

San Mateo-Foster City School District

Food On Campus Guidelines

In accordance with federal regulations to update and adopt Wellness Policies by June 30, 2017, the District has updated and adopted the revisions to Wellness Board Policy 5030. The following guidelines are for all foods available on campus during the school day and for District programs except for one of the four site designated parties.



- ☆ Schools make every attempt to have **nut-and seed-free zones** to avoid accidental exposure to students and staff with allergies.
- ☆ Students do not share food. Not sharing protects the safety of students with food allergies and dietary restrictions.
- ☆ Homemade items to be shared are strictly forbidden at all times.
- ☆ Food is not used as an incentive or reward for academic performance, accomplishments, or student behavior.
- ☆ Schools support the use of ***non-food celebratory activities***



Birthday Celebrations

- Each school recognizes students' birthdays uniquely. Some active, non-food celebrations include the following –

-Sing a birthday song	-Is teacher's assistant for the day or line leader
-Share appreciations/kind stories	-Student chooses and/or reads the class a story
-Student shares photo timeline	-Create a birthday book or poster
-Birthday show and tell or crown	-Special art activity or game

Class Parties

- Schools decide when and if class parties will take place during the school day based on individual site needs. Principals reserve the right to determine what is the least disruptive to their schools and instruction.
 - Parties that include food cannot take place at any time that interferes with National School Lunch, School Breakfast, or After-School Snack Programs.
- **No more than four food parties a year** are permitted, generally one per quarter.
- Parties will be communicated to staff and parents at the beginning of each school year.
- Food must be store-bought, pre-packaged, shelf-stable (not require refrigeration), and with label listing ingredients and small portions are requested.
 - These items should not require heating.
 - Pre-packaged items that do require refrigeration may be served only when brought to campus at the time of the event.
- Please check with your site as they may have other restrictions or items that are prohibited.