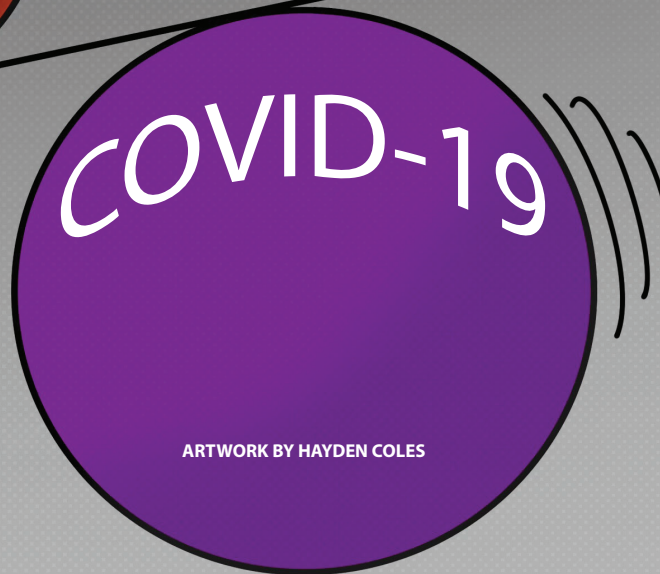
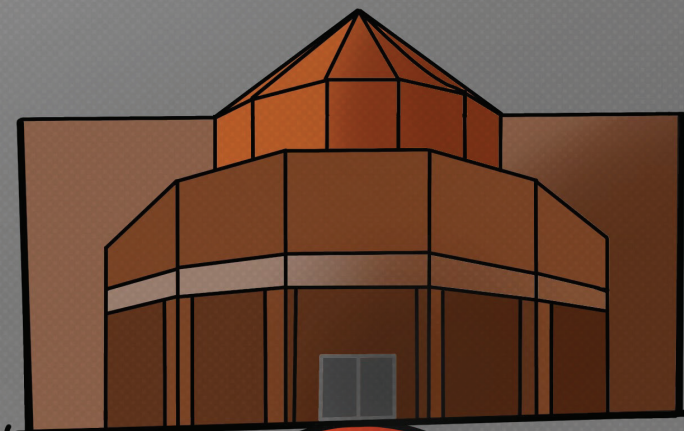


# Rolling with the Changes

pages 4-7



ARTWORK BY HAYDEN COLES





T.O.C  
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■ Freshmen learn about the club Green Machine at Bulldog Rush. Bulldog Rush is held every year before the first day of school to give the incoming freshmen a chance to acclimate to the school.  
PHOTO BY VIVIAN KEENE

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THINK  
AHEAD

Upcoming dates and events

Oct. 20-22  
Fall Break

This year's fall break will consist of one extra day. Starting on a Wednesday instead of a Thursday, students and teachers will have more time to take a quick vacation or to just relax. School resumes on Oct. 25.

Oct. 27  
Key Club  
Halloween  
Party

From 6 - 7:30 p.m., Key Club is throwing a Halloween party in the large cafeteria. Kids and families are welcome. Cost of entry is canned food donations. There will be games and treats.

Oct. 31  
Halloween

As the last day of the "spooky season" and October, Halloween will be on Sunday this year, with school the very next day. Still, it is a day that can be filled with trick-or-treating, haunted houses, parties and other frightfully fun activities.

Nov. 1  
Early Action  
Deadline

The early action deadline for students to apply to colleges, such as Purdue University, Indiana University, etc. is Nov. 1. Early action is non-binding, in comparison to early decision.

Nov. 3  
Distance  
Learning  
Day

All students in the school corporation will have a Distance Learning day. These days are scheduled into the school calendar to practice online learning for potential snow days.

Nov. 24-29  
Thanksgiving  
Break

Thanksgiving break will begin on Wednesday, Nov. 24, which is a day earlier than in previous years. School will resume on Nov. 29. Take the time on the break to eat good food, spend time with family and give thanks.



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# Staying FLEXIBLE

Adapting to new COVID-19 protocols, a balancing act

BY KAITLYN CHANDLER [reporter]  
MARY MARCINEK [reporter]

Like marbles rolling down a balance beam, the world has been attempting to balance contradicting solutions to a new tumbling era highlighted by the COVID-19 pandemic. As a result, the school year has been changing on a dime. Since the end of the 2019-2020 school year, school schedules, as well as mask and quarantine regulations, have been constantly changing, resulting in teachers, students and staff having to adapt on the fly when such changes are implemented.

Multiple sources are taken into consideration when implementing these changes. Chief Human Resource Officer Artie Equihua weighs in on the factors that are taken into consideration and the challenges the Crown Point Community School Corporation (CPCSC) staff faces to balance these changes.

“You have information that’s coming from health-care or medical organizations, being either the local health department in Lake County, the state of Indiana and the CDC. Those would be the big organizations that we look at, but, also, you’re looking at the government, the state of Indiana, the governor’s office and any orders that they have,” Equihua said. “You put all of that together in a blender with our local data, in collaboration with principles and directors; it’s just quite the collage of information that we are looking at.”

Discussing with other Lake County schools is a step taken by CPCSC’s Superintendent, Todd Terrill, to better understand the impact COVID-19 has had on other schools, as well as becoming aware of varying COVID-19 regulations that can differ at each school.

“Dr. Terrill is in regular Zoom meetings with the superintendents from surrounding schools in Lake County. They are not necessarily always COVID re-

lated, but, as you can imagine, COVID-19 is dominating most of their discussions recently, so he is very much aware of other schools’ situations and opinions,” Equihua said.

Final decisions on COVID-19 protocols are made by the school boards, at least in Indiana. As previously stated, these decisions are based on guidelines or mandates from the state.

“We’ve had that recent big pivot by the state that said if you mandate masks, that (it) changes the dynamic of quarantines, and that was a big one for us. We needed to leverage that to our benefit to keep students in school, so we weren’t sending so many healthy kids home due to the quarantine rules,” Equihua said.

Quarantining policies have gone through the most changes since the 2020-2021 school year. Social distancing rules were altered when it came to quarantining students, going from six feet with masks at the beginning of the 2020-2021 school year, to three feet with masks at the end of the 2020-2021 school year. School nurse Carisa Oman comments on how quarantine policies vary from last year, the beginning of this school year and present time.

“Last year, we were definitely sending a lot of kids home and pulling a lot of kids from class. The administrators were also helping us a lot, even into the beginning of this school year they were, but then the governor and the school board put down the information that we were not going to quarantine close contacts as long as they did not have symptoms,” Oman said. “At this point, we are still doing all the contact tracing, charting and reporting to the state, but we are not pulling kids from class. Instead, we are just informing their parents that they were exposed. It’s helpful for keeping kids in school; however, it’s not helping stop the spread. We are seeing that some of these close contacts are now turning around and be-



■ Students walk into the school building as Principal Russ Marcinek and front door greeter Maria Jatis distribute disposable masks to students before they enter the school.

PHOTO BY ROSALIE DEGENHART



coming positive cases, so it's a trickle down effect which then causes another contact tracing scenario."

Oman explains the challenges that have arisen from contact tracing, as well as how it has impacted her typical nurse duties.

"It is hard to keep up on the changes. What's most challenging for us throughout the whole school year is being able to manage the COVID-19 situation, plus having to make sure everyone has their required vaccinations, all of our doctors' orders are put in the computer and taking care of the kids in general," Oman said. "We have had to call in other nurses to come and help us. We are lucky; we haven't missed out on something medical with a student because we were preoccupied with contact tracing."

Oman comments on how a lack of stability can affect students and teachers.

"I think stability for our students is definitely important. It is a big challenge for our teachers because last year they had to go back and forth between different styles of teaching then, this year, it completely changes. What we are doing right now seems to be more stable for all that are involved," Oman said.

While trying to stay flexible with the constant changes, it can be difficult to shake off lingering effects of last year. Many students, like senior Morgan Hawkins, were fully virtual last year, and the shift back to being fully in-person has been difficult.

"It's definitely been a hard adjustment being fully in-person," Hawkins said. "Getting used to being in-school for several hours every day and balancing homework and sports has been challenging for me, but it has gotten more normal week by week."

Hawkins recognizes the struggles that high school students seem to be experiencing, but she keeps an overall positive attitude. Like many others, she's willing to stay flexible for the sake of school running efficiently.

"I genuinely get the vibe that my students want to be here. They know how hard it can be to learn alone or at home virtually, and I feel like there is a new appreciation for learning in the classroom again."

- chemistry teacher  
Chloe Hoffman

From an educator perspective, chemistry teacher Chloe Hoffman has noticed a difference in the classroom this year.

"Unfortunately, I am noticing some gaps in student learning. Again, virtual learning is not easy for teachers or students. I'm sure that it was very tempting for students who were virtual or quarantined to just coast through or to use photo math or google translate, etc. to get through their courses. It's no surprise that students may not have emerged from the 2020-2021 school year with all of the knowledge they would normally have going into the next school year," Hoffman said.

Despite such difficulties in the classroom, Hoff-

man has noticed the mental shift in her students this year.

"I have noticed a definite change in my students in a positive way this year," Hoffman said. "I genuinely get the vibe that my students want to be here. They know how hard it can be to learn alone or at home virtually, and I feel like there is a new appreciation for learning in the classroom again."

Although masks are still mandated, Hawkins thinks it is the right choice, and she is hoping to have a semi-normal year despite changing regulations.

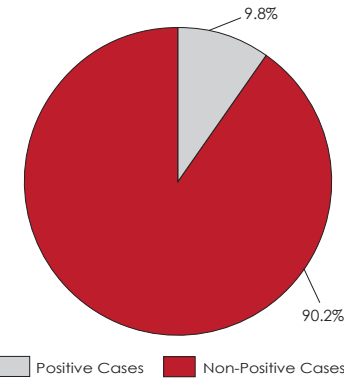
"I think that being in-person this school year was the right choice, especially now that we have instituted a mask mandate," Hawkins said. "I think most students are tired of all the protocols and mandates, just like everyone else is, but I also think a lot of students are trying to stay positive and hope for the best. I'm excited to be having a semi-normal senior year so far."

Now, in the 2021-2022 school year, changes in COVID-19 protocols are still a common occurrence, but Hoffman comments on how the need to stay flexible has influenced her as a teacher.

"I think that the most valuable thing I learned from last year was that you can't be afraid to change the plan and adapt. Teachers spend a lot of time developing lesson plans and making schedules, on top of grading papers, responding to emails, helping students before and after school, so, when a wrench gets thrown in the plan, it can sometimes be frazzling," Hoffman said. "However, if last year taught me anything it taught me that as long as I keep my focus on doing what is best for my students, it will all be okay."

AVERAGE Number  
Of **304**  
Close contact traces  
Per week district wide  
**Sep. 6th - Sep. 26th**  
According to the CPHS website

Positive cases among  
close-contact traces



■ During the 2020-2021 school year, lunches were eaten in the gymnasium with social distancing. This year, lunches are eaten in the cafeteria with no social distancing.

PHOTO BY KAITLYN CHANDLER

## Changes to the learning environment since:



■ August-September 2020

The 2020-2021 school year started off on a "yellow" status or a hybrid schedule. Students with last names A-L attended school on Monday and Thursday, and students with last names M-Z attended school on Tuesday and Friday. All high school students were virtual on Wednesday, and virtual learning was an option. Lunch was eaten in the gym, and masks were mandatory. School started one hour later, and only the traditional, seven period, schedule was used.



■ October 2020

On Oct. 12, the CPCSC reverted back to the normal start time. On Oct. 28, the high school transitioned to a "green" status. Under "green," all in-person students attended four in-person learning days. Masks were still mandated, and virtually learning was still an option. Wednesdays were still virtual learning days for all high school students. Block scheduling was still not used under the "green" status.



■ November 2020-May 2021

On Nov. 12 the high school transitioned to "red" status. This took place two weeks after going "green." The "red" status would remain all throughout December. On Jan. 7, at the end of winter break, the high school transitioned to "yellow" status. The high school would remain in "yellow" until February when the high school transitioned back to "green" status. The rest of the school year would continue under the "green" status.



■ August-October 2021

The 2021-2022 school year started out with a mask optional policy. On Aug. 30, masks were mandated, but student and staff quarantines were discontinued. Quarantines do still occur if symptoms are shown. Virtual learning is not an option, so every student, unless quarantined, is learning in-person. Block scheduling has resumed, and lunch is eaten in the cafeteria. Masks are not mandated to be worn at school after school hours.



# Handling the Heavy Traffic

Roundabout construction on E. 109th Ave., students handle heavy traffic

BY ROSALIE DEGENHART [co-editor-in-chief]  
JOSHUA HEDGES [reporter]

Continuing road construction E. 109th Ave. has led to heavy traffic on the commute to and from school, and handling it has become a daily issue for the Crown Point Community School Corporation.

“Right now, on a daily basis, the road construction that is affecting us right now is 109th, where they’re doing the roundabout,” Director of Transportation Monica Vasquez said. “We expect to deal with this until the end of the school year.”

With this new addition to the local road network, usual bus routes have been altered to accommodate for the ongoing renovations.

“We have to re-route our buses, which can change the bus times anywhere from 10 to 15 minutes,” Vasquez said.

Buses, primarily those going to and from the Winfield area and Lakes of the Four Seasons, have been arriving at their stops five to 10 minutes earlier than their normal time.

“Our drivers just have to make sure they’re out of here with plenty of time to go pick up the students,” Vasquez said. “At that point, we try to contact our parents to let them know of the issue that is going on.”

Sophomore Hannah Walters rides the bus to school, and she has noticed that her bus arrives ten minutes earlier.

“I would normally get on the bus around 6:35 a.m., but, with all of the construction, my bus comes at 6:25 a.m.,” Walters said.

This earlier pick up time has affected Walters’ sleep schedule, only allowing her to get approximately six

hours of sleep with the 10 minute earlier wake up.

Even students driving to and from the high school from the Winfield area have experienced the effects that the road construction has on their wake up times.

“I’ve had to get up 15 minutes earlier,” senior Carissa Mollet said. “It’s frustrating because I’d like to sleep more. It’s stressful to try and get to school on time. The construction, combined with the traffic getting to the school in the morning, is frustrating.”

“Right now, on a daily basis, the road construction that is affecting us right now is 109th, where they’re doing the roundabout.”

- Director of Transportation  
Monica Vasquez

As a student living in Lakes of the Four Seasons, Mollet has had to reroute her way to school to avoid the construction that has added five to 10 minutes to her normal route. Her normal route consisted of taking 117th, but, with its close proximity to E. 109th Ave., Mollet takes multiple detour routes.

“I usually take 117th, but, since it gets so jammed, I end up taking detours that go all the way around 117th and the construction. I take Randolph all the way down E. 129th,” Mollet said.

The level of traffic delays depends on the day, so Walters’ drop off time varies day to day. Vasquez has to deal with accidents and other day to day traffic diversions, along with the current year long construction project in the Winfield area.

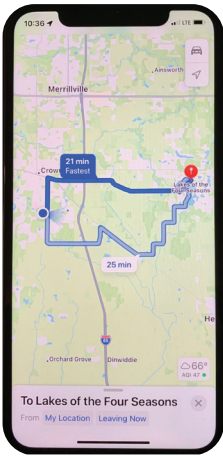
With the extensive time the road construction will take, Vasquez recognizes its effect on the corporation.

“I would like to thank our school community with all their help and patience during this process because it involves all of us,” Vasquez said.



Students depart from buses and head into the high school. Current construction in the Winfield area has disrupted certain bus routes.

PHOTO BY ROSALIE DEGENHART



Roundabout construction on E. 109th Ave. adds **5-10 minutes** to routes

\*Begins: Delaware Parkway  
Ends: Iowa St.

\*Information from [https://www.mttimes.com/news/local/iowa-street-to-close-for-crown-point-roundabout-project-beginning-monday/article\\_d81dc05a-b28e-5f2c-9e4d-e3a735233bd.html](https://www.mttimes.com/news/local/iowa-street-to-close-for-crown-point-roundabout-project-beginning-monday/article_d81dc05a-b28e-5f2c-9e4d-e3a735233bd.html)

Alternative routes include:

E. 117th Ave.  
E. 129th Ave.  
& Randolph St.



With Iowa St. blocked, drivers are forced to travel alternate routes.

PHOTO BY LIVY HELMUTH



Speak UP

Student opinions on relevant topics

**What school mandate was the easiest or most difficult to adapt to?**

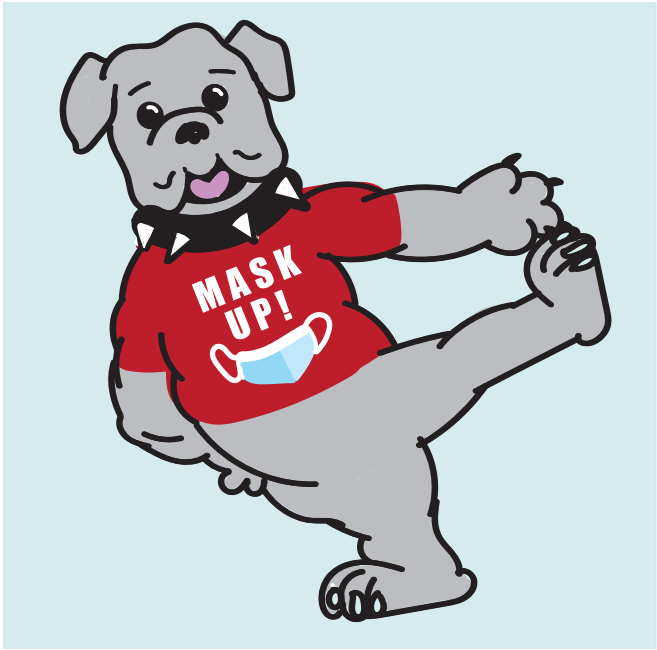
“Wearing a mask is the easiest change. It’s easy to remember to put one on.”  
- **sophomore**  
Luke Patterson

“The easiest to follow is to wear your mask. It’s not that hard, and we are mature enough to follow the rules.”  
- **junior**  
Karly Bryant

“The way that the school was set up where we had to come in and wipe everything down, sitting farther away from people, and the quarantines were most difficult.”  
- **sophomore**  
Tanner Pavichich

“The easiest to adapt to was the mask mandate this year because we are already used to it and I would rather wear a mask to stay in school than learn from home.”  
- **senior**  
Isabella DiFabio

“The mask mandate was the most difficult to adapt to, especially with wearing glasses because they fog up so easily.”  
- **freshman**  
Jacob Darnell



CARTOON BY KAITLYN CHANDLER

Editorial

Two full school years impacted by COVID-19, staying flexible is necessary in this unknown situation

There are not many generations that can say they have lived through a global pandemic. The loss, grief and uncertainty shook the world in a matter of hours, but, at Crown Point High School, it only took one school wide announcement to completely alter the lives of CPHS students and staff for the rest of their lives.

The timeline of our lives is divided in half: “before COVID-19” and “after COVID-19.” In a school setting before COVID-19, masks were nonexistent, the speculation of whether a student is vaccinated or not was on no one’s radar and the fear of shifting between a “red,” “yellow” and “green” status, specifically during the 2020-2021 school, was unheard of. Yet, in what seemed like an instant, our lives were altered drastically in an unforeseeable way.

From starting off last school year with a mask mandate, to starting off this school year with a mask optional protocol, the past year has seen its fair share of COVID-19 protocol changes.

Those who participated in in-person learning last school year experienced the inconsistency of their class room sizes, and they were faced everyday with the worry that one of their classmates would be quarantined, which could lead them to getting quarantined themselves. Virtual students, on the other hand, rarely stepped in the school building and experienced school only through a screen.

COVID-19 sent the world into a “pandemic fog,” resulting in students and staff alike to feel as if they were living in an alternate world. Human nature innately seeks routine, so having to abandon proper block schedules and hard deadlines made it seem as though time had stopped. We were stuck in a vicious loop of disassociation.

With so much uncertainty, we adapted to this new kind of “normal,” which is, ironically, not normal. Even still, we now enter a new chapter where we have to stay flexible and adapt to any alterations that are thrown our way.

Column

Students need to clear the “COVID-19 fog” and take accountability for their educations

BY ABIGAIL GODSEN [co-editor-in-chief]



We have been in and out of quarantines with all varieties of restrictions and requirements to keep ourselves, and those around us, safe during the pandemic. However, due to all the stress of the ever shifting COVID-19 pandemic, due dates and student accountability were very low on the list of necessities when most were worried about whether or not they would be able to see their friends and family again.

Now that we are back in-person, the fluid due dates and classes during virtual learning are no longer an option, and students need to wake up to this fact.

The leniency experienced last school year due to COVID-19 simply isn’t applicable anymore, yet students seem to still be in this “quarantine” mindset when given responsibilities. While I understand how difficult it has been for everyone this last year, it is time for students to clear that “COVID-19 fog” and take control of their education.

It is easy to pretend that having a decent education is going to manifest itself, but one of the biggest parts of being a student is being engaged and actively participating in classes.

I am seeing students have the abrupt realization that there are no longer infinitely stretching deadlines, and homework assignments are now a big part of the learning process.

I have come to realize that I, as well as other students, need to take accountability, real accountability, for how our education is managed. We need to take advantage of this opportunity to grow as students and as human beings.

One easy step towards getting back on track is to keep a written or digital agenda for everything you may need to complete, even budgeting study time. Another tool is to speak with your teachers about what is going on. There is nothing wrong with needing a little boost to jumpstart taking control of your education.

As we progress through the rest of the school year, we need to be conscientious of when the “fog” starts to close in once again and act on it.



CARTOON BY KAITLYN CHANDLER

Should passing periods be extended?

Pro:

Six minutes does not allow enough time for student body to navigate building

BY ARIEL MOORE [reporter]

Currently, the passing periods are six minutes, and this is not enough time for students to get from class to class, especially if classes are on opposite ends of the school.

The high school is full of students, and the halls can get really cramped, leading to “traffic jams.” In the case of traffic jams, getting from point A to point B can take awhile, and this doesn’t allow time for restroom breaks.

In some cases, teachers will not allow students to use the restroom during class, so passing period is the only time for students to use the restroom. However, there isn’t enough time to use the restroom and make it to class on time.

Some classes are close to each other, so students can get there fairly quickly, but that isn’t always the case. Passing periods should allow more time for students to take care of their needs in between classes.

Con:

Extending passing periods creates problems, rather more time given for lunch

BY MARY MARCINEK [reporter]

Extending passing periods may sound ideal, but, realistically, it wouldn’t be the best option for the school. No matter how long passing periods are, bathrooms will still be full, and hallways will still be congested.

If anything, extending passing periods would encourage students to wander around and remain in the halls/bathrooms even longer. Also, if passing periods were extended, we may have to then cut down on lunch time, in order to meet class time requirements.

Personally, I think it would be a much better idea to give students longer lunches before we add time to passing periods. This way, students would receive some more break time during the school day that can actually be used to unwind, talk to friends or get some schoolwork done, whereas, putting our free time towards passing periods would make a barely noticeable difference in between classes.

IN THEIR VIEW

“No, if you know where you are going it shouldn’t take that long to get to class.”

- **freshman**  
Zaria Simpson

“Yes, bathroom lines are long and some people have to walk across the whole school getting to class.”

- **senior**  
Chaela Laus

Column

Alterations and renovations to the Crown Point square are beneficial and necessary

BY LIVY HELMUTH [assistant editor]



As I drive home from school and pass through the square, I like to admire the timeless, historic look of the shops and surrounding architecture. However, the unfortunate reality is that the majority of these buildings only serve as something pretty to look at and have little practicality. Instead, their outdatedness presents safety threats, and, consequently, many shops struggle to make a profit. The best solution is to renovate and improve the conditions of these structures while maintaining the timeless, historic look of the square.

I am not the first person to recognize this as a solution, as construction on the square is already taking place. Yet, despite the sensibility behind these projects to improve the square, there are still members of the Crown Point community who believe workers are tearing down beloved buildings to replace them with corporate branded restaurants.

However, that could not be any more wrong. Restaurants like Carriage Court, Square Roots and Ricochet Tacos are newer additions to the square and don’t take away from the historic appeal. They complement the square without threatening safety, and, in turn, profit greatly from the people commuting to and from work or school that choose to stop by.

Local businesses bring authenticity and character to the square and make buildings more purposeful. As unique and classy as some of the antique shops and other older stores appear, they don’t attract as many customers as modern businesses.

If the square is not updated, these shops and stores will only continue to suffer, and the only enjoyable aspect of the square will be the outside appearance.

I see these alterations to the square as improving structures of the past for present and future benefits. As time and our knowledge about safety progresses, so should our infrastructure. By maintaining the style in which these buildings were originally created, everyone can admire both the inside and outside.





**Alex Arcella**  
Exceptional Learners  
College: MacMurray University

**Fun Fact:** She ran three Chicago marathons.

**What she has done before coming to Crown Point:** “I taught in Illinois for seven years for a school that only taught deaf students, and then I worked in Munster for a couple more years before coming here.”

**Why she decided to become a teacher:** “My grandparents are deaf, so I lived with them, and I learned sign language from them. They told me their whole life they never received any educational help to learn sign language, so I always wanted to make sure school was more accessible for deaf students and students with special needs.”



**Craig Buzea**  
Weight Lifting Coach  
College: Lakeland University, Indiana University

**Fun Fact:** He had officially retired from teaching in Illinois for less than 24 hours before taking a job with the Crown Point school corporation.



**Erin Crowley**  
Guidance Counselor  
College: Purdue University

**Fun Fact:** She went camping across the U.S. over the summer.



**Stephan Russin**  
Science Teacher  
College: Bowling Green State University

**Fun Fact:** He studied in Russia, and, on the way back, he visited Spain, Finland and Ireland.



**Scott MacFarland**  
Computer Sciences  
College: Ball State University

**Fun Fact:** He taught himself how to juggle.

**What he has done before coming to Crown Point:** “When I did my student teaching, I was at Muncie, and after that I’ve been at Highland, Lake Central, Oregon-Davis and Knox. Technically, this is my fifth year at Crown Point. Before this year, I’ve done interventionist work, credit recovery, RTI and long term substitute teaching.”

**Why he decided to become a teacher:** “I didn’t take a traditional path. I met with my adviser, and they said coaching and teaching was something I should look into, so I decided to become a substitute teacher. The first time I was in a classroom I absolutely loved it, so I went back to school to get my teaching license, and I’ve been doing this ever since.”



**Anna Retzlaff**  
ELL Instructional Specialist  
College: Tver State University

# Seventeen join teaching staff

BY LIVY HELMUTH [assistant editor]  
SOPHIA NASTOVSKI [reporter]  
ARIEL MOORE [reporter]

This school year has proven its uniqueness in a multitude of ways, including the vast number of new staff members at Crown Point High School. There are 17 total, including four guidance counselors and 13 teachers. The pandemic’s great impact on the Crown Point community is apparent, as the new atmosphere brings new opportunities for work.



**David Bock**  
English Teacher  
College: Benedictine University

**Fun Fact:** He is a professional ukulele player.



**Clark Sterley**  
Guidance Counselor  
College: Western Michigan University

**Fun Fact:** He learned Chinese while teaching in Taiwan for five years.



**Brock Daniels**  
Social Studies Teacher  
College: Ball State University, Indiana University Northwest

**Fun Fact:** He has participated in sports such as water polo, cricket, archery and hockey.



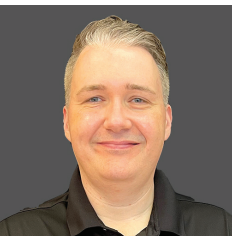
**Nick Miljevic**  
Science Teacher  
College: Indiana University

**Fun Fact:** When he was younger, he was on the television show *Slime Time Live*, where he was pied in the face by Nick Cannon right before a commercial break.



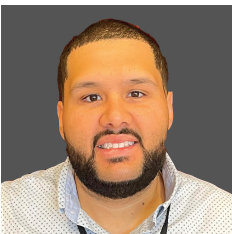
**Laura Huisman**  
English Teacher  
College: University of Illinois Chicago, Eastern Illinois University, Trinity Christian University

**Fun Fact:** She spent a year as a rotary foreign exchange student in Germany.



**Peter Fatouros**  
Guidance Counselor  
College: Purdue University Northwest, Valparaiso University

**Fun Fact:** He enjoys bike riding with his two-year-old son.



**John Olivares**  
Spanish Teacher  
College: Clarke University. He is currently attending Trinity International for his second masters degree.

**Fun Fact:** He is Puerto Rican.



**Joe O'Connell**  
Math Teacher  
College: Ball State University

**Fun Fact:** He learned how to do things that usually moms do, like how to do his daughters’ hair in the morning, getting them ready for school and picking out their clothes.

**What he has done before coming to Crown Point:** “I was at Merrillville and River Forest, and all kids, whatever story they are from, all deal with some of the same and some different issues that vary from school to school. Every place gives you a different perspective and experience.”

**What he is interested in besides teaching:** “Since I coached, sports are a big hobby for me. I enjoy spending my free time watching football during fall. Outside of that, if I were to be in another profession besides teaching, it would still be something using numbers, such as a financial manager. I wouldn’t want to stray too far away from what I do now.”

**Why he decided to become a teacher:** “What I enjoy most about teaching is helping people. I would say ever since I was in elementary school, things at school came easier for me than some of my friends. Even back then I was helping my friends with school and helping them figure things out and that just carried over to now.”



**Jamie Rodgers**  
Guidance Counselor  
College: Indiana University, Purdue University Northwest

**Fun Fact:** She would adopt every dog in the world and have a dog farm with cats and other animals if she lost her self control. She would love to spend her day with animals.

**What she has done before coming to Crown Point:** “I was at Lake Central High School, and two years prior to that I was at Hanover Central Middle School. I worked for the Indiana Department of Child Services for three years while I was getting my masters as an ongoing family case manager.”

**What her original college plans were:** “I considered doing early childhood or elementary education. When I looked at the coursework, I was unsure if that was something I would love, so I changed my major to dietetics to become a nutritionist, but it was very science heavy, and English was always more of my strength. At that point, it was about the second semester of my sophomore year, and I majored in human development and family studies and really loved it. While I was getting my masters, I also worked as an ongoing family case manager, meaning once there was an allegation of abuse or neglect. I was the one taking on the case in court.”

**Why she decided to become a counselor:** “In my fourth year of college, when I had to shadow someone, I chose to shadow a high school guidance counselor. After my interview with him, I really thought about how much I love this job and how you don’t always know what to expect day to day and how interactive it is, as opposed to an office job. I knew I always wanted to go into a helping profession, but I just didn’t know what that meant. After I graduated, I took a couple years off and went back for my masters degree in counseling.”



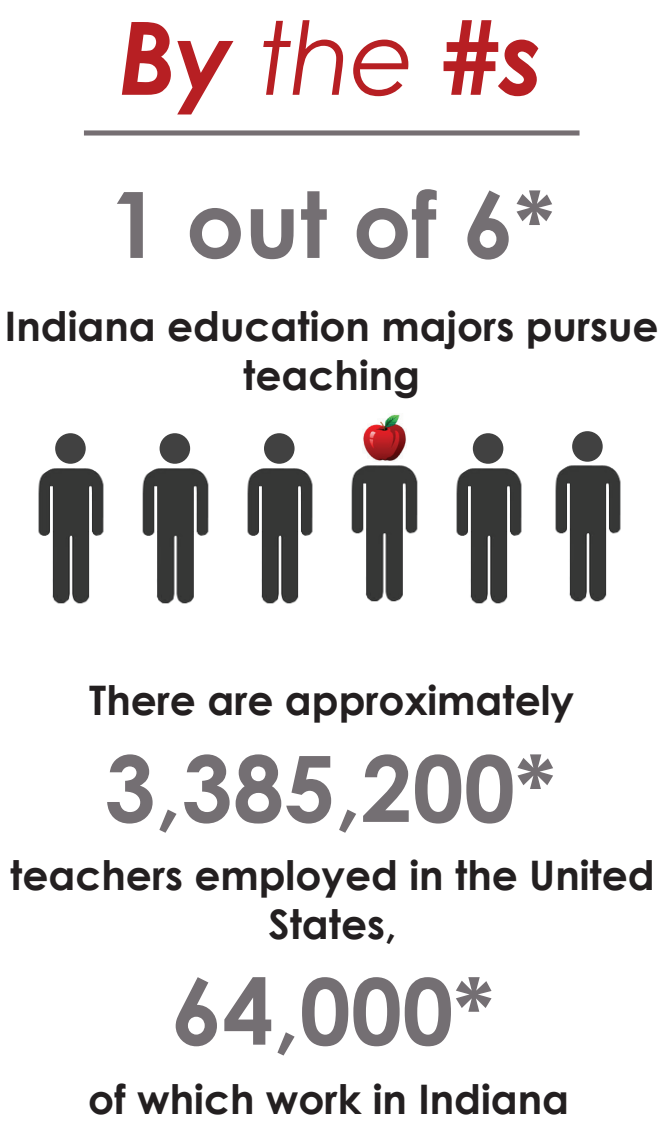
**Ryan Smith**  
English Teacher  
College: Valparaiso University, University of Memphis

**Fun Fact:** He has a border collie named Dragon, whose father, named Astra Moss, was imported from Scotland to sire extraordinary sheepherding dogs.



**Brendan Ward**  
Science Teacher  
College: Indiana University

**Fun Fact:** He was on the Bass Fishing team and is the sponsor for the CPHS Fishing Club.



\*per The IES



# Building from Scratch

Large and small clubs rebuild membership after COVID-19 impacts

BY AUBREY BANKS [assistant editor]  
JOSHUA HEDGES [reporter]  
ARIEL MOORE [reporter]

COVID-19 changed a lot of things for Crown Point High School. New rules and regulations were established, many students were learning virtually and the clubs were limited in participation and opportunities. This year, clubs are starting to rebuild.

One of the school's biggest clubs, Student Council, had already planned for their activities such as homecoming.

"Student Council was excited for the homecoming activities and is now excited for the in-school blood drive and all of the Christmas activities," Student Council sponsor Colleen Fano said. "We lost all of these events last year, so it's exciting to be able to do them again after a long time."

Student Council has plenty of events and fundraisers planned for this school year, such as the Dance Marathon, which is one of the largest fundraisers they host throughout the school year.

"Most things we are doing this year are the same as it has been in years past. We are trying to do some different fundraisers that we think will raise even more money," Senior Class Vice President Avery Olenik said.

As an effect of COVID-19, Student Council only had 130 members last year. Olenik comments on the challenges Student Council faced last year because of COVID-19.

"Student Council was completely virtual last year, and that's why I think we had fewer members this year. We did, however, have two meeting options on

Wednesdays, which was very nice because it gave students the opportunity to choose when they were able to join, instead of rushing to school on Friday mornings to make the only meeting," Olenik said.

Unlike Student Council, Key Club hasn't made any major changes due to the option of online meetings and information being available to all students.

"We haven't made any major changes to the format of the club. We use power points at our meetings, and we plan on having every meeting be an opportunity to do a service project that our team leader plans out for the whole group," Key Club sponsor Angie Keaveney said.

While they aren't making any big changes, Key Club Vice President Aliya DeJesus hopes to improve the club in a way that is easier for members to join and participate.

"This year, our plan is to reorganize the club and try to make it easier for members to know what's going on," DeJesus said. "Last year, Key Club didn't reach the potential I think it could've, so, this year, me and my fellow officers are working hard to make it happen. We still get into groups, and we still do all of

the events we did before. The only difference is we are only meeting once a month instead of once a week, in order to compensate for all the people who have other commitments aside from Key Club."

Like Student Council, Key Club is one of the major clubs at the school and has high student participation.

"We always tend to have a large group every year. Our student officers participated in the Bulldog Rush, and we had a super successful call-out meeting this year with over 100 students joining," Keaveney said.

C.A.S.S., another big club, has made a lot of changes to make the students and staff feel safe while visiting the middle schools.

"We are starting to actually go to the middle schools, which is exciting. One major change is we are going to start meeting with the schools in the middle of the day instead of in the morning. Hopefully, we'll have students who are able to go over there this year," C.A.S.S. sponsor Susan Mender said.

Even though C.A.S.S. is one of the bigger clubs at school, it still has its struggles with membership.

"In past years before COVID-19, we had around 100 kids, but last year we had around 50 to 60. I'm not sure how many we have this year, but I expect it to be way more than last year," Mender said.

Last year, C.A.S.S. was unable to go to the middle schools, so they tried meeting with them virtually. Not everyone enjoyed the new way of interacting with the middle schoolers, so participation decreased.



■ Senior George Trajanoski passes out Key Club flyers at the homecoming parade.

PHOTO BY ABIGAIL GODSEN

## NEW CLUBS

### Fishing Club:

Fishing club meets once a month on Mondays. They discuss fishing techniques, and they will start fishing in the spring.

**Sponsor:** Brendan Ward  
bward@cps.k12.in.us

### Physics Club:

Teachers who learn about quantum physics go and teach students who are interested. They discuss real data and also get a chance to talk with an actual scientist. Meetings are Monday mornings.

**Sponsor:** Ronda Waters  
rwaters@cps.k12.in.us

### Middle Ground:

Middle Ground is a club centered around debates. It uses research and different discussions based on controversial topics and ideas. For meeting information, contact Philip Mitreski.

**President:** Philip Mitreski  
mitreskiphi@students.cps.k12.in.us

"Last year, we did everything virtually. Of course, no one liked that or was able to do it. The whole thing is fun because we get to talk to the middle schoolers in person, and it gets boring or unexciting when it's done online," Mender said. "The students managed to get together last year, and they made videos. Some made smaller videos that the middle schoolers would enjoy."

There are also smaller clubs that have had to rebuild. CPCSC ASL Club was introduced at the beginning of the 2019-2020 school year, just prior to when the pandemic hit.

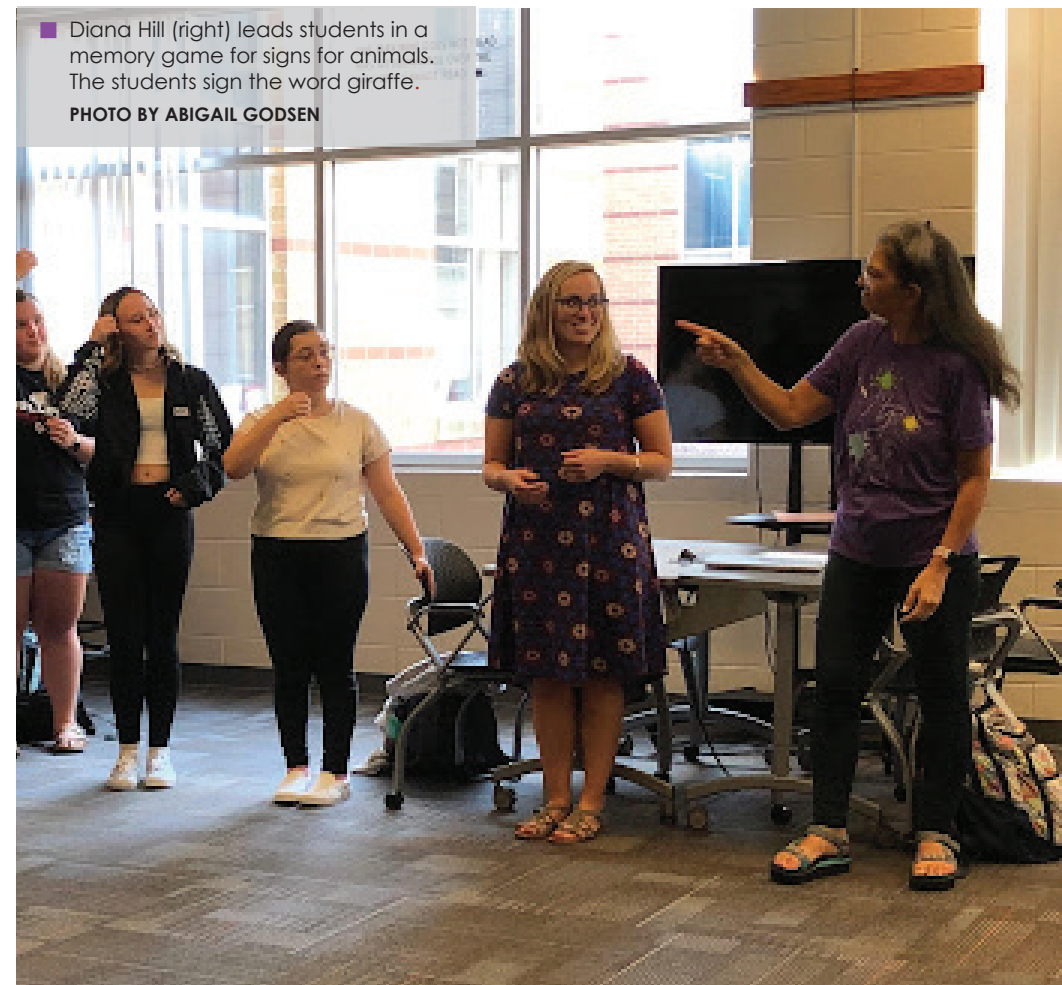
"COVID-19 halted Sign Club in its tracks. We regrouped, renamed and launched this fall as CPCSC American Sign Language Club," CPCSC ASL Club sponsor Sarah Mayer said.

As a part of relaunching the club, they have used this opportunity to reached out to members within the Deaf community to encourage the exploration of Deaf culture to the whole corporation.

"As Crown Point Community School Corporation's Teacher of the Deaf, I reached out to my friend, Diana Hill, a member of Crown Point's Deaf community, to provide the Deaf perspective and ASL expertise. While Mindy Pearson and myself, provided the support for the running of the club," Mayer said. "We hope to encourage the entire corporation, starting with CPHS students, to explore Deaf culture and learn the language through fun activities and interactions with people from the Deaf community."

■ Diana Hill (right) leads students in a memory game for signs for animals. The students sign the word giraffe.

PHOTO BY ABIGAIL GODSEN





# GAME NIGHT

First homecoming dance since 2019 has game night theme

BY AUBREY BANKS [assistant editor]  
LIVY HELMUTH [assistant editor]  
MARY MARCINEK [reporter]

The revival of homecoming traditions lost to the pandemic last year reminded Crown Point High School students and staff of the thrill and excitement of having pride in their community.

Spirit week gave the student body and staff the opportunity to show off their school spirit with its blend of both new and old themes, including senior citizen day, country versus country club day and bull-dog pride day. For many underclassmen, this was their first time ever seeing other students dressed as their favorite memes or seeing their teachers dressed to fit a certain decade in the spirit of homecoming.

School spirit absolutely reached its peak at the pep rally. CPHS's band and choir performed the school fight song, multiple clubs got the opportunity to represent themselves, students and staff participated in games of tug of war and some teachers got to show off their lip-syncing and dancing abilities.

Later that same day was the long-awaited homecoming football game. Fans cheered on the Bulldogs, and the student section was dressed in pink to show their support for breast cancer research.

Halfway into the game, the homecoming princesses and princes stepped onto the field, along with the king and queen nominees. The titles were awarded to seniors Sarah Gardiner and Rocco Jann, who waved to the crowd with big smiles and happy tears.

The rest of the homecoming court consisted of freshman Prince Tommy Guadagno, freshman Princess Brooke Nelson, sophomore Prince Sawyer Jamrock,

sophomore Princess Miabella Gundich, junior Prince Jonathan Zimmerman and junior Princess Jenna Schroeder.

Saturday evening, the homecoming dance took place in both the cafeteria and the field house to divide the freshman and sophomore dance and the junior and senior dance. Colorful dresses and suits, loud music and the fun game night theme made the joyful atmosphere all the more apparent. At both dances, games such as Checkers, Connect Four, UNO and Jenga were played to the side of the dance floor to fit the ambiance

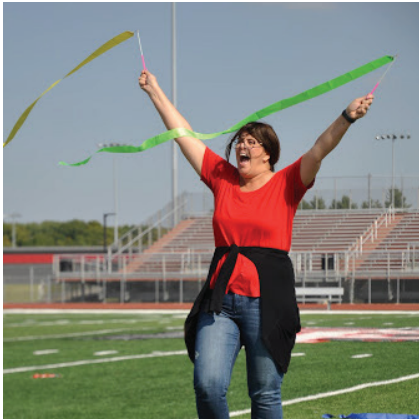
of the game night theme and for attendees to have fun.

After two years, CPHS's homecoming activities brought life to the school once again. Some homecoming traditions were canceled last year to ensure the safety of students and staff. However, as knowledge of how to slow the spread of COVID-19 increases and the cases decreases, this year's homecoming demonstrated a sense of normalcy in the community once again. While this year's homecoming may have come to an end, but with patience and perseverance, it is certain that pride for the Crown Point community lives on.



■ The student section dressed up to fit the homecoming game's pink theme.

PHOTO BY ABIGAIL GODSEN



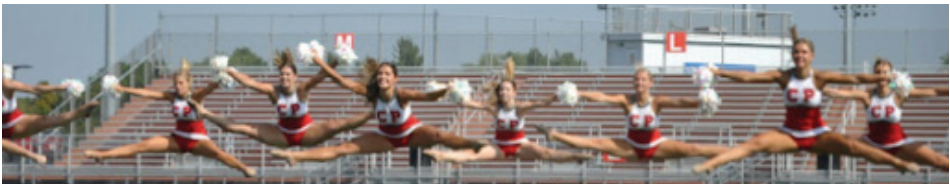
■ Math teacher Susan Mender waves ribbons in the air at the pep rally.

PHOTO BY GILLIAN GATLEY



■ Store windows around the square advertise the homecoming game.

PHOTO BY GILLIAN GATLEY



■ The dance team straddle jumps during the homecoming pep rally.

PHOTO BY GILLIAN GATLEY



■ The marching band and the color guard perform Icarus after the homecoming game.

PHOTO BY ABIGAIL GODSEN



## Homecoming Timeline

Pep Rally

Friday, Oct. 1  
1:45 p.m.

Parade

Friday, Oct. 1  
5 p.m.

Game

Friday, Oct. 1  
7 p.m.

Court

Friday, Oct. 1  
8 p.m.

Dance

Saturday, Oct. 2  
6 p.m.



# Homecoming Court



■ Homecoming King and Queen nominees congratulate Queen Sarah Gardiner and King Rocco Jann.

PHOTO BY ABIGAIL GODSEN



■ Senior Homecoming Queen nominee Kaitlyn Chandler rides in the homecoming parade.

PHOTO BY ABIGAIL GODSEN



■ Sophomore Homecoming Princess Miabella Gundich walks on the football field during halftime.

PHOTO BY GILLIAN GATLEY



■ Junior Homecoming Princess Jenna Schroeder rides in the homecoming parade.

PHOTO BY ABIGAIL GODSEN



■ Homecoming King nominees Sam Brewer, Jack Darlington, Rocco Jann and Sean Tully stand on the football field with Homecoming Queen nominees Kaitlyn Chandler, Sarah Gardiner, Emily Gibson, Morgan Hawkins and Isabella Teodori.

PHOTO BY AMANDA BENGTON

## King & Queen Q & A

### Was being nominated something you had hoped for? Were you surprised?

“Honestly, it wasn’t something I even considered I would be doing in high school. I think I remember just mentioning it to a couple of our friends one day, and the campaign kind of just blew up from there. The amount of love and support we received was crazy, and I’m still blown away by the fact that it happened,” Sarah Gardiner said.

“I was very surprised to be nominated, and also very honored and joyful that I was elected to this position by my peers. I had hoped that I would be nominated, but I honestly didn’t know if I would be. In the end, I am just super grateful for everyone’s kindness and generosity throughout this whole process,” Rocco Jann said.

### Who is someone that inspires you?

“I look up to my mom. She’s been my role model for as long as I can remember, and she always does her best to care for everyone around her,” Gardiner said.

“My grandfather, Santo Santucci (or “Poppy” as we always called him). While there are so many reasons for why he inspired me, one of the primary ones was that, despite all the illness and hardships he faced in his life, he always made time in his day to check in on my brothers, my parents and myself to see how each of us were doing,” Jann said.

### What did being selected to court mean to you?

“I feel like I definitely stepped out of my comfort zone during this process. I definitely had to put myself out there a little bit, so the fact that I made court was really reassuring that doing things out of your comfort zone can pay off. It was also really amazing to see all of the support I gained throughout high school, and it made me more motivated to make others feel as supported and as loved as I did,” Gardiner said.

“Making the homecoming court meant a lot to me since I really was flattered when lots of people decided to vote me in. I was honored when so many people started coming up to me and saying that they voted for me or when they approached me to wish me luck. I will forever treasure the memories I made throughout this election process, and I will always be eternally grateful for the kindness and generosity from my peers that was shown in the weeks leading up to Homecoming Friday,” Jann said.



■ Homecoming Queen Sarah Gardiner and King Rocco Jann celebrate winning the ballot.

PHOTO BY ABIGAIL GODSEN



# Giving BACK

## Community service experiences allow students to make an impact

BY ABIGAIL GODSEN [co-editor-in-chief]  
JOSHUA HEDGES [reporter]

Community service has required students to fulfill a segment of their graduation goals outside of a school setting unlike the majority of graduation prerequisites. This often leaves students forgetting to complete this condition until graduation starts to encroach. A student's time is often limited by the restraints of their job, clubs, homework and other factors that can stunt a student's ability to perform civil acts in their community. Though, this still leaves many students with a deadline far from their present, and a reliable series of weekends that leave them open to contribute towards their community, and the hours students spend towards these projects can often give a sense of meaning to those who actively participate.

Junior Allyson Olchawa is a student who has had meaningful experiences with community service which have allowed to find a greater appreciation for her community.

"So, I help kids with disabilities do therapeutic horseback riding. It makes you happy and excited to see something you enjoy, they can enjoy. Also, since they don't have a lot of stuff to do since they have disabilities," Olchawa said. "It doesn't have to be a person with disabilities, but it's kids that just need some extra help or they're being bullied in school. It helps people regain their balance and have a connection with something that they normally wouldn't since most of them are special needs and really connect with people in that way; they don't understand it very well."

Due to the experiences she has had with therapeutic horseback riding and other community service opportunities, Olchawa believes that community service hours are beneficial to students.

"I think it's a good thing because the community gives us so much that we should be able to give back to the community. And I don't think 10 hours a year is really that much to me because it's really easy to get those hours and do something nice for somebody," Olchawa said.

Similarly, freshman Dane Hayden believes that people should help their community in any way they

can to have a positive impact on those around them.

"Volunteering, to me, means going out of your way to help your community in whatever way you can. I volunteer not only because of just getting community service hours, but because I like to help in my community and try to make a positive change to it as well," Hayden said.

Hayden commentes on how he believes that requiring community service for graduation is truly to the benefit of CPHS students.

"I feel that community service hours as a requirement for a graduation is a great thing because then everyone will have had experience helping out others when it comes to getting a job or even volunteering for more service hours," Hayden said. "If I were to change anything about community service hours in high school, it's maybe even increase the amount needed to graduate because 40 isn't too big of an amount, and it's great to get out and make a positive impact on those around you and maybe even influence younger people to get out and volunteer at an even younger age than just us in high school."

Despite community service being required for graduation, senior Reagan White still believes that community service is essential for students to learn about being more involved and teaches a moral obligation to help others around them.

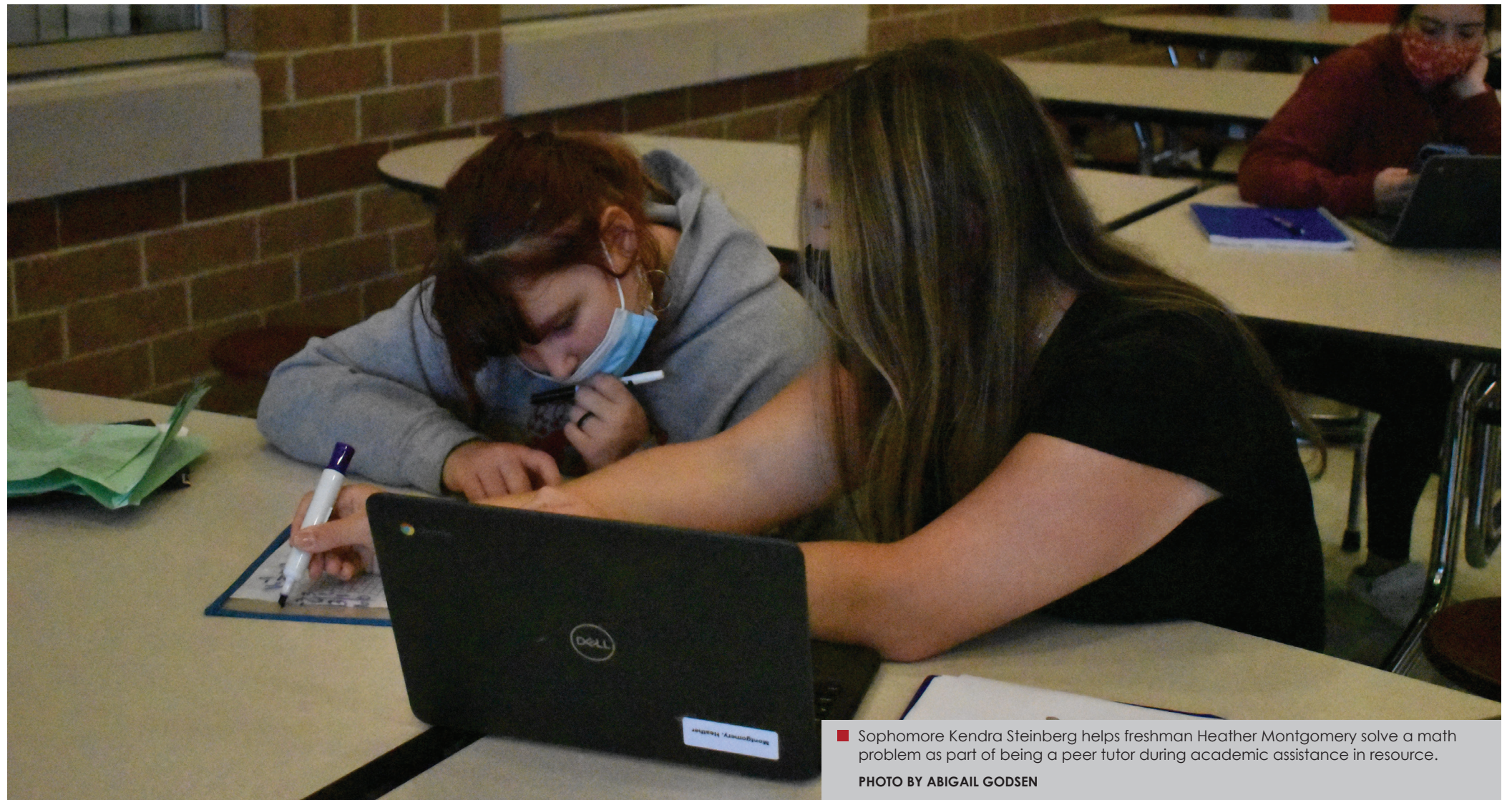
"I feel like they (students) should learn from new experiences, learn new skills and meet new people. Maybe like

learning leadership and how to help others and help themselves; maybe teach them something morally," White said. "Like I said before, it teaching them (students) morally how to be better people and how to see through other people's eyes."

Junior James Batides thought that throughout the school year people oftentimes get caught up in their work, but doing something like community service can bring people back to reality.

"For me, I get caught up in the school element during the school year. I'm mainly focused on school, but the good thing about community service is it kind of reminds me that you could help other people. It kind of takes you back into the real world and reminds me that I can help people in other ways," Batides said.

While dedicating the time to actively participate



■ Sophomore Kendra Steinberg helps freshman Heather Montgomery solve a math problem as part of being a peer tutor during academic assistance in resource.

PHOTO BY ABIGAIL GODSEN

### THE FACTS

#### Why is community service required for graduation?

It is meant to foster **responsibility**, encourage **compassion** for others, and instill a **desire to participate** in society as active citizens.

Students are required to complete **40 hours** of community service to graduate.

#### How do I start?

Clubs like **Key Club** are meant to get students involved with their community. There are also opportunities sent out to students via email about events students can participate in.

Ask around at your **local church, nursing home, hospitals, animal shelters, schools, etc.** to see if they might have an upcoming event you can participate in.



■ Freshman Dane Hayden directs and cheers on runners at the Hub City Races.

PHOTO BY ABIGAIL GODSEN

"I want to help them (other students) be the best they can and reach their full potential."

- sophomore  
Kendra Steinberg

"The community gives us so much that we should be able to give back to the community."

- junior  
Allyson Olchalwa

"I like to help in my community and to try to make a positive change as well."

- freshman  
Dane Hayden



# CREATING A BUZZ



## Head football coach Craig Buzea brings expertise to team

BY ROSALIE DEGENHART [co-editor-in-chief]  
GILLIAN GATLEY [reporter]

Crown Point High School has welcomed a new coach this season: Craig Buzea. Previously the head football coach at Homewood-Flossmoor High School in Illinois for 11 years, Buzea joins the Bulldogs after coming out of retirement and recovering from leukemia.

“I was able to figure out that maybe I didn’t want to stay retired. I basically knew that that wasn’t a lifestyle I wanted to live at that point, and so, the Crown Point job opened up, and I knew I was already leaving Homewood-Flossmoor. Mr. Dorulla and I had a conversation and just took it from there,” Buzea said. “Before you knew it, I was a head coach, and I was

elated that Crown Point had enough faith in me to hire me.”

Buzea recognized a lack of experience when first joining the program, but he soon saw the potential in his players when they began drilling the fundamentals of football.

“We weren’t left with a lot of players that had played here before. We had very little guys that had any type of experience at all,” Buzea said. “We had no quarterback return. We had no running back returning. Defense had a few guys back. It’s just our guys were very in need of fundamentals, and we had to really approach it, and we do that every day. We work on fundamentals every day, and we’re playing catch up.”

Changes were made by Buzea and other coaching staff to fortify the mental attitude of the players, including accountability and dedication to the team.

“We just started from scratch; we wanted our guys to be accountable. If they wanted to get this program where we wanted to get it, which is to be the best in the state, we needed them to show up,” Buzea said. “Forget what happened in the past, listen to us and just work hard. We needed them to be on time wherever they were at.”

Senior Jack Darlington has noticed this mental attitude shift in his teammates, seeing that they are more focused in the game and in the process as a whole.

“We work a lot harder at practice, and we have much more distinct game plans for the games,” Darlington said. “They’re getting us more focused everyday. I think everyone believes a lot more in what we’re doing, and how we’re operating day to day.”

Buzea found it important that his athletes were physically preparing for the season, so he was determined to stress the importance of lifting when he became coach. This was one of the first steps into pressing the value of accountability, as Buzea began to notice the mental shift in his players.

“When I took over the job, I remember coach Garrett just texted me and said, ‘Right now we got like four guys that are working in the weight room, it’s not a lot.’ So, we quickly got it over 100 (players). In February and March, we were hitting 100 (players) each day, and then they started to believe in what we were doing,” Buzea said.

Boosting morale during the season has been a goal of Buzea’s, and he’s found that adding components of competition during practices has aided his goal. Buzea

makes sure that practice ends positively.

“The most important thing is when we leave practice, every one of our players talks to their position coaches, and they’re going to leave on a positive note,” Buzea said. “Even though maybe it might not have been the best day of practice, they’re going to leave practice knowing what they have to work on, and then we’ll continue to work on it the next day. Even though practice could be rough, they’ll leave them on a positive note.”

Specific position coaches help the players to receive feedback on how they can improve in their position. Wide receiver coach Brock Daniels comments on how specific different positions competed at the homecoming game, which the team won 40-0 over Laporte.

“It is definitely good when (we) can just go out there and execute well in all assets of the game. We put up 40 points, but I feel like there was a lot of room for improvement in terms of how the offense can perform,” Daniels said. “I think, defensively, we were very sound. It was very pleasant to win by such a large margin, but there is still room for improvement.”

Despite the challenges the football team has faced so far this season, Buzea is proud of how far they’ve come since he started coaching.

“Even though we’re so far away from where we want to be, I couldn’t be more proud of them because they have made gigantic steps,” Buzea said.

One of those steps came on Oct. 8, when the team took down the number three ranked team in the region, Chesterton 14-7. The team will play at Merrillville on Oct. 29 for the first matchup in sectionals.

## Buzz Bites

What head coach Craig Buzea has achieved in his coaching career so far.

### Portage

**Reached 5A state Finals in his first season as head coach**

Overall record

**107-45**

### Michigan City

Overall record

**12-18**

### Homewood-Flossmoor (IL)

**Reached Class 8A state championship in 2014-2015 season**

Overall record

**94-26**

■ Coach Craig Buzea (above) breaks from a huddle during the Crown Point Valparaiso game on Sept. 24.

PHOTO BY ROSALIE DEGENHART

■ Senior Nathan Woodrick (right) runs past a defensive back against Valparaiso on Sept. 24.

PHOTO BY GILLIAN GATLEY





# DUNELAND DOMINANCE

Volleyball team wins Duneland Athletic Conference, finishes with undefeated 14-0 record

BY SAMUEL BREWER [sports editor]

With the DAC being one of the most competitive conferences in the state, wins are usually hard to come by.

This is not the case for the girls volleyball team. The team was not only champions of the conference, they went undefeated through 14 games, only dropping two sets over the entire campaign. Senior captain Rachel Rossman was happy with how the team performed during the conference season, especially since the team wasn't able to attain the title last year.

"It feels amazing, but it is only a taste. Rebounding from last year and being able to take that title back is definitely an accomplishment," Rossman said.

The team has six seniors and four juniors, and, according to head coach Alison Duncan, this experience played a big role in the team's success.

"It's always so nice to have a large senior class, not just from an experience perspective, but they're all mentally on the same page and maturity level. They're all very consistent. They're all veterans in their positions, and a lot of them got a lot of playing time as freshmen. It's fun to watch. I'm still doing a lot of coaching, but they're executing things so well it's been a nice season for me to have fun watching them," Duncan said.

With so many seniors on the team, some may think it would be hard to find a leader, but, according to junior captain Vanessa Del Real, age isn't a dividing factor on the team.

"I do not find it intimidating but more of an honor. I also do not see it as 'being in charge,' but more of 'I was chosen to help lead this team.' It was never really challenging, because as a libero, my main role is to be the vocal leader on the court," Del Real said.

This success comes after a 1-2 start to the season, a trend that Rossman was happy to see quickly disappear, with the team only losing three games in the next 27.

"The beginning of the season really showed us all that we needed to step it up. Our slogan this year is 'rise,' and in those moments, as a team, we didn't. The team did a great job of taking those losses as a learning process, and we all began to take our play to the next level," Rossman said.

While the record was a disappointing start, Duncan makes it a point each year to push her team at the



■ Senior Rachel Rossman sets up senior Lilly Stoddard for a spike against Chesterton on Sept. 28  
PHOTO BY GILLIAN GATLEY

beginning of the season, giving them an idea of how some of the best in the state and country play.

"One of my strategies is to start the beginning of our season off kind of rough to see what things we need to fix and adjust. Those four losses were lessons for us, and I feel like we're still getting better and are in a good place," Duncan said.

The team's success over the years is not only catching regional attention, four of the seniors on the team are committed to universities to play volleyball at the next level, according to Rossman, this gives the team a mental boost.

"I believe it is a motivator for the team, even to

"It feels amazing, but it is only a taste. Rebounding from last year, and being able to take that title back is definitely an accomplishment."

- senior captain  
Rachel Rossman



■ The girls volleyball team comes together after a point against Chesterton. The girls won the match 3-0.

PHOTO BY GILLIAN GATLEY

the teammates that aren't playing in college. We do everything for each other, and pushing each other to the full potential at practice is something that comes from this," Rossman said.

For those new to the team, it gives underclassmen people to look up to, according to Del Real.

"I love the fact that we have several girls that will go on to play college ball after they graduate. These girls, and the whole team for that matter, strive to be the best players they can be and work very hard all the time, and it just makes our team that much better," Del Real said.

With conference play subsiding and the postseason approaching quickly, the team must prepare for their sectional competition. Every year, Duncan enjoys the postseason due to the extra time they get to just practice volleyball.

"Our regular season is kind of fast and furious. We play 31 matches in eight weeks, and we get home really late on those week nights, so it's nice to slow things down and go back into practice mode. We can go back and re-work on anything we need to work on," Duncan said.

The team will begin their regional campaign on Oct. 23 after winning sectionals. According to Del Real, the team is pushing for the ultimate goal: a state title.

"As a program, the end goal is always to bring home a state champion title. All I can ask for is, if we happen to fall short, that everyone walks away knowing that they gave it everything they had," Del Real said.

## MAKING A CHAMPION

The stats that led the girls volleyball team to a DAC title.

KPS	DPS
kills per set	digs per set
12.1	4.7

DAC RECORD
14-0
BPM
blocks per match
4.7



■ Senior Kendall Schara goes up for a serve against Chesterton.

PHOTO BY GILLIAN GATLEY





■ The girls golf team poses with their sectional title after winning on Sept. 17.

PHOTO PROVIDED BY JENNIFER VINOVICH

# SHOT AT STATE

BY GILLIAN GATLEY [reporter]

With a win at their sectionals last year, the girls golf team was looking for a back to back sectional title.

The team finished sectionals on top with a score of 357, with two girls from Crown Point finishing top four, senior Valentina Gozo and junior Jasmine Harper.

Gozo led the charge with the lowest individual score of 80, finishing first and advancing to the state championship. Gozo felt as though her win can be attributed to the practice and routine she had adhered to leading up to sectionals.

“I feel like just keeping everything in routine and just practicing the same way every day helps when you’re in competition and there are a lot more nerves going on,” Gozo said.

To begin their season, the team placed fifth at the Lafayette Jeff Invitational but followed up their season with a slew of wins and first to third place finishes, leading up to their sectional win. Though Crown Point won their sectionals, it was not guaranteed beforehand

that they would make it into the top teams at all. According to Gozo, the goal was not just to win, but rather to play to the best of each team member’s ability.

“I think we went into sectionals not really expecting to win but it was a nice surprise since we did win last year as well,” Gozo said.

Though the girls did not go into sectionals expecting to win, their unexpected victory pushed them over the edge to earn their spot at regionals with Gozo’s individual score a sounding board of success, who was very impressed with the team’s performance.

“I was pretty excited,” Gozo said. “It was a good day for me and everyone else on my team as well.”

With the pressure of playing matches to their full potential, the mental game is just as important to golf as the physical game according to coach Jennifer Vinovich.

“We always just focus on each shot at a time and each hole at a time and not to worry about the hole you just completed or the hole that’s in front of you,” Vinovich said. “Focus on what you can control.”

Though the pressure of games only gets harder throughout the season, Gozo makes the point that the

Girls golf team finishes 15th at state after winning sectionals, placing third in regionals

team is always looking for areas to improve and better prepare for the games to come.

“Everyone on the team just needs to stay focused and not too nervous as the season continues,” Gozo said.

With Valentina Gozo being the leader in individual points, she was a very good asset to the team in terms of aiding the sectional win according to Vinovich.

“I was incredibly proud of her because there were several girls in that sectional who had very good golf games and Valentina approached that tournament with confidence and prepared herself and was definitely successful at executing her game plan,” Vinovich said.

These nerves did not seem to affect the girls as they played their sectionals and came out on top. The news that a sectional title has been achieved pushed this pressure to the side and was replaced with feelings of excitement for surpassing talented teams and continuing on to state.

“Everyone was excited because we didn’t expect that we would be continuing, just because we knew



## POST-SEASON RESULTS

### Sectional Champions

- 1st Crown Point - 357
- 2nd Munster - 376
- 3rd place regional finish
- 3rd Crown Point - 363
- 4th Valparaiso - 364

### 15th place state finish

Total score of 777

that Valpo was going to be a very close competitor with us that day,” Gozo said.

With a 2021 sectional win under their belt, the girls played in regionals, placing third by one stroke over Valpo, landing them a spot in the state finals.

“Their performance at regionals was outstanding,” Vinovich said.

After achieving third in their regionals, the team advanced to state for their fourth year in a row. With golf as the highest priority, Gozo also hoped her team enjoyed their time at state and had fun playing as well.

“I just hoped that everyone had fun and that we had a good couple days of golf,” Gozo said.

At the state tournament, the girls placed 15th with a total score of 777; state champion Evansville North finished with a score of 606. Coach Vinovich was impressed with her team’s performance.

“The girls played very well throughout the season and continued to improve through the post-season,” Vinovich said.

## Sectional Success

Boys tennis wins sectional title, falls to Munster in regional final

BY ROSALIE DEGENHART [co-editor-in-chief]

The boys tennis team earned a sectional title after defeating Lake Central 3-2 on Friday, Oct. 1. According to senior and varsity captain Joey Phillips, this fulfilled a goal the team had made from the start of the season.

“Our main goal as a team this year was to win sectionals. We were all disappointed after losing last year and felt extra motivated to win this year,” Phillips said.

According to head coach Carl Davis, the team started getting into their groove since the start of the season.

“I thought the team competed extremely well this year. We all worked really hard and was able to reach our goal of winning sectionals.”

- varsity captain  
Joey Phillips

“I think we really found a nice rhythm. Everyone understands their job and role on the team. I’ve seen everyone take ownership of their court,” Davis said.

With this being Davis’ second year coaching the team, he gives insight to how he structures his practices to make them most effective when it comes to actual match play.

“I don’t think there is any substitute for match play and (match toughness). We try to structure the drills to focus on match strategy and intensity,” Davis said. “Then, we pull out individual players to work on certain developmental goals and needs and focus on those.”

One of the team’s most intense matches this year was against Laporte. Winning 3-2, Davis comments on how the players’ strengths led them to this victory against the DAC team.

“I think the number one quality that I look for in a player is their ability to succeed, their willingness to give everything (they have) to a match, to win and be competitive. I think a great example of this was our match against Laporte this year,” Davis said. “Every team member had a job to do and it took 100 percent effort to make that win happen. Everyone gave everything they had and it worked.

In such a close match, the nerves can kick in



■ Senior Zach Hill prepares to return a hit in a match against Michigan City during the regular season.

PHOTO BY ROSALIE DEGENHART

and mistakes can be made. Davis makes sure the players stay calm.

“I try to make sure they stay in the moment. Oftentimes, a tough match is of our own doing. Playing one point at a time and, most importantly, forgetting about the point that just happened, win or lose, is critical. I think we’ve done a great job at becoming better at this,” Davis said.

Phillips started the season playing one singles but switched to one doubles with senior Zach Hill in the middle of the season. This shift took some getting used to, according to Phillips.

“At first when switching to doubles we struggled to adapt a little. But after practicing and continuing to play in matches we were able to get our confidence and be a successful doubles team,” Phillips said.

When it comes to wins and losses, records can statistically show the successes of the team, but Davis believes the team’s ability to achieve their goals defines their success.

“The highlight, as far as accomplishments (go), is how we set our goals as a team at the beginning of the season, both short term and long term, and worked everyday,” Davis said. “(We) came together as one, with the single focus to accomplish what we set out to do.”



SPORTS  
SHORTS

Boys Soccer ■ Girls Soccer ■ Boys  
Cross Country ■ Girls Cross Country ■  
Moments of the Month



■ Sophomore Weston Hulen closes in on the finish line at the DAC meet, finishing third overall.

PHOTO PROVIDED BY  
GREATNEWS.LIFE

Boys cross country place third at DAC meet, place first at sectionals

BY KRISTIAN MAUNES [reporter]

The boys cross country team put on an exemplary performance during the DAC championship meet on Oct. 2, placing third out of eight teams competing. Head coach Erik Forehand believes that this result is due to the team’s hard work.

“Most of the team has been putting forth a great and focused effort all season. Cross country is an incredibly demanding sport physically and takes a tremendous amount of discipline to reach the level of success that is easy to talk about,” Forehand said.

21 of the 32 boys who had competed in the race set career best times for the season. Forehand is very optimistic for the team in the post-season.

“We hope to have success in the post-season with a goal to win sectionals, regionals and advance to the state meet. We have the team to make this happen,” Forehand said.

Leading the team in terms of time is sophomore Weston Hulen, who placed third overall in the DAC meet. According to Hulen, he was surprised and excited with his result in the race.

“I didn’t think I was going to get third. I started out around 10th and had to make a big move throughout the rest of the race. It was definitely hard,” Hulen said.

Along with their DAC finish, the boys won sectionals and placed second at regionals. They will compete on the semi-state meet on Oct. 23.

Boys soccer falls to Chesterton in sectional semifinal

BY ZOEY SLAVENA [reporter]

On Oct. 6, The boys soccer team lost to Chesterton 4-1 in the sectionals semi finals. While Chesterton went on to beat Hobart to win the sectional title, the team’s season concluded.

According to senior Kyle Alb, finishing his senior season was hard to deal with, especially since it will be the last time he will play for the team.

“It’s devastating to know I will never wear the uniform ever again, but, with that being said, I wouldn’t change all of the amazing memories for anything. This program has been a blessing to me and will help me prepare for my future,” Alb said.

According to head coach Michael Bazin, even though the team lost, the team had one of its best games of the season.

“Playing your best game the last game of the season is where you want to be and a lot of kids have improved. Overall, the team just got better throughout the season. The boys played with heart, with pride, and I was really proud of the way that they played the last game,” Bazin said.



■ Senior Antonio Zamudio (above) and Kyle Alb (right) go into challenges against Valparaiso on Sept. 22.

PHOTOS BY GILLIAN GATLEY

RECORD  
10-7-1



■ Senior Emma Adams shields off a Kankakee Valley defender on Sept. 23. The girls won the game 6-1.

PHOTO BY GILLIAN GATLEY

Girls Soccer wins sectional title, falls to Valparaiso in regional play

BY SAMUEL BREWER [sports editor]

With a convincing 7-1 victory over Highland in the final, the girls soccer team won their sectionals. They beat Hammond Central 9-0 in the quarter-finals and went on to beat rivals Lake Central 3-0 in the semis.

According to head coach Chris Mikrut, the team did exactly what they needed to do to bring home the title.

“We followed the game plan of what we wanted to do. We pressured all the teams, forced them to make mistakes and kept them away from our goal. The girls did a great job. I was really impressed with how hard they played,” Mikrut said.

Senior Gianna Witte was honored to win the title her senior year.

“Winning sectionals has been a goal

Goals per game  
4.1  
Goals allowed per game  
0.9  
Top Scorer  
Zoe Wells  
18 goals

for our team since summer training, so seeing all the hard work pay off felt good. Being able to share that moment with my team is something I’ll never forget and was one of the best parts of my senior season,” Witte said.

The girls played Valparaiso on Oct. 13 in their regional game at home. The team lost the game 7-2.

Girls cross country team achieves second place finish at regionals with new head coach Rob Lukowski

BY GILLIAN GATLEY [reporter]  
ZOEY SLAVENA [reporter]

The Crown Point girls cross country team started their season in stride with new coach Robert Lukowski having a huge impact on the flow of the team. With a new coach coming in at the start of the season, there was never any feeling of displacement according to senior Rhena Kiger.

“I really like the new coach, there was never really any weird energy and he fit well. He was really excited to work with us and is very passionate about coaching, which is something we could all tell from day one,” Kiger said.

Not only did the runners take a liking to Coach Lukowski, the new coach also expressed his excitement for working with the team and watching them improve throughout the season.

“I think the team is doing well this season. The training is different, so the athletes are going to take a full season to adjust, but I am really pleased with



■ Sophomore Lilia Hacker runs in the DAC meet on Oct. 2.

PHOTO PROVIDED BY  
GREATNEWS.LIFE

their progress,” Lukowski said.

The girls placed fifth at DAC on Oct. 2 with 113 points.

The girls also competed in sectionals on Oct. 9 where the team placed second overall with an overall score of 52 and average team time of 21:38. The team finished second in regional play and will run in the semi-state meet on Oct. 23.

Coach  
Q+A

When did you start coaching?

“I have been coaching cross country since 2009. I started at Calumet High School and coached the co-ed cross country team there until 2013.”

What made you want to coach at Crown Point?

“I live here; my wife and I moved our family here in 2018. Another motivating factor is that both of my children run cross country and track at Taft, and I knew this would give me an opportunity to see them both compete in the sports they love.”

What got you started in running?

“My wife talked me into running a race on Thanksgiving with her, a 10k. I was not fast, but I enjoyed it. Three months later, I registered for the Chicago marathon in 2004. I never looked back.”

MOMENTS  
OF THE  
MONTH

■ **10-7** The girls volleyball team beat Portage to **win the DAC title**. The team went undefeated, only giving up two sets the entire campaign.

■ **10-1** The boys tennis team **wins sectionals** after defeating Lake Central and Hanover Central.

■ **10-16** The boys and girls cross country teams competed in their respective regional meets. **Both the boys and girls team placed second.**



■ The Crown Point offense lines up against Laporte on Oct. 1, the team won the game 40-0.

PHOTO BY ABIGAIL GODSEN

■ **10-8** The football team **defeated third ranked in the region Chesterton Trojans 14-7 away**. This marked the team’s fifth win of the season, which moved their record to 5-3 overall and 4-2 in the DAC at the time.





# What If...? pushes the envelope of how superheroes are perceived

BY LIVY HELMUTH [assistant editor]

From branching timelines and expanding universes, new, unlikely heroes and villains are born. The events of the Disney + series *Loki* resulted in countless variations of Marvel’s famous characters across dozens of timelines. *What If...?* seeks to answer questions Marvel fans never knew they had, and it challenges how we perceive superheroes and villains.

A majority of the animated characters look very similar to their live action counterparts and original comic books. Un-

fortunately, a few actors were unable to reprise their roles in the series, but the show’s visuality makes that aspect easy to ignore.

The comic-like animated style gives leeway for tenser action sequences and gorgeous perspective shots that would be nearly impossible to accomplish in a classic, live action format. The unique cinematography beautifully captures its one-of-a-kind story.

Each episode revolves around how drastically

different the universe could be if even just one detail had unfolded differently. The beloved protagonists of certain episodes can transform into the pivotal antagonists of others. The use of the butterfly effect brilliantly highlights the humanity within greatly respected characters, as it directly shows how, in the end, fate is really determined by random chance.

Reminiscent of *The Twilight Zone* host Rod Sterling, an entity known as “The Watcher” narrates the events of the many different realities pictured in *What If...?* in a mystical and descriptive manner. The Watcher guides Marvel fans across the multiverse to tell alternate versions of the classic stories Marvel fans adore, including *Captain America: The First Avenger*, *Guardians of the Galaxy*, *Black Panther* and many more. Also similar to that of *The Twilight Zone*, most episodes conclude with a greatly unexpected, yet inevitable, twist.

When comparing it to Marvel’s past Disney+ releases such as *WandaVision*, *Falcon and the Winter Soldier* and *Loki*, *What If...?* is unfortunately the least compelling for several reasons. However, all of these reasons have absolutely nothing to do with how poor the content of *What If...?* is but instead have everything to do with how impossibly great the other series are. So, it is unfair to say that *What If...?* isn’t good just because

## Best of the B.E.S.T

BY KAITLYN CHANDLER [reporter]

### Best App



Do you love to create and are always on the go? Procreate Pocket is perfect for you. At only \$4.99, you can create amazing digital art wherever you are. This app holds features parallel to high-tech graphic design programs.

### Best Follow



With mental health awareness becoming abundant on social media, @bodyimagepositive stands out as an account with great body positivity quotes and cute images to save as a reminder to love yourself.

### Best Destresser



Be sure to sign up fast for a relaxing experience at the Southlake YMCA located in the outdoor terrace. Early morning yoga and meditation is a great way to start your day and to keep your body healthy.



PHOTO BY ROSALIE DEGENHART

## Station 21 adds two new items as tribute to Crown Point football team

BY GILLIAN GATLEY [reporter]

For Crown Point, Friday night football games are a real treat for anyone looking for a way to spend their Friday nights. It’s no surprise that the rest of the city has also had their fair share of time under the influence of “football fever.” This “football fever” has influenced Station 21 to dedicate two entrees after the Crown Point football team.

The “#Unleashed Burger” and “The Coach Buz” sandwich immediately gained attention from the Crown Point football Twitter. They are not listed on the regular menu but rather on a special menu. After asking for the special menu and looking over my options, it is noticeable that both burgers are thoroughly different. While both burgers had aspects of intrigue, I decided on trying the “#Unleashed Burger” instead of “The Coach Buz” sandwich.

The burger cost \$16, which is a little on the high side, but it makes sense for the large amount of toppings on the burger. Most of the ingredients used, however, are not advertised on the menu. Though the burger was made well, I was a bit

overwhelmed with the amount of cheese that was present. With the combination of cheese curds, American swiss and beer cheese, the #Unleashed burger has too rich of a blend with not much help from the burger to balance out the cheese. Along with this, the copious amount of grease from the cheese made the bun soggy and hard to hold, but the burger itself was cooked exactly how I asked it to be. I substituted the given side of cheese curds for fries, and it provided a much needed break from the overpowering presence of cheese. The “#Unleashed burger,” while I’m glad I tried it, would not be a regular item I would order.

If you are looking for a light meal, the “#Unleashed burger” is not a wise choice. This burger is guaranteed to blow your diet in one bite. It is, however, a must try for any cheese fanatics who are looking to test their limits. It is a fun burger to have on the menu at Station 21, and it brings publicity to the high school football team. The “#Unleashed burger” is definitely not an everyday eat, but rather a one time try that is a bit too on the cheesy side.

## IN Review

*Stone Ocean* is heartbreaking and seamlessly continues stories in the *Jojo's Bizarre Adventure* series

BY SOPHIA NASTOVSKI [reporter]



One of the most newest and relevant parts of *Jojo's Bizarre Adventure*, a well-known and popular manga created by Hirohiko Araki, is *Stone Ocean*. Published from 2000 to 2003, this well-known part is home to one of the most iconic protagonists known to man, Jolyne Cujoh. In this part of *Jojo's Bizarre Adventure*, you follow Jolyne on her journey through one of the toughest prisons in Florida in a strange and heart wrenching story. This breathtaking, one-of-a-kind masterpiece has one of the most amazing and phenomenal writing, which can only live up to its name of being bizarre.

*Outer Banks* earns popularity again with its mysteries and complex storyline, season two out now

BY ARIEL MOORE [reporter]



*Outer Banks* is a Netflix original television series that came out in April of 2020. With the release of season two in July of this year, the show blew up once again. Many viewers enjoy the mysteries and adventure that the show has to offer. The series follows a group of teenagers as they solve the mysteries of ancient treasures in their coastal town. Problems arise, however, when the group gets split apart.

### P.L.A.Y.I.N.G FAVORITES

#### Oversized jackets

Oversized jackets are the perfect piece of lounge wear. As the weather gets colder, they are a simple item of clothing to slip on as you walk out the door. The sleeves are loose and unrestraining. Pairing the jacket with leggings or sweatpants make for the best lounge outfit.



#### Squishmallows

Squishmallows are an extremely soft plush toy made out of a marshmallowy, polyester fiber. Every one of the Squishmallow characters have their own unique stories. These are perfect for young children and teens who may feel alone or need something to relate to.

### WE'RE SO O.V.E.R

#### Devious Licks

Devious Licks are this season's social media trend, where kids post about what they can steal or vandalize at school. While this trend started out seeming silly, it quickly turned destructive. Don't forget that theft and vandalism can result in suspension or expulsion.



#### Hallway Traffic

Hallway traffic has become a problem again now that all students are in-person. Stopping in the middle of the hallway to talk to friends, or walking extremely slowly disrupts the flow of the hallway. Mass groups of people that walk in the hallway are also frustrating.



# FAVES of FALL

Staff picks to inspire your fall season

## To EAT and DRINK

### County Line Cinnamon Donut

"The cinnamon donut from County Line Apple Orchard is a delicious fall dessert that can be eaten hot, cold or with a scoop of ice cream."

- ARIEL MOORE

### Candy Corn

"There is only one time of the year to eat this treat, so you better get your hands on some candy corn as soon as fall rolls around."

- MARY MARCINEK

### Iced Chai Latte with Pumpkin Cream Cold Foam

"Sipping this beverage on a crisp fall day doing homework puts me in the perfect mood to be productive."

- ROSALIE DEGENHART

### Apple Cider

"Cold or hot, this seasonal drink gives a spiced twist to a classic fruit juice. You can find this served at concessions at fall events or pick a quart up from your local grocery store."

- JOSHUA HEDGES



A truck carries buckets with flowers, pumpkins and a 3D sign engraved with the words "Harvest Tyme."

PHOTO BY KAITLYN CHANDLER

## To VISIT Harvest Tyme

BY KAITLYN CHANDLER [reporter]

Harvest Tyme is the perfect place to spend time on a beautiful fall day. Located on 17904 Grant St., Lowell, Indiana, this small business carries plenty of fun fall activities for all ages to enjoy. There are whimsical kiddie carnival rides with unlimited access

that comes with the "Amazement Pass" which includes full access to all activities at the price of \$18.95 online or \$22.95 at the gate per ticket. These activities include a corn maze, rides, a pumpkin patch, sunflower fields, a petting zoo, hay rides and more. This is a great price for everything that is included.

If one doesn't want to ride the kiddie rides, they can buy the "Farm Pass" for \$8.95 online or \$12.95 at the gate, which allows access to every-

thing except the rides. This is the best deal to enjoy Harvest Tyme without going on rides.

After walking through the sunflower fields and the pumpkin patch, one can get a bit hungry. Luckily, there are plenty of vendors, food trucks and the cutest lemonade stand. They have lemonades with flavors including cotton candy, strawberry rose and blueberry lavender. Not only this, but their cold brew is outstanding with pumpkin cheesecake, salted caramel

and white chocolate pumpkin flavors.

The photo opportunities are outstanding, and it is the perfect place for senior pictures or even for a fun photoshoot with friends. Last but definitely not least, the butterfly garden is a show stopper. It is a greenhouse structure with a wide variety of plants housing monarch butterflies. The staff was extremely nice, and they might even let visitors hold the butterflies. All in all, Harvest Tyme is definitely worth the wait.

## To WATCH

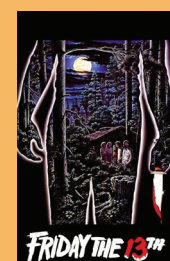
### Beetlejuice



"Beetlejuice is a hilarious mix of comedy and horror. It's great when you want a small chill up your spine or a great laugh."

- ZOXY SLAVENA

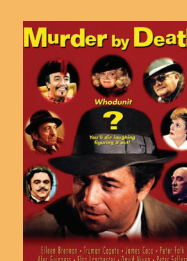
### Friday the 13th (1980)



"Cheesy horror films are the epitome of fall and Halloween, and when it comes to cheesy horror movies, nothing tops Friday the 13th."

- SAMUEL BREWER

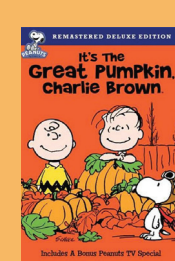
### Murder by Death



"This is an old, clue style movie has the perfect combination of comedy and mystery for the spooky season."

- ABIGAIL GODSEN

### It's the Great Pumpkin, Charlie Brown



"This iconic Charlie Brown movie is a well-known, family friendly movie that is perfect to watch as Halloween approaches."

- SOPHIA NATSTOVSKI



# The Future of Medicine

## THE FACTS

### What is an internship?

Internships are **work based programs** where students can observe the skills needed, or related tasks involved, in a specific career field.

### CPHS offers internships in these career fields:

Medical & Health Services  
Education  
Engineering  
Veterinary Science  
Manufacturing  
Hospitality  
Office Management  
Child Care  
Transportation  
Culinary Arts  
Criminal Justice  
Supervision

### Where can I find opportunities?

For CPHS internship questions, contact:

**Mrs. Ginny Zega**  
[gzega@cps.k12.in.us](mailto:gzega@cps.k12.in.us)

Ask your **guidance counselor** about any opportunities you may be eligible for in a specific career field e.g. Future Docs Abroad (Medical & Health Services).

## High school senior travels abroad to Tanzania for a two week summer medical internship

BY ABIGAIL GODSEN [co-editor-in-chief]

It's the rhythmic beep of vital monitors, the intense smell of alcohol permeates the hospital wards. All around there are people seeking help, possibly seeking to save their lives. This is senior Jackie Bozinovski's passion and dream occupation—to become a doctor.

That dedication paid off as she was chosen to participate in a two week abroad medical internship program. With 36 other students from across the U.S., she traveled to Dar es Salaam, Tanzania to work in a local hospital.

"I went to a medical conference that I was invited to by the school, and when I went they offered me it (the internship). It was supposed to be in Vietnam, but then it kept getting canceled. We were actually the first group to go to Tanzania for the program (Future Docs Abroad)," Bozinovski said. "At this conference they offer the internship and they take the first 50 people. The only problem is that there are so many people. Our group was originally supposed to be 50 but ended up actually being 36, so we were a pretty small group."

Becoming a doctor has always been a passion for her, and she was especially influenced by her mother who is a nurse.

"My mother is a nurse, so I've always looked up to her. And then I've always been really interested in biology because it's always clicked with me. Genes have always been my passion, so I kind of just worked my way towards that," Bozinovski said.

Although her mother was always an inspiration, Bozinovski's passion for genetics manifested as a result of a first hand experience with breast cancer caused by a genetic mutation.

"I wanted to be a geneticist for a very personal reason. My great aunt on my dad's side, she got cancer, not because of any environmental reasons, but it was triggered by a genetic component," Bozinovski said. "There's only two types of genetic mutations that occur that make breast cancer happen, and she just happened to be one of those lucky few that got it. So that made me feel like we've been trying to cure cancer, but it was mainly about her."

While in Tanzania, Bozinovski got to experience a preview of what it would be like to work as a medical resident in a hospital, as well as being able to get learn more about the variety of specialties within a hospital.

"In medical school, you have to do rotations. That's sort of the deal, but instead you do it over a span of two weeks instead of months. Everyday I was in a different ward; I was in dialysis, cardiology, labor and delivery," Bozinovski said. "What we would do sometimes is you do something different in the morning and then something else in the afternoons. Sometimes we'd be doing one (ward) and it would be an all day thing. They had several different programs and we did it Monday through Friday. Then the weekend is when we have time off and also when we go on a safari."

The majority of what Bozinovski participated in was job shadowing, but she was still able to witness a variety of surgeries while there.

"A lot of it is just shadowing. So like, I got to watch a bunch of surgeries, so I witnessed six C-sections, so that was awesome. I also saw a total knee replacement and a thyroidectomy," Bozinovski said.

If given the option, Bozinovski would do this again as it furthered her passion for medicine and

dedication to the career path.

"It is an amazing experience," Bozinovski said. "It definitely has made me think about it (pursuing medicine) differently, and what I wanted to do originally because I was like, 'Oh, it's a once in a lifetime opportunity. I have to do it.' Now it's more like I had this opportunity, and I wanted to do it again in the future because of how enriching it is. In the future, I want to do more stuff like this. I still want to go into medicine; I still want to be a geneticist. I still want to study the path that I want to take, but it kind of reinforced what I wanted to do."

Originally, Bozinovski was nominated by a few people within the school who felt she fit the criteria of someone with a bright future in within the medical field.

"It was my biomed class that nominated me. I was also nominated by my counselor. If you wanted to, you could also buy an alumni. So really, you can ask your counselor about it. Sometimes the bio courses will recommend you for it regardless," Bozinovski said.

For other students seeking to pursue internships like the one offered by Future Docs Abroad, Bozinovski recommends speaking with a school counselor about possible opportunities.

"For these types of internships, you have to show enough commitment, you have to show more interest than just 'Oh, I'm going to take this class.' I wanted to learn more; I wanted to learn everything about this class and more. The reason why I was invited was because she said you need to have passion and dedication, and you have to have the curiosity to know more," Bozinovski said.



"I want to do it again in the future because of how enriching it is. In the future, I want to do more stuff like this."

- senior  
Jackie Bozinovski

■ Senior Jackie Bozinovski (second to the right) stands with the other 36 students who participated in the Future Docs Abroad Program with her in Tanzania over the summer.

PHOTO PROVIDED BY JACKIE BOZINOVSKI

■ Senior Jackie Bozinovski (far left in all gray) smiles for a photo on a safari while in Tanzania for her summer medical internship program.

PHOTO PROVIDED BY JACKIE BOZINOVSKI





# STUDENT SPOTLIGHT

## BELLA TUFTS

### *Freshman*

**Q.** What is something you are looking forward to most in your high school experience?

**A.** I am looking forward to making some of the best memories of my life with my best friends.

**Q.** Who is someone you look up to a lot?

**A.** I look up to Oprah Winfrey because she has overcome so much in her life such as racial discrimination and size discrimination. She also doesn't care what others think.

**Q.** What do you like to do most in your free time?

**A.** Sleep because my life is crazy, or I love to hangout with my friends.

**Q.** What is something you wish to achieve in your future?

**A.** I wish to achieve the job of my dreams, though I'm not sure what this is yet, with a loving family that will support me and my friends.

**Q.** What event or activity holds the most significance in your life?

**A.** Swimming has the most significance in my life because I have met my closest friends through it, and it also helps me stay in shape.

**Q.** How has your school year been so far, and what is one thing that has been hard to adjust to so far?

**A.** My school year has been good, but it's just very long, especially with being a student athlete. It's hard to get sleep and focus when you're waking up at five everyday and not finishing homework until 11 p.m..



## What Do You **THINK?**

What are you looking forward to most this school year?

"I am looking forward to incorporating with other students and becoming more social again because COVID was holding me back, and it forced me to miss out on a lot."

**junior** David Maddack

"I'm most excited for having a normal type of year without having to be out of school because online school was very hard for me, and school is usually not too difficult for me."

**sophomore** Cali Dreixler

"I'm looking forward to making new friends and meeting new people because it is a good opportunity to see more people after COVID because COVID dampered my social life."

**junior** Audrey Macek

"I'm looking forward to seeing how we can overcome this crazy pandemic, and I'm looking forward to the creative and unique ideas that the teachers and staff can come up with, as well as how future school years are going to be impacted."

**senior** Curtis Harden

"I am looking forward to actually being able to have an art club this year. It was not around last year because one of the art teachers has an immune deficiency. This year will be a perfect opportunity for a lot of artists to get back into the groove."

**junior** Peyton Fryza