

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2022 thru Mar 25, 2022

**Menu Name:** Elementary Breakfast

**Include Cost:** No

**Site:**

**Report Style:** Detailed

### Tuesday - 03/01/2022

### Reimbursable Meal Total 1

|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| 000786 Bagel White Whole Grain | EACH         | 70        | 44.60    |
| 000816 Cheese Cream            | Each         | 70        | 1.00     |
| 000481 Cereal Assorted 2 Grain | Each         | 30        | 43.50    |
| 990215 Applesauce Cups         | Each         | 25        | 14.00    |
| 000464 Raisins                 | Each         | 25        | 30.76    |
| 990151 Apple (163 Count)       | Each         | 25        | 19.06    |
| 901301 Banana Petite           | EACH         | 25        | 23.07    |
| 990268 Orange Juice            | 4oz          | 50        | 13.00    |
| 000230 Milk 1% low fat         | Each         | 50        | 16.00    |
| Weighted Daily Average         |              |           | 8119.26  |
| % of Calories                  |              |           | 73.5%    |
| Weekly Nutrient Guideline      |              |           |          |

### Wednesday - 03/02/2022

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2022 thru Mar 25, 2022

|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| 990315 Waffle Vanilla IW       | Each         | 70        | 38.00    |
| 000481 Cereal Assorted 2 Grain | Each         | 30        | 43.50    |
| 990215 Applesauce Cups         | Each         | 25        | 14.00    |
| 000464 Raisins                 | Each         | 25        | 30.76    |
| 990151 Apple (163 Count)       | Each         | 25        | 19.06    |
| 901301 Banana Petite           | EACH         | 25        | 23.07    |
| 990268 Orange Juice            | 4oz          | 50        | 13.00    |
| 000230 Milk 1% low fat         | Each         | 50        | 16.00    |
| Weighted Daily Average         |              |           | 7587.26  |
| % of Calories                  |              |           | 74.2%    |
| Weekly Nutrient Guideline      |              |           |          |

**Thursday - 03/03/2022**

**Reimbursable Meal Total 1**

|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| 000769 Bread Banana            | Each         | 70        | 47.00    |
| 000481 Cereal Assorted 2 Grain | Each         | 30        | 43.50    |
| 990215 Applesauce Cups         | Each         | 25        | 14.00    |
| 000464 Raisins                 | Each         | 25        | 30.76    |
| 990151 Apple (163 Count)       | Each         | 25        | 19.06    |

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2022 thru Mar 25, 2022

|                           |      |    |         |
|---------------------------|------|----|---------|
| 901301 Banana Petite      | EACH | 25 | 23.07   |
| 990268 Orange Juice       | 4oz  | 50 | 13.00   |
| 000230 Milk 1% low fat    | Each | 50 | 16.00   |
| Weighted Daily Average    |      |    | 8217.26 |
| % of Calories             |      |    | 75.2%   |
| Weekly Nutrient Guideline |      |    |         |

**Friday - 03/04/2022**

**Reimbursable Meal Total 1**

|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| 000739 Pan Dulce/Concha        | Each         | 70        | 34.00    |
| 000481 Cereal Assorted 2 Grain | Each         | 30        | 43.50    |
| 990215 Applesauce Cups         | Each         | 25        | 14.00    |
| 000464 Raisins                 | Each         | 25        | 30.76    |
| 990151 Apple (163 Count)       | Each         | 25        | 19.06    |
| 901301 Banana Petite           | EACH         | 25        | 23.07    |
| 990268 Orange Juice            | 4oz          | 50        | 13.00    |

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2022 thru Mar 25, 2022

|                           | Portion Size | Reimb Qty | Carb (g) |
|---------------------------|--------------|-----------|----------|
| 000230 Milk 1% low fat    | Each         | 50        | 16.00    |
| Weighted Daily Average    |              |           | 7307.26  |
| % of Calories             |              |           | 74.0%    |
| Weekly Nutrient Guideline |              |           |          |

**Monday - 03/07/2022**

**Reimbursable Meal Total 1**

|                                   | Portion Size | Reimb Qty | Carb (g) |
|-----------------------------------|--------------|-----------|----------|
| 990289 Gogurt & Cracker Breakfast | Each         | 50        | 41.00    |
| 000481 Cereal Assorted 2 Grain    | Each         | 50        | 43.50    |
| 990215 Applesauce Cups            | Each         | 25        | 14.00    |
| 000464 Raisins                    | Each         | 25        | 30.76    |
| 990151 Apple (163 Count)          | Each         | 25        | 19.06    |
| 901301 Banana Petite              | EACH         | 25        | 23.07    |
| 990268 Orange Juice               | 4oz          | 50        | 13.00    |
| 000230 Milk 1% low fat            | Each         | 50        | 16.00    |
| Weighted Daily Average            |              |           | 7847.26  |
| % of Calories                     |              |           | 81.1%    |
| Weekly Nutrient Guideline         |              |           |          |

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2022 thru Mar 25, 2022

### Tuesday - 03/08/2022

### Reimbursable Meal Total 1

|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| 000786 Bagel White Whole Grain | EACH         | 70        | 44.60    |
| 000816 Cheese Cream            | Each         | 70        | 1.00     |
| 000481 Cereal Assorted 2 Grain | Each         | 30        | 43.50    |
| 990215 Applesauce Cups         | Each         | 25        | 14.00    |
| 000464 Raisins                 | Each         | 25        | 30.76    |
| 990151 Apple (163 Count)       | Each         | 25        | 19.06    |
| 901301 Banana Petite           | EACH         | 25        | 23.07    |
| 990268 Orange Juice            | 4oz          | 50        | 13.00    |
| 000230 Milk 1% low fat         | Each         | 50        | 16.00    |
| Weighted Daily Average         |              |           | 8119.26  |
| % of Calories                  |              |           | 73.5%    |
| Weekly Nutrient Guideline      |              |           |          |

### Wednesday - 03/09/2022

### Reimbursable Meal Total 1

|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| 990314 Pancakes Mini Confetti  | Each         | 70        | 36.08    |
| 000481 Cereal Assorted 2 Grain | Each         | 30        | 43.50    |

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2022 thru Mar 25, 2022

|                           |      |    |         |
|---------------------------|------|----|---------|
| 990215 Applesauce Cups    | Each | 25 | 14.00   |
| 000464 Raisins            | Each | 25 | 30.76   |
| 990151 Apple (163 Count)  | Each | 25 | 19.06   |
| 901301 Banana Petite      | EACH | 25 | 23.07   |
| 990268 Orange Juice       | 4oz  | 50 | 13.00   |
| 000230 Milk 1% low fat    | Each | 50 | 16.00   |
| Weighted Daily Average    |      |    | 7452.69 |
| % of Calories             |      |    | 74.9%   |
| Weekly Nutrient Guideline |      |    |         |

**Thursday - 03/10/2022**

**Reimbursable Meal Total 1**

|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| 000769 Bread Banana            | Each         | 70        | 47.00    |
| 000481 Cereal Assorted 2 Grain | Each         | 30        | 43.50    |
| 990215 Applesauce Cups         | Each         | 25        | 14.00    |
| 000464 Raisins                 | Each         | 25        | 30.76    |
| 990151 Apple (163 Count)       | Each         | 25        | 19.06    |
| 901301 Banana Petite           | EACH         | 25        | 23.07    |
| 990268 Orange Juice            | 4oz          | 50        | 13.00    |
| 000230 Milk 1% low fat         | Each         | 50        | 16.00    |

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2022 thru Mar 25, 2022

|                           |  |  |         |
|---------------------------|--|--|---------|
| Weighted Daily Average    |  |  | 8217.26 |
| % of Calories             |  |  | 75.2%   |
| Weekly Nutrient Guideline |  |  |         |

### Friday - 03/11/2022

### Reimbursable Meal Total 1

|  | Portion Size | Reimb Qty | Carb (g) |
|--|--------------|-----------|----------|
| 990316 Sandwich Breakfast H&C Hawaiian | Each         | 70        | 27.21    |
| 000481 Cereal Assorted 2 Grain         | Each         | 30        | 43.50    |
| 990215 Applesauce Cups                 | Each         | 25        | 14.00    |
| 000464 Raisins                         | Each         | 25        | 30.76    |
| 990151 Apple (163 Count)               | Each         | 25        | 19.06    |
| 901301 Banana Petite                   | EACH         | 25        | 23.07    |
| 990268 Orange Juice                    | 4oz          | 50        | 13.00    |
| 000230 Milk 1% low fat                 | Each         | 50        | 16.00    |
| Weighted Daily Average                 |              |           | 6832.04  |
| % of Calories                          |              |           | 73.6%    |
| Weekly Nutrient Guideline              |              |           |          |

### Monday - 03/14/2022

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2022 thru Mar 25, 2022

|                                   | Portion Size | Reimb Qty | Carb (g) |
|-----------------------------------|--------------|-----------|----------|
| 990289 Gogurt & Cracker Breakfast | Each         | 50        | 41.00    |
| 000481 Cereal Assorted 2 Grain    | Each         | 50        | 43.50    |
| 990215 Applesauce Cups            | Each         | 25        | 14.00    |
| 000464 Raisins                    | Each         | 25        | 30.76    |
| 990151 Apple (163 Count)          | Each         | 25        | 19.06    |
| 901301 Banana Petite              | EACH         | 25        | 23.07    |
| 990268 Orange Juice               | 4oz          | 50        | 13.00    |
| 000230 Milk 1% low fat            | Each         | 50        | 16.00    |
| Weighted Daily Average            |              |           | 7847.26  |
| % of Calories                     |              |           | 81.1%    |
| Weekly Nutrient Guideline         |              |           |          |

**Tuesday - 03/15/2022**

**Reimbursable Meal Total 1**

|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| 000786 Bagel White Whole Grain | EACH         | 70        | 44.60    |
| 000816 Cheese Cream            | Each         | 70        | 1.00     |
| 000481 Cereal Assorted 2 Grain | Each         | 30        | 43.50    |
| 990215 Applesauce Cups         | Each         | 25        | 14.00    |
| 000464 Raisins                 | Each         | 25        | 30.76    |



# Base Menu Spreadsheet

## Portion Values

Mar 1, 2022 thru Mar 25, 2022

|                                  |      |    |                |
|----------------------------------|------|----|----------------|
| 990151 Apple (163 Count)         | Each | 25 | 19.06          |
| 901301 Banana Petite             | EACH | 25 | 23.07          |
| 990268 Orange Juice              | 4oz  | 50 | 13.00          |
| 000230 Milk 1% low fat           | Each | 50 | 16.00          |
| <b>Weighted Daily Average</b>    |      |    | <b>8119.26</b> |
| % of Calories                    |      |    | 73.5%          |
| <b>Weekly Nutrient Guideline</b> |      |    |                |

**Wednesday - 03/16/2022**

**Reimbursable Meal Total 1**

|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| 990311 Breakfast Bun           | Each         | 70        | 38.00    |
| 000481 Cereal Assorted 2 Grain | Each         | 30        | 43.50    |
| 990215 Applesauce Cups         | Each         | 25        | 14.00    |
| 000464 Raisins                 | Each         | 25        | 30.76    |
| 990151 Apple (163 Count)       | Each         | 25        | 19.06    |
| 901301 Banana Petite           | EACH         | 25        | 23.07    |
| 990268 Orange Juice            | 4oz          | 50        | 13.00    |

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2022 thru Mar 25, 2022

|                           | Portion Size | Reimb Qty | Carb (g) |
|---------------------------|--------------|-----------|----------|
| 000230 Milk 1% low fat    | Each         | 50        | 16.00    |
| Weighted Daily Average    |              |           | 7587.26  |
| % of Calories             |              |           | 70.5%    |
| Weekly Nutrient Guideline |              |           |          |

**Thursday - 03/17/2022**

**Reimbursable Meal Total 1**

|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| 000769 Bread Banana            | Each         | 70        | 47.00    |
| 000481 Cereal Assorted 2 Grain | Each         | 30        | 43.50    |
| 990215 Applesauce Cups         | Each         | 25        | 14.00    |
| 000464 Raisins                 | Each         | 25        | 30.76    |
| 990151 Apple (163 Count)       | Each         | 25        | 19.06    |
| 901301 Banana Petite           | EACH         | 25        | 23.07    |
| 990268 Orange Juice            | 4oz          | 50        | 13.00    |
| 000230 Milk 1% low fat         | Each         | 50        | 16.00    |
| Weighted Daily Average         |              |           | 8217.26  |
| % of Calories                  |              |           | 75.2%    |
| Weekly Nutrient Guideline      |              |           |          |

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2022 thru Mar 25, 2022

### Friday - 03/18/2022

### Reimbursable Meal Total 1

|                                  | Portion Size | Reimb Qty | Carb (g) |
|----------------------------------|--------------|-----------|----------|
| 990313 Calzone Country Breakfast | Each         | 70        | 21.00    |
| 000481 Cereal Assorted 2 Grain   | Each         | 30        | 43.50    |
| 990215 Applesauce Cups           | Each         | 25        | 14.00    |
| 000464 Raisins                   | Each         | 25        | 30.76    |
| 990151 Apple (163 Count)         | Each         | 25        | 19.06    |
| 901301 Banana Petite             | EACH         | 25        | 23.07    |
| 990268 Orange Juice              | 4oz          | 50        | 13.00    |
| 000230 Milk 1% low fat           | Each         | 50        | 16.00    |
| Weighted Daily Average           |              |           | 6397.26  |
| % of Calories                    |              |           | 68.4%    |
| Weekly Nutrient Guideline        |              |           |          |

### Monday - 03/21/2022

### Reimbursable Meal Total 1

|                                   | Portion Size | Reimb Qty | Carb (g) |
|-----------------------------------|--------------|-----------|----------|
| 990289 Gogurt & Cracker Breakfast | Each         | 50        | 41.00    |
| 000481 Cereal Assorted 2 Grain    | Each         | 50        | 43.50    |
| 990215 Applesauce Cups            | Each         | 25        | 14.00    |

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2022 thru Mar 25, 2022

|                           |      |    |         |
|---------------------------|------|----|---------|
| 000464 Raisins            | Each | 25 | 30.76   |
| 990151 Apple (163 Count)  | Each | 25 | 19.06   |
| 901301 Banana Petite      | EACH | 25 | 23.07   |
| 990268 Orange Juice       | 4oz  | 50 | 13.00   |
| 000230 Milk 1% low fat    | Each | 50 | 16.00   |
| Weighted Daily Average    |      |    | 7847.26 |
| % of Calories             |      |    | 81.1%   |
| Weekly Nutrient Guideline |      |    |         |

**Tuesday - 03/22/2022**

**Reimbursable Meal Total 1**

|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| 000786 Bagel White Whole Grain | EACH         | 70        | 44.60    |
| 000816 Cheese Cream            | Each         | 70        | 1.00     |
| 000481 Cereal Assorted 2 Grain | Each         | 30        | 43.50    |
| 990215 Applesauce Cups         | Each         | 25        | 14.00    |
| 000464 Raisins                 | Each         | 25        | 30.76    |
| 990151 Apple (163 Count)       | Each         | 25        | 19.06    |
| 901301 Banana Petite           | EACH         | 25        | 23.07    |
| 990268 Orange Juice            | 4oz          | 50        | 13.00    |
| 000230 Milk 1% low fat         | Each         | 50        | 16.00    |

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2022 thru Mar 25, 2022

|                           |  |  |         |
|---------------------------|--|--|---------|
| Weighted Daily Average    |  |  | 8119.26 |
| % of Calories             |  |  | 73.5%   |
| Weekly Nutrient Guideline |  |  |         |

### Wednesday - 03/23/2022

### Reimbursable Meal Total 1

|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| 990314 Pancakes Mini Confetti  | Each         | 70        | 36.08    |
| 000481 Cereal Assorted 2 Grain | Each         | 30        | 43.50    |
| 990215 Applesauce Cups         | Each         | 25        | 14.00    |
| 000464 Raisins                 | Each         | 25        | 30.76    |
| 990151 Apple (163 Count)       | Each         | 25        | 19.06    |
| 901301 Banana Petite           | EACH         | 25        | 23.07    |
| 990268 Orange Juice            | 4oz          | 50        | 13.00    |
| 000230 Milk 1% low fat         | Each         | 50        | 16.00    |
| Weighted Daily Average         |              |           | 7452.69  |
| % of Calories                  |              |           | 74.9%    |
| Weekly Nutrient Guideline      |              |           |          |

### Thursday - 03/24/2022

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2022 thru Mar 25, 2022

|                                | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| 000769 Bread Banana            | Each         | 70        | 47.00    |
| 000481 Cereal Assorted 2 Grain | Each         | 30        | 43.50    |
| 990215 Applesauce Cups         | Each         | 25        | 14.00    |
| 000464 Raisins                 | Each         | 25        | 30.76    |
| 990151 Apple (163 Count)       | Each         | 25        | 19.06    |
| 901301 Banana Petite           | EACH         | 25        | 23.07    |
| 990268 Orange Juice            | 4oz          | 50        | 13.00    |
| 000230 Milk 1% low fat         | Each         | 50        | 16.00    |
| Weighted Daily Average         |              |           | 8217.26  |
| % of Calories                  |              |           | 75.2%    |
| Weekly Nutrient Guideline      |              |           |          |

**Friday - 03/25/2022**

**Reimbursable Meal Total 1**

|                                  | Portion Size | Reimb Qty | Carb (g) |
|----------------------------------|--------------|-----------|----------|
| 990312 Burrito Breakfast Chorizo | Each         | 70        | 21.07    |
| 000481 Cereal Assorted 2 Grain   | Each         | 30        | 43.50    |
| 990215 Applesauce Cups           | Each         | 25        | 14.00    |
| 000464 Raisins                   | Each         | 25        | 30.76    |
| 990151 Apple (163 Count)         | Each         | 25        | 19.06    |

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2022 thru Mar 25, 2022

|                           |      |    |         |
|---------------------------|------|----|---------|
| 901301 Banana Petite      | EACH | 25 | 23.07   |
| 990268 Orange Juice       | 4oz  | 50 | 13.00   |
| 000230 Milk 1% low fat    | Each | 50 | 16.00   |
| Weighted Daily Average    |      |    | 6402.23 |
| % of Calories             |      |    | 67.1%   |
| Weekly Nutrient Guideline |      |    |         |

|                   |  |  |             |
|-------------------|--|--|-------------|
|                   |  |  | Carb<br>(g) |
| Weighted Averages |  |  | 7679.29     |
| % of Calories     |  |  | 74.5%       |

- \*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient
- \*** - denotes combined nutrient totals with either missing or incomplete nutrient data
- <sup>1</sup>** - denotes required nutrient values
- <sup>2</sup>** - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.