

**Alameda Unified School District - Board Policy 5146 – Students**  
**Married/Pregnant/Parenting Students**

The Governing Board recognizes that early marriage, pregnancy, or parenting and related responsibilities may disrupt a student's education and increase the chance of a student dropping out of school. The Board therefore desires to support married, pregnant, and parenting students to continue their education, attain strong academic and parenting skills, and promote the healthy development of their children.

(cf. [5113.1](#) - Chronic Absence and Truancy)

(cf. [5147](#) - Dropout Prevention)

(cf. [6011](#) - Academic Standards)

(cf. [6146.1](#) - High School Graduation Requirements)

(cf. [6146.11](#) - Alternative Credits Toward Graduation)

(cf. [6146.2](#) - Certificate of Proficiency/High School Equivalency)

(cf. [6164.5](#) - Student Success Teams)

The district shall not discriminate against any student on the basis of the student's marital status, pregnancy, childbirth, false pregnancy, termination of pregnancy, or related recovery. (Education Code [230](#); 34 CFR [106.40](#))

(cf. [0410](#) - Nondiscrimination in District Programs and Activities)

For school-related purposes, a student under the age of 18 years who enters into a valid marriage shall have all the rights and privileges of students who are 18 years old, even if the marriage has been dissolved. (Family Code [7002](#))

**Education and Support Services for Pregnant and Parenting Students**

Pregnant and parenting students shall retain the right to participate in any comprehensive school or educational alternative program. The classroom setting shall be the preferred instructional strategy unless an alternative is necessary to meet the needs of the student and/or his/her child.

(cf. [6158](#) - Independent Study)

(cf. [6181](#) - Alternative Schools/Programs of Choice)

(cf. [6184](#) - Continuation Education)

(cf. [6200](#) - Adult Education)

Any education program or activity that is offered separately to pregnant students, including any class or extracurricular activity, shall be equal to that offered to other district students. A student's participation in such programs shall be voluntary. (5 CCR [4950](#))

(cf. [6142.7](#) - Physical Education and Activity)

(cf. [6145](#) - Extracurricular and Cocurricular Activities)

As required for other students with physical or emotional conditions or temporary disabilities, the Superintendent or designee may require a student, based on pregnancy, childbirth, false pregnancy, termination of pregnancy, or related recovery, to obtain certification from a physician indicating that the student is physically and emotionally able to participate in an educational program or activity. (34 CFR [106.40](#))

To the extent feasible, educational and related support services shall be provided, either through the district or in collaboration with community agencies and organizations, to meet the needs of pregnant and parenting students and their children. Such services may include, but are not limited to:

1. Child care and development services for the children of parenting students on or near school site(s) during the school day and during school-sponsored activities

(cf. [1020](#) - Youth Services)

(cf. [5148](#) - Child Care and Development)

2. Parenting education and life skills instruction

3. Special school nutrition supplements for pregnant and lactating students pursuant to Education Code [49553](#), 42 USC [1786](#), and 7 CFR 246.1-246.28

(cf. [3550](#) - Food Service/Child Nutrition Program)

(cf. [5030](#) - Student Wellness)

4. Health care services, including prenatal care

(cf. [5141.6](#) - School Health Services)

5. Tobacco, alcohol, and/or drug prevention and intervention services

(cf. [5131.6](#) - Alcohol and Other Drugs)

(cf. [5131.62](#) - Tobacco)

6. Academic and personal counseling

(cf. [6164.2](#) - Guidance/Counseling Services)

7. Supplemental instruction to assist students in achieving grade-level academic standards and progressing toward graduation

(cf. [6179](#) - Supplemental Instruction)

As appropriate, teachers, administrators, and/or other personnel who work with pregnant and parenting students shall receive related professional development.

(cf. [4131](#) - Staff Development)

(cf. [4231](#) - Staff Development)

(cf. [4331](#) - Staff Development)

#### Absences

Pregnant or parenting students may be excused for absences related to confidential medical appointments in accordance with BP/AR 5113 - Absences and Excuses.

(cf. [5113](#) - Absences and Excuses)

The Superintendent or designee shall grant a student a leave of absence due to pregnancy, childbirth, false pregnancy, termination of pregnancy, and related recovery for as long as it is deemed medically necessary by a physician. At the conclusion of the leave, the student shall be reinstated to the status held when the leave began. (34 CFR [106.40](#))

(cf. [5112.3](#) - Student Leave of Absence)

A parenting student may request exemption from attendance because of personal services that must be rendered to a dependent.

(cf. [5112.1](#) - Exemptions from Attendance)

#### Reasonable Accommodations

When necessary, the district shall provide reasonable accommodations to pregnant and parenting students to enable them to access the educational program.

A pregnant student shall have access to any services available to other students with temporary disabilities or medical conditions. (34 CFR [106.40](#))

(cf. [6183](#) - Home and Hospital Instruction)

The school shall provide reasonable accommodations to any lactating student to express breast milk, breastfeed an infant child, or address other needs related to breastfeeding. A student shall not incur an academic penalty for using any of these reasonable accommodations and shall be provided the opportunity to make up any work missed due to such use. Reasonable accommodations include, but are not limited to: (Education Code [222](#))

1. Access to a private and secure room, other than a restroom, to express breast milk or breastfeed an infant child
2. Permission to bring onto a school campus a breast pump and any other equipment used to express breast milk
3. Access to a power source for a breast pump or any other equipment used to express breast milk
4. Access to a place to store expressed breast milk safely
5. A reasonable amount of time to accommodate the student's need to express breast milk or breastfeed an infant child

## Complaints

Any complaint of discrimination on the basis of pregnancy or marital or parental status shall be addressed through the district's uniform complaint procedures in accordance with 5 CCR [4600-4687](#) and BP/AR 1312.3 - Uniform Complaint Procedures.

(cf. [1312.3](#) - Uniform Complaint Procedures)

Any complaint alleging district noncompliance with the requirements to provide reasonable accommodations for lactating students also may be filed in accordance with the district's procedures in AR 1312.3 - Uniform Complaint Procedures. A complainant who is not satisfied with the district's decision may appeal the decision to the California Department of Education (CDE). If the district or the CDE finds merit in an appeal, the district shall provide a remedy to the affected student. (Education Code [222](#); 5 CCR [4600-4687](#))

## Program Evaluation

The Superintendent or designee shall periodically report to the Board regarding the effectiveness of district strategies to support married, pregnant, and parenting students, which may include data on participation rates in district programs and services, academic achievement, school attendance, graduation rate, and/or student feedback on district programs and services.

(cf. [0500](#) - Accountability)

(cf. [6162.5](#) - Student Assessment)

## Legal Reference:

### EDUCATION CODE

[222](#) Reasonable accommodations; lactating students

[230](#) Sex discrimination

[8200-8498](#) Child Care and Development Services Act

[48205](#) Excused absences

[48220](#) Compulsory education requirement

[48410](#) Persons exempted from continuation classes

[49553](#) Nutrition supplements for pregnant/lactating students

[51220.5](#) Parenting skills and education

[51745](#) Independent study

[52610.5](#) Enrollment of pregnant and parenting students in adult education

#### CIVIL CODE

[51](#) Unruh Civil Rights Act

#### FAMILY CODE

[7002](#) Description of emancipated minor

#### HEALTH AND SAFETY CODE

[104460](#) Tobacco prevention services for pregnant and parenting students

#### CODE OF REGULATIONS, TITLE 5

[4600-4687](#) Uniform complaint procedures

[4950](#) Nondiscrimination, marital and parental status

#### CODE OF REGULATIONS, TITLE 22

[101151-101239.2](#) General licensing requirements for child care centers

[101351-101439.1](#) Infant care centers

#### UNITED STATES CODE, TITLE 20

[1681-1688](#) Title IX, Education Act Amendments

#### UNITED STATES CODE, TITLE 42

[1786](#) Special supplemental nutrition program for women, infants, and children

#### CODE OF FEDERAL REGULATIONS, TITLE 7

246.1-246.28 Special supplemental nutrition program for women, infants, and children

#### CODE OF FEDERAL REGULATIONS, TITLE 34

[106.40](#) Marital or parental status

#### ATTORNEY GENERAL OPINIONS

87 Ops.Cal.Atty.Gen. 168 (2004)

COURT DECISIONS

American Academy of Pediatrics et al v. Lungren et al (1997) 16 Cal.4th 307

Policy ALAMEDA UNIFIED SCHOOL DISTRICT

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