

Summer Enrichment Program

2022 Course Catalog

(All Courses are In-Person)

The **Mt. Lebanon Summer Enrichment Program** is available to students (both in Mt. Lebanon SD and out of district) entering grades 4-8 for the 2022-2023 school year. The program runs four days a week, Monday-Thursday, from 9am-12pm. Courses follow the below pay structure:

- 12 Hour Courses (3 hours per day) - \$105
- 6 Hour Courses (1.5 hours per day) - \$55
- Band - \$100

There will be four sessions this year. The dates for those sessions are:

- Week 1: June 13-16
- Week 2: June 20-23
- Week 3: June 27-30
- Week 4: July 11-14
- Week 5: July 18-21 (Band ONLY)

Below is our course catalog for the 2022 Summer Enrichment Program. Registration will open on **Monday, May 23rd at 7:00 PM**. To register for summer enrichment courses, you can access the [Summer Enrichment page](#) of the Mt. Lebanon School District website. On this page, there will be a link to the registration website. [HERE](#) is a direct link to the Summer Enrichment Family ID page and registration site. Once courses become live, they can be viewed at the bottom of the page for registration.

We hope you will consider joining us for an enrichment activity (or two!) this summer! If you have any questions, please reach out to us at summerenrichment@mtlsd.net - we are happy to help!

George Cogis

Ben Polakoski

Bruce Fronk

Baking	Grades: 4-8	9AM - 12PM Location: Jefferson Middle School	Instructor: Jason Philips & Carly Philips	Session 2: June 20 - June 23 Session 3: June 27 - June 30	\$105
<p><i>"Baking" will consist of a combination of baking tasty recipes that are fun for the whole family, practice the importance of caring for our baking supplies, and instructions on how to be safe in the kitchen. The goal is to make at least one recipe a day that can be taken home and shared with families. "Baking" will be the weeks of June 20 and June 27 from 9:00 - 12:00. We look forward to seeing you there!</i></p>					
Basic Model Rocketry/Advanced Model Rocketry	Grades: 4-8	9AM - 12PM Location: High School	Instructor: Richard Briggs & Richard Getkin	Session 1: June 13 - June 16 Session 2: June 20 - June 23 Session 3: June 27 - June 30 Session 4: July 11 - July 14	\$105
<p><i>Rocketry Rules! Come see what fun is all about in Basic or Advanced Model Rocketry. In this course, students will get an introduction of model rocketry and learn to apply Newton's Three Laws. Students will construct a model rocket with instruction and assistance. Students will build and fly model rockets in this course (and keep their rocket upon completion of the course.) The only requirement for this course is a willingness to have fun.</i></p> <p><i>"We Build 'Em and Fly 'Em!"</i></p> <p><i>*You can choose one of two options: Basic or Advanced. Younger students or students new to model rocketry are encouraged to first participate in the Basic Model Rocketry.</i></p>					
Cooking Creations	Grades: 4-8	9AM - 12PM Location: Mellon Middle School	Instructor: Dave Misterka & Paula Hogenmiller	Session 1: June 13 - June 16 Session 2: June 20 - June 23 Session 3: June 27 - June 30	\$105
<p>Do you love to create in the kitchen? Come learn some new recipes and eat some tasty food! In this class, we will learn how to prepare some delicious food. Our menu for this class is below:</p> <ul style="list-style-type: none"> • <i>Day 1 - Meatless Monday - garden salad, cheesy garlic bread, baked ziti</i> • <i>Day 2 - Taco Tuesday - browned meat (beef, chicken, or turkey) tacos, quesadillas, veggie fajitas</i> • <i>Day 3 - No Cook Wednesday: veggie sticks and homemade hummus, guacamole, caprese salad, and berries with whipped cream</i> 					

- Day 4 - Thursday with a chance of Meatballs - spaghetti with meatballs, wedding soup

Makers...Take the Stage!	Grades: 4-8	9AM - 12PM Location: High School	Instructor: Joyce Divine	Session 2: June 20-June 23	\$105
---------------------------------	--------------------	---	---------------------------------	-----------------------------------	--------------

This program is loosely based on Odyssey of the Mind, and is powered by kids' love of making things and then using them to perform shows for others. Students will be divided into small groups and given a prompt. Then, using random materials provided, they will create costumes, props, and whatever else is needed to stage a short, (usually very silly) skit for the rest of the group. Creativity and maker skills -- as well as teamwork and performance skills -- are nurtured and applauded.

Babysitting	Grades: 4-8	10:30AM - 12PM Location: High School	Instructor: Dana Tecza	Session 2: June 20 - June 23 Session 4: July 11-14	\$55
--------------------	--------------------	---	-------------------------------	---	-------------

In this class you will learn everything you need to know to become "the" go-to babysitter in your neighborhood! This course will teach you all of the do's and don'ts of becoming an expert babysitter. Through this course, you will learn how to handle situations that may occur while babysitting. Examples of topics covered are: safety, arts and craft ideas, songs, indoor and outdoor activities, how to make a flier or business card and some easy snack ideas!

Engineering and Designing in Matt's MakerSpace	Grades: 6-8	9AM - 12PM Location: Mellon Middle School	Instructor: Julie Snyder	Session 1: June 13-16 Session 2: June 20-23 (Limit 12 students per session)	\$105
---	--------------------	--	---------------------------------	--	--------------

Do you love to design, build and solve problems? In this course, you will learn to 3D print, laser engrave, create your own t-shirt design, and work through an engineering design challenge.

Day 1: Design and 3D print a puzzle cube

Day 2: Design and laser engrave a cell phone holder

Day 3: Design and create a t-shirt using the Cricut Machine and heat press

Day 4: Complete an Engineering Design Challenge

Cardboard Toys	Grades: 4-8	9AM - 12PM Location: High School	Instructor: Bill Zbozny Del Percio	Session 1: June 13 - June 16 Session 2: June 20 - June 23 Session 3: June 27 - June 30 Session 4: July 11 - July 14	\$105
<i>Learn to make "robotic" creatures using skills in cardboard construction and circuitry. Disassemble and harvest parts from old electronics, then hack them into components to make your creature come to life!</i>					
Don't Throw That Out!	Grades: 4-8	9AM - 12PM Location: Washington Elementary	Instructor: Jayne Simon	Session 3: June 27 - June 30	\$105
<p><i>Do you love art? Do you love learning about our planet and the environment? In this course, we will learn about systems in place for recycling, and have fun doing it! In this jam-packed week of excitement, we will learn about how to take care of our environment by recycling and making art out of recycled materials. We will create, design, paint, experiment, and get messy! Wear clothes you don't mind getting a little colorful, turn up those creative juices, and most importantly get ready to have fun!</i></p> <p><i>Please feel free to bring recycled materials for our projects:</i></p> <ul style="list-style-type: none"> - Paper towel/toilet paper rolls - Newspaper/magazines - Bottles - Egg Cartons - Straws - Old crayons - Old clothes/fabric 					
Yoga, Breathwork and Meditation	Grades: 4-8	10:30AM - 12PM Location: High School	Instructor: Beverly Gray	Session 3: June 27 - June 30	\$55
<p><i>Kids-inspired yoga and movement with a focus on body awareness and breathwork, providing students with a foundation to handle stress outside of their yoga practice. We will also begin the basics of sitting in meditation, a practice that will benefit students for years to come.</i></p> <p><i>Bev is a 200-hour certified yoga instructor, currently pursuing her 500-hour certification. She has spent the last nine years working in</i></p>					

elementary classrooms with children as a teacher aide.

Bring your own mat!

Dance & Move	Grades: 5-8	9AM - 12PM Location: High School	Instructor: Lila Snodgrass	Session 2: June 20 - June 23 Session 3: June 27 - June 30	\$105
-------------------------	--------------------	---	-----------------------------------	--	--------------

Students will spend each day exploring the techniques of jazz, hip hop, and contemporary dance through technique, improvisation, and choreography. Teacher-led combinations and small group choreography designed by students are just two of the activities offered in addition to technique class. This class is appropriate for beginning through intermediate dancers.

Team Sports	Grades: 4-8	10:30AM - 12PM Location: Mellon Middle School	Instructor: Jonathan Floss	Session 3: June 27 - June 30 Session 4: July 11- July 14	\$55
--------------------	--------------------	--	-----------------------------------	---	-------------

Get out and break a sweat! This course will focus on getting active and developing teamwork as students participate in kickball and flag football.

Summer Orchestra	Grades: 4-5 Grades: 6-8	9AM - 10:30AM 10:30AM - 12PM Location: High School	Instructor: Pierce Cook	Session 3: June 27 - June 30 Session 4: July 11 - July 14	\$55
-------------------------	--	---	--------------------------------	--	-------------

It's showtime! We will work toward putting on a short performance of 3 - 5 pieces at the end of the week. This is for any students enrolled in orchestra at their school or who already take lessons on a stringed instrument.

Movement Exploration	Grades: 4-8	9AM - 12PM Location: High School	Instructor: Jessica Bauer	Session 1: June 13 - June 16 Session 4: July 11 - July 14	\$105
-----------------------------	--------------------	---	----------------------------------	--	--------------

Does your student like to move or stay active? Then this exploratory movement workshop is the place to be! In this program, students will engage in fitness and dance-related movements, where no experience is needed. We will explore how different movements can feel, depending on their intensities, which includes a mathematical component of calculating heart rate after engaging in them, while considering how we can blend the two types to match the mood of music. The next portion of the program will be centered around collaboratively choreographing movement pieces both to music and without music. A focal point will be designing movement to match the

lyrics and/or mood of the selected song, followed by a discussion regarding the differences and challenges in creating one versus the other. Students will have the opportunity to perform and teach their routine to the rest of the group and reflect on their experience of taking on the “teaching” role and learning something new from peers. To conclude this program, everyone will take part in choreographing a whole-group routine, using their past experiences from the program to assist them.

Note: Your student may want to wear more comfortable clothing that is easy to move around in, including sneakers or tennis shoes. They may also bring a water bottle.

The Math Behind Budgeting & Concepts of Money	Grades: 4-8	9AM - 10:30AM Location: High School	Instructor: Jessica Bauer	Session 2: June 20 - June 23 Session 3: June 27 - June 30	\$55
--	--------------------	--	----------------------------------	--	-------------

Personal finance plays a pertinent part in a person’s life, as it is evident in its many aspects. In this program, your student will embark on their own adventure of planning a trip to a destination of their choice, considering all that goes into making it possible. In addition, they will design a future to live on their own, meeting individual needs while balancing them with wants. This will also explore the mathematical components of budgeting by examining the elements of shopping: comparing store prices, using coupons, buying in bulk, etc. Lastly, there will be a collaborative portion where students will establish a business of their choice, given a budget. At the conclusion of each section of this program, we will engage in discussion, reflecting on what was learned during the experience and how that can be used in the future when faced with these realities.

Creative Writing	Grades: 4-8	10:30AM - 12PM Location: High School	Instructor: Jessica Bauer	Session 2: June 20 - June 23 Session 3: June 27 - June 30	\$55
-------------------------	--------------------	---	----------------------------------	--	-------------

This workshop will allow your student to engage in various writing experiences, including a free-write, a piece surrounding something that holds value or importance in their life, and a challenge that involves picking one item to create a story around. Among these writing activities, we will engage in self, teacher, and peer conferences and revision along with discussions about what components make a good piece of writing. This will include talking about the writing process, along with the challenges faced, of arriving at the final piece. Lastly, students will create a visual to accompany their writing pieces and we will hold a story walk and circle time, where students will be given the opportunity to share their final pieces.

Mindfulness	Grades: 4-8	9AM - 10:30AM Location: High School	Instructor: Regina Sandora	Session 1: June 13 - June 16	\$55
--------------------	--------------------	--	-----------------------------------	-------------------------------------	-------------

Explore the mind, body, and breath connection through yoga poses and mindfulness games, activities, and crafts. Yoga movement is proven to help physical, sensory, cognitive, and social and emotional development. Enjoy the benefits of increased flexibility, posture, general well-being, and self-regulation skills (to name just a few). In this class we will breathe, move, and craft with certified kids yoga instructor, Regina Sandora, as we explore themes such as mindfulness, tension, and positivity through games and flows.

Bring your own mat and water bottle!

Knitting Your Way	Grades: 4-8	9AM - 10:30PM Location: High School	Instructor: Joyce Devine	Session 1: June 13 - June 16 Session 3: June 27 - June 30 Session 4: July 11- July 14	\$55
--------------------------	--------------------	--	---------------------------------	--	-------------

Great for beginners or those with knitting experience. Learn to knit awesome things for yourself or as gifts. Learn how to customize and make things your way. For those new to knitting, we will start with basic stitches and make a face washcloth. Then students can design their own washcloth pattern with knits and purls. Finally we will look at a few beginner patterns and possibly get started! For experienced knitters (who know how to cast on, knit and purl, and bind off,) the class will focus on additional skills like increases, decreases, reading patterns, and fancy stitches. Knitting needles and wash clothes supplies are provided for all. Experienced knitters may want to bring project yarn and/or pattern(s) to receive specific-project assistance.

Novel Study	Grades: 4-5	9AM - 12PM Location: High School	Instructor: Nicole Hauskins	Session 1: June 13 - June 16	\$105
--------------------	--------------------	---	------------------------------------	-------------------------------------	--------------

Join us as we explore the book, PAX. In this novel study we will read the book together and dive into the different parts of a book that make it great such as character development, setting, plot, and more. We will work to create a journal on the book and end with writing our own ending to the story.

Board Games	Grades: 4-8	9AM - 12PM Location: High School	Instructor: Nicole Hauskins	Session 4: July 11 - July 14	\$105
--------------------	--------------------	---	------------------------------------	-------------------------------------	--------------

Do you want to become more competitive during family game night? Join us as we play different board games together and talk about strategy. We will also incorporate some math enrichment games to sharpen our skills. Come ready to play!

Band	Grades: 5-8	9AM - 12PM	Instructor: Band Directors	Session 5: July 18- July 21	\$100
-------------	--------------------	-------------------	-----------------------------------	------------------------------------	--------------

		Location: High School			
--	--	------------------------------	--	--	--

A four day intensive for band students entering Grade 5-8. The camp will run from 9am-12pm on Monday, July 18 to Thursday, July 21. Students will be divided into two ensembles, 5th/6th Grade Band and 7th/8th Grade Band, that will be co-directed by the Mt. Lebanon Band Directors. Students will utilize and build upon instrumental skills learned throughout the school year. Students will also have the opportunity to interact with our school marching band program through activities led by our marching band leadership.

The camp will culminate with a performance by each ensemble on Thursday, July 21 in Center Court at the High School. Even more important, every student participating will also be invited to perform the National Anthem at the Pittsburgh Pirates game on Sunday, July 24!

The registration cost of this camp will be \$100. This fee will cover the students registration and a Summer Band Camp t-shirt. Tickets for the Pirates Game will be available for purchase separate from the registration fee. Students must purchase a ticket in order to perform at the Pirates Game. Tickets will be available for family members. Ryan Smith, Elementary Band Director, will send out further details about ticket purchase after registration is completed.