



## Test Taking Reminders:

The ACT Mathematics Test contains 60 questions to be answered in 60 minutes.

“Typically, easier questions on the ACT precede harder questions. In this way, the ACT gets progressively more difficult as you work through each section. Keep this in mind as you move through the test answering easy questions first and then return to answer more difficult questions” ■ and/or “you might [consider] having a goal of 30 seconds per question for questions 1-20, 60 seconds per question for #21-40, and 90 seconds per question for #41-60.” ●

To save time, look for opportunities to test the answers rather than test the answers rather back solve when you can. Back solving problems works when you see integers in the answer choices. ■

If you regularly use a calculator in your mathematics work, use one you're familiar with when you take the mathematics test. Using a more powerful, but unfamiliar, calculator is not likely to give you an advantage over using the kind you normally use. ☼

## Practice! Practice! Practice!

1. Set a timer for 60 minutes and take an ACT math practice test. *Within that last minute, don't forget to fill-in the Same bubble for any problems you weren't able to answer!*
2. Grade your test and determine your Scale Score using the Raw Score rubric at the back of your practice test.
3. Review your answers and get help for any problems you didn't understand. “Like any other skill, you have to see what you are doing wrong in order to improve.” †
4. Repeat steps 1-3 to improve on your timing and the number of questions answered correctly.

■ <https://www.educationcorner.com>

● <https://blog.prepscholar.com>

☼ <http://www.act.org>

† <https://lawschooli.com>



## Khan Academy :: Tips for Test Day

*“One key to overcoming Test Day anxiety is to have a plan.”*

### The Night Before

**Relax!** There are a lot of good reasons NOT to study the night before Test Day. Marathoners don't go for a run before Race Day, and mental marathoners like you shouldn't study for more than an hour on the day before you [test]. Your brain needs to rest in order to do its best.

**Avoid screen time.** You're going to need to get a good night's sleep, and bright screens (televisions, phones, movies) will wake up your brain and make it more difficult to drift off at an early hour.

**Have a healthy dinner.** Drink lots of water and load up with complex carbohydrates, just like marathon runners do: potatoes, pasta, and rice are good choices here, as well as protein and vegetables.

**Organize your bag for Test Day.** The night before is the time to put your ID, pencils, calculator, and other gear in a bag by the door.

### Test Morning

- Wake up early and have a healthy breakfast (e.g. eggs, toast, cereal, bagel, fruit, juice, cheese, milk).
- If you drink coffee or tea, then stick to your routine. If you don't drink a caffeinated beverage every day, though, Test Day isn't the time to start. You need calm, slow-burning, consistent energy today.
- Get to the test site early.

<https://www.khanacademy.org/test-prep/sat/new-sat-tips-planning/new-sat-how-to-prep/a/tips-for-test-day>