



# *Talking to Strangers*

A growing number of studies have found that when people try talking to strangers, it usually goes far better than they anticipated. They report that they are much better at it than they predicted, and the strangers they speak to are generally receptive, interesting, and interested. However, there are many social norms that discourage people from talking to strangers, which can be a barrier toward building a community of belonging.

We may worry that we're not allowed to do so, that we will be rejected, that we won't know what to say, or that people may dislike us. The prospect of talking to someone from another group – be it another gender or race, different faith beliefs, different political ideologies – can further heighten those anxieties, especially if we don't have regular contacts with members of that group. However, what we might discover through those conversations can be powerful!

**Below is a schedule of upcoming sessions on this topic during *early June 2022*.** Feel free to join which ever session fits your schedule, as each session will be the same. **Simply click on the link** to join your preferred session. Also, **feel free to share this information** with others who may want to join the conversation.

**Monday, June 6 - 6:30 pm**

<https://co-carver-mn-us.zoom.us/j/89852569340?pwd=RUFYekN4SDk0NmwxSHp6bktRbIM0UT09>

**Tuesday, June 7 - 11:30 am**

<https://co-carver-mn-us.zoom.us/j/87437831996?pwd=VG1adkUxeFFUZFY2N3I2ODRhSFYydz09>

**Thursday, June 9 - 3:00 pm**

<https://co-carver-mn-us.zoom.us/j/82326745391?pwd=Y0RwVTIKRzdPeVQ5UkFTN2J2YXdaUT09>

**Friday, June 10 - 8:30 am**

<https://co-carver-mn-us.zoom.us/j/82174488080?pwd=NjJGKzUvdVV4VUFMTHg4REhDK2ljdz09>