

What's on the Menu?

Rochester Community Schools Secondary: In Person Breakfast Menu June 2022

A full student breakfast includes a choice of entrée supplying protein and grain, 1/2 cup fruit sides, and 1% chocolate or white milk.

	Monday	Tuesday	Wednesday	Thursday	Friday
			1	2	3
			Strawberry Stuffed Bagel Cupped Fruit	Breakfast Sausage Pizza Fresh Fruit	Chocolate Crescent Cupped Fruit
	6	7	8	9	10
FREE for all students everyday: Complete breakfast meals though the 2021-2022 school year!	WG Cinni Mini Pull-Apart Cinnamon Roll Cupped Fruit	Mini Waffles Fresh Fruit	Breakfast Bagel Sandwich Fresh Fruit	Breakfast Tacos Fresh Fruit	Grape Crescent Cupped Fruit
Menu subject to change due product availability	Have a happy and healthy summer!				
Remember to wash your hands before you eat!					
	Serving Daily: BeneFIT Bars, Bagels and Cream Cheese, Fruit Yogurt Parfait, and Muffin/Cheese Stick				



Questions or comments? Food Service Director Marsha Dziejewicz 248-726-4650
 Assistant Directors Tamara Brazelton 248-726-4601 or Marci Flaherty 248-726-4603
 Go to [MyPlate.gov](https://www.MyPlate.gov) for online personal wellness resources for you and your family.
 Make Checks Payable to RCS Foodservice.

This institution is an equal opportunity provider.

