DAYS)

2015-AVG. TOTAL MEALS SERVED DAILY 2739 46.76% (22 DAYS)

\$\$ SHOW ME THE MONEY \$\$

National School Lunch Program Reimbursable Rates

	Federal	State	Total
FREE	\$3.23	\$0.055	\$3.285
REDUCED	\$2.83	\$0.055	\$2.885
PAID	\$0.31	\$0.05	\$0.36
*HHFKA	\$0.06	\$0.00	\$0.06

* HEALTHY HUNGER FREE KIDS ACT 2010

BREAKFAST PARTICIPATION SEPTEMBER 2017

SCHOOL	AVG. MEALS	% PARTICIPATION
ARLETH	106	22.70%
EISENHOWER	69	13.56%
TRUMAN	65	14.10%
WILSON	53	14.76%
SAMSEL UES	93	7.91%
MIDDLE SCHOOL	69	5.03%
HIGH SCHOOL	90	5.35%

2017-AVG. TOTAL MEALS SERVED DAILY 545 9.05% (16 DAYS)

2016-AVG. TOTAL MEALS SERVED DAILY 453 7.69% (17 DAYS)

2015-AVG. TOTAL MEALS SERVED DAILY 298 5.10% (17 DAYS)

BREAKFAST PARTICIPATION OCTOBER 2017

SCHOOL	AVG. MEALS	% PARTICIPATION
ARLETH	118	25.32%
EISENHOWER	94	18.58%
TRUMAN	92	20.17%
WILSON	76	21.05%
SAMSEL UES	153	12.98%
MIDDLE SCHOOL	104	7.54%
HIGH SCHOOL	118	6.97%

2017-AVG. TOTAL MEALS SERVED DAILY 755 12.50% (22 DAYS)

2016-AVG. TOTAL MEALS SERVED DAILY 626 10.59% (19 DAYS)

2015-AVG. TOTAL MEALS SERVED DAILY 494 8.43% (22 DAYS)



SHOW ME MORE MONEY

National School Breakfast Program

	Federal	State	Total
FREE	\$2.09	\$0.00	\$2.09
REDUCED	\$1.79	\$0.00	\$1.79
PAID	\$0.30	\$0.00	\$0.30

SEVERE NEED RATES

AREAS THAT NEED IMPROVEMENT

- Candy and other food sales that occur during school hours
- Website communication
- Compliance with the completion of free and reduced applications
- Dealing with IOU's



WHAT'S COOKING FOR 2017-2018

- More money allocated to purchase Fresh produce through commodities DOD
- Investigating use of kiosks in entrance ways for the Breakfast Program to boost participation at SUES, SMS and SWMHS
- IOU Policy waiting for Approval
- More catering for additional revenue
- Replacing old equipment as needed

EQUIPMENT NEEDS

<u>Description</u>	<u>Quantity</u>	<u>Unit Price</u>	<u>Total</u>
Warmers for elementary schools	4	\$ 1,880.00	\$ 7,520.00
Walk in refrigerators for Arleth & Eisenhower	2	\$ 8,000.00	\$ 16,000.00
Walk in freezers at Arleth & Eisenhower schools	2	\$ 8,000.00	\$ 16,000.00
Breakfast Kiosks	3	\$ 4,000.00	\$ 12,000.00
Wireless Tablet with Case	3	\$ 1,400.00	\$ 4,200.00
Scanners	3	\$ 350.00	\$ 1,050.00
Adapters	3	\$ 170.00	\$ 510.00
Station license	1	\$ 326.00	\$ 326.00
Salad Bar carts	6	\$ 2,000.00	\$ 12,000.00
Carts & Racks	20	\$ 300.00	\$ 6,000.00
Total			\$ 75,606.00

PARTICIPATION COMPARISON 2015-16

District	Annualized Average Daily Attendance	Lunch					Breakfast				
		Paid	Reduced	Free	Total	%	Paid	Reduced	Free	Total	%
East Brunswick	1,398,445	372,841	29,255	132,552	534,648	38%	11,225	2,428	20,559	34,212	2%
Edison	2,619,540	522,909	78,753	28,846	630,508	24%	38,335	61,021	165,734	265,090	10%
Monroe	1,128,060	438,557	14,222	45,685	498,464	44%	7,463	-	1,241	8,704	1%
North Brunswick	1,040,382	248,581	44,129	291,279	583,989	56%	7,404	26,410	179,409	213,223	20%
Old Bridge	1,519,740	329,027	64,020	212,518	605,565	40%	6,764	4,624	38,982	50,370	3%
Sayreville	1,040,858	205,045	60,421	229,077	494,543	48%	15,353	16,510	75,745	107,608	10%
Woodbridge	2,343,780	416,161	107,591	517,369	1,041,121	44%	16,666	18,000	263,114	297,780	13%

	AUDITED	AUDITED	AUDITED	AUDITED	ANTICIPATED	ANTICIPATED
	<u>2013-14</u>	<u>2014-15</u>	<u>2015-16</u>	<u>2016-17</u>	<u>2017-18</u>	<u>2018-19</u>
OPERATING REVENUE						
DAILY SALES - REIMBURSABLE	\$ 985,703.85	\$ 1,048,456.81	\$ 1,081,226.37	\$ 1,118,722.84	\$ 1,155,000.00	\$ 1,175,000.00
OTHER	\$ 1,504.73	\$ -	\$ -	\$ -	\$ -	\$ -
NONOPERATING REVENUE						
STATE SCHOOL LUNCH	\$ 22,478.77	\$ 25,206.28	\$ 24,124.20	\$ 24,891.91	\$ 25,300.00	\$ 25,800.00
NATIONAL SCHOOL LUNCH	\$ 1,005,785.43	\$ 1,069,791.86	\$ 1,146,703.77	\$ 1,222,177.30	\$ 1,305,000.00	\$ 1,350,000.00
USDA FOOD COMMODITIES	\$ 151,850.76	\$ 174,589.38	\$ 155,944.68	\$ 161,604.01	\$ 165,000.00	\$ 170,000.00
TOTAL REVENUE	\$ 2,167,323.54	\$ 2,318,044.33	\$ 2,407,999.02	\$ 2,527,396.06	\$ 2,650,300.00	\$ 2,720,800.00
OPERATING EXPENSES						
COST OF SALES - REIMBURSABLE	\$ 933,500.75	\$ 1,004,380.79	\$ 1,053,095.13	\$ 1,084,302.01	\$ 1,140,000.00	\$ 1,199,000.00
SALARIES	\$ 960,753.43	\$ 926,623.09	\$ 1,003,776.45	\$ 1,015,310.05	\$ 1,036,000.00	\$ 1,057,000.00
EMPLOYEE BENEFITS	\$ 146,180.04	\$ 154,035.45	\$ 187,117.43	\$ 202,567.98	\$ 207,000.00	\$ 238,000.00
REPAIRS AND MAINTENANCE	\$ 24,624.69	\$ 31,179.32	\$ 41,611.41	\$ 27,904.09	\$ 40,000.00	\$ 45,000.00
SUPPLIES AND MATERIALS	\$ 115,670.70	\$ 162,414.99	\$ 96,019.07	\$ 79,356.10	\$ 125,000.00	\$ 150,000.00
MISCELLANEOUS	\$ 1,698.00	\$ 3,305.85	\$ 2,001.15	\$ 10,549.07	\$ 5,000.00	\$ 5,000.00
DEPRECIATION	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
TOTAL OPERATING EXPENSES	\$ 2,182,427.61	\$ 2,281,939.49	\$ 2,383,620.64	\$ 2,419,989.30	\$ 2,553,000.00	\$ 2,694,000.00
NET PROFIT(LOSS)	\$ (15,104.07)	\$ 36,104.84	\$ 24,378.38	\$ 107,406.76	\$ 97,300.00	\$ 26,800.00
RETAINED EARNINGS 7/1	\$ 118,267.43	\$ 103,163.36	\$ 139,268.20	\$ 163,646.58	\$ 271,053.34	\$ 368,353.34
RETAINED EARNINGS 6/30	\$ 103,163.36	\$ 139,268.20	\$ 163,646.58	\$ 271,053.34	\$ 368,353.34	\$ 395,153.34