

What's on the Menu?

Rochester Community Schools High School: In Person Lunch Menu June 2022

A full student lunch includes a choice of entrée supplying protein and grain, 1/2 cup fruit side, 1/2 cup of vegetable side, and 1% chocolate or white milk.

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>We offer a variety of fresh fruits and vegetables including legumes and green salad offered throughout the week.</p>			1	2	3
			Bosco Cheese Sticks w/ Pizza Dipping Sauce (V) OR Spicy or Regular Chicken Patty Sandwiches OR Deli Turkey and Cheese Sandwich	Chicken Popcorn w/WG Breadstick OR Grilled Cheese (V) OR Deli Turkey and Cheese Sandwich	Cheeseburger OR French Bread Pizza (V) OR Deli Turkey and Cheese Sandwich
	6	7	8	9	10
	Classic Cheese Pizza Slice (V) OR Chicken Tenders w/ Breadstick OR Deli Turkey and Cheese	Turkey Nacho Bowl Tortilla Chips and Salsa OR Bean and Cheese Burrito w/Salsa (V) OR Deli Turkey and Cheese Sandwich	1/2 Day of School	1/2 Day of School	1/2 Day of School

Menu subject to change due product availability.

Have a Happy and Healthy Summer!

We are currently not offering a la carte items.

All meals are FREE through the end of the school year due to a USDA waiver from COVID.



Questions or Comments? Food Service Director Marsha Dziewit 248-726-4650
 Assistant Directors Tamara Brazelton 248-726-4601 or Marci Flaherty 248-726-4603
 Go to MyPlate.gov for online wellness resources for you and your family. Make checks payable to RCS
 Foodservice. **This institution is an equal opportunity provider.**