# WEEK OF MAY 16, 2022 =

#### A MESSAGE FROM MR. JOHNSON:

Hello Everyone -

Happy Syttende Mai weekend! That paired with our annual Fun Run and a burst of warm weather made for building buzzing with excitement.

Below we have some really "fun" Fun Run photos - check them out!

Have a great weekend! Bob/Mr. Johnson

# **THE ANNUAL SANDHILL FUN RUN!**

























#### THIS WEEK'S NHA MESSAGE

It's taken me 3 weeks and 4 drafts to write this post. Mainly because my heart is heavy for how not okay our kids are right now.

So here is what you NEED to know from my boots on the ground vantage point.

Snapchat. Instagram. Tic Tok.

Maybe you can guess what I'm going to write. You've probably heard it before. Everything they say about these platforms is true:

- They INTERFERE WITH SCHOOL WORK AND GRADES
- They're ADDICTIVE.
- They're CHANGING childhood.
- They INCREASE anxiety and depression.
- They INTERFERE with sleep.
- They can expose kids to sexual content.

What started out as a fun way to connect pre-COVID, has morphed into an addicting tool that is changing the culture of our schools.



We are all relearning how to connect with people face to face. And I for one am still struggling with this.

Our children, who are just learning how to make, and be, good friends aren't even getting the opportunity to figure out what that means if they use social media. Group chats between friends have morphed into vehicles for bullying and harassment the likes that have never been seen before. Our kids don't have the skills to deal with conflict in person, let alone in writing. They send mean-spirited vitriol to each other at all hours of the day and night. They share former friends' phone numbers on platforms as retribution so other unseen and unknown people can join in on the harassment. And all of this comes to a head in our schools. The only place they are all together, all day. Schools are left to untangle the knotted, convoluted web and fix friendships that were shaky from the start because they are still learning how to be a friend.

It's no wonder our children are NOT okay.

This is NOT just a Stoughton problem. This is in EVERY school. In EVERY state. Across the nation.

All that being said, I have HOPE. All because of a conversation with a student yesterday. Hence, draft #4.

They told me about how they were having problems with their friends for all of the reasons above. They also told me how they dealt with it. They turned off their phone, climbed a tree, and watched the sunset as their dog looked on longingly to join them. Their mom came out and lay in the grass and had a heart-to-heart just looking at the stars. This brought me to tears.

The next morning, the first thing in their social media feed was more vitriol from a "friend" which again brought me to tears. But, they shared this with me and it will be dealt with and they will be okay because we too are having heart-to-heart conversations with the kids who share with us.

This is how TOGETHER we can solve any problem and overcome any obstacle to meet the goal of creating safe environments with humans who know their greatness and can move through the world with confidence and independence and without being tethered to their phones.

Ultimately, it all goes back to the poster, All I Need to Know I Learned in Kindergarten that I received 32 years ago from my cooperating teacher. It hangs in my office with a few additions in this world of social media:

"All I really need to know about how to live and what to do and how to be I learned in kindergarten. These are the things I learned: Share everything. Play fair. Don't hit people. Put things back where you found them. Clean up your own mess. Don't take things that aren't yours. Say you're sorry when you hurt somebody. Wash your hands before you eat. Flush. Warm cookies and cold milk are good for you. Live a balanced life-learn some and think some and draw and paint and sing and dance and play and work every day some. Take a nap every afternoon. When you go out into the world, watch out for traffic, hold hands, and stick together. Be aware of wonder. Remember the little seed in the Styrofoam cup: The roots go down and the plant goes up and nobody really knows how or why, but we are all like that. Goldfish and hamsters and white mice and even the little seed in the Styrofoam cup-they all die. So do we. And then remember the Dick and Jane books and the first word you learned- the biggest word of all-LOOK. Everything you need to know is in there somewhere. The Golden Rule and love and basic sanitation. Ecology and politics and equality and sane living. Take any one of those items and extrapolate it into sophisticated adult terms and apply it to your family life or your work or your government or your world and it holds true and clear and firm. Think what a better world it would be if we all-the whole world- had cookies and milk about three o'clock every afternoon and then lay down with our blankies for a nap. Or it all governments had as a basic policy to always put things back where they found them and to clean up their own mess. And it is still true, no matter how old you are-when you go out into the work, it is best to hold hands and stick together." Robert Fulghum

#### Additions:

- If the last time you touched your child's phone was when it was purchased, it's time to take it back and see what's going on.
- Have a conversation about what platforms they are on and what is happening on them.
- Teach them your expectations and monitor their usage. This article from <u>CARE</u> has some additional advice.
- Put YOUR phone down.
- Provide specific evidence when you see your child being kind or improving their stamina.
- Explain what qualities make a good friend.
- Remind your child that mistakes are how we learn and that everyone makes them.
- Lift up their, and their friends, greatness.
- Even though your children might say they don't want to talk with you- have more heart to hearts with your MOST IMPORTANT GIFTS

This is how we change the culture. This is how we change the world.

To your KINDERGARTEN SELF, GREATNESS, HUMANITY, & SIGNIFICANCE...

Amy, (Karla & Sara Jane )

## SCHOOL REMINDERS

#### **UPCOMING DATES**

May 24, 5th Grade Students to River Bluff for Orientation June 1, Kindergarten to Zoo June 2, 1st Grade to Norse Park June 3, 2nd Grade to Norse Park June 10, Last day of school (half day)

#### HUMAN GROWTH AND DEVELOPMENT

Dear Sandhill Fourth and Fifth Grade Parents/Guardians:



We would like to inform you of the fourth and fifth grade Human Growth and Development Program, which will cover adolescent changes (biological and emotional signs of puberty) including

menstruation. The unit will be taught the week of May 23. We will be showing the DVDs, *Just Around the Corner for Girls*, and *Just Around the Corner for Boys*. The DVDs will be available for parents / guardians to preview in the school library. If you are interested, contact your student's teacher to make arrangements.

If you **do not** want your student to participate in this program, please complete the opt out form, and return it to your student's classroom teacher. This form will be coming home in the upcoming weeks.

Sincerely,

Robert Johnson, Principal Sandhill Fourth Grade Teachers Sandhill Fifth Grade Teachers Laurel Gretebeck, Stoughton Area School District Nurse

# DISTRICT HUMAN GROWTH AND DEVELOPMENT PAGE/CURRICULUM

#### PARENT INPUT FOR CLASSROOM PLACEMENT FOR 2022-23

If you wish to provide input for the classroom placement for your child/children, please complete the Parent Input for Classroom Placement form and return it to Mr. Johnson by May 16, 2022.

## **CLASSROOM PLACEMENT DOCUMENT**

#### WORKING FOR KIDS UPDATES:

#### **Recess & Lunch Volunteer Sign Up!**

There is still plenty of time to come in and help out during lunch and recess! Each volunteer slot is only 25 minutes and you can sign up for one at a time or stay for two or three slots, whatever you prefer! Regardless, the Sandhill staff has greatly appreciated



the extra sets of hands and there is always a need for more volunteers! Here are the sign-ups for the remainder of the school year. There are plenty of times available! And to those who have already been helping us out - Thank you so much!!

Lunch Volunteers - May & June 2022

#### **Mark Your Calendars**

May 27 / No School May 30 / Memorial Day - No School June 6 / Field Day! June 10 / Last Day of School!

Thank you all so much for supporting WFK and our efforts to support our students and staff at Sandhill Elementary! Make it a great week! *The Sandhill Working for Kids Group* 

# SCHOOL DISTRICT UPDATES

MAY ANTIRACISM RESOURCES

May is Asian American and Pacific Islander Heritage Month, and Better Hearing and Speech Month! Check out our compiled resources for elementary, middle and high school students at <u>https://www.stoughton.k12.wi.us/explore-sasd/equity/antiracism-project/may</u>

#### OUR ALL-IN-ONE BACK TO SCHOOL WEBPAGE IS BACK

All things back to school will be housed on <u>this webpage</u> found under our "Our Families" tab. NEW THIS YEAR: Online registration (the one through Infinite Campus) will be during the last week of school instead of in the middle of the summer. Be on the lookout for instructions.

#### FACILITIES SURVEY OPENING SOON! WE NEED YOUR INPUT!

Families, stay tuned to your email inboxes and physical mailboxes for our community-wide facilities survey coming in the next week. Surveys are due on May 30.

# **EXCITING NEWS FOR THE STOUGHTON COMMUNITY**

On Monday we commemorated the start of construction for the Anderson Complex - new artificial turf for Collins Field! The new artificial turf field to our community allowing for a much more broad range of use for the school, athletics, band, community and so much more.

This project would not have been possible without the support of the families and individuals in the community, local businesses, Stoughton Sports Boosters Club, Stoughton Trailers, LLC, Eldon Homes, and The Anderson Family. The Stoughton Area School District thanks you for your generous donations.









Read more in the Hub.

## SASD COVID HEALTH & SAFETY PAGE

## **STUDENT COVID-19 FORM**

#### COVID MESSAGE FROM HEALTH STAFF:

While masking is now recommended and not required at SASD, please note the following:

- Students returning from isolation or quarantine must comply with strict mask wearing for days 6-10. If not able to do so, the student will need to stay home for the full 10 days.
- Masking may be required in the health room: Students may be asked to put on a mask for symptoms of illness until an evaluation is done and it is determined whether the student needs to be isolated/sent home or can return to class.
- View our <u>Student COVID-19 Protocol</u> at any time.





# **DISTRICT FOOD SERVICE PAGE (INCLUDING MENUS)**

## **FAMILY RESOURCES**

# **COMMUNITY ACTIVITY INFORMATION (PEACHJAR)**

School district approved flyers from community organizations.

## **2021-22 SCHOOL DISTRICT CALENDAR**

#### **PAST NEWSLETTERS**

August 16, 2021 August 23, 2021 August 30, 2021 September 6, 2021 September 13, 2021 September 20, 2021 September 27, 2021 October 4, 2021 October 11, 2021 October 18, 2021 October 25, 2021 November 1, 2021 November 8, 2021 November 15, 2021 November 22, 2021 November 29, 2021 December 6, 2021 December 13, 2021 Winter Break January 3, 2022 January 10, 2022 January 17, 2022 January 24, 2022 January 31, 2022 February 7, 2022 February 14, 2022 February 21, 2022 February 28, 2022 March 7, 2022 March 14, 2022 March 21, 2022 Spring Break April 11, 2022 April 18, 2022 April 25, 2022 May 2, 2022 May 9, 2022 May 16, 2022



SASE

# We Are Stoughton.

And we stand strong and committed to **all** of our students, families & staff members.



#### **CONTACT INFORMATION**

Facebook 🕐 @WeAreStoughton

Mr. Johnson - Principal - 877-5401 Ms. Eisenschink- Dean of Students - 877-5422 Ms. Plank - Administrative Assistant - 877-5402 Mrs. Holverson - Health Assistant - 877-5404 Mrs. Dybevik - School Psychologist - 877-5410 Ms. McGuire - School Counselor - 877-5406 Ms. McDermot - School Social Worker - 877-5423

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