

May/June 2022

Lunch includes entrée listed below, fruit, milk, and vegetable

All grains are at least 50% whole Grain. Students Must take ½ cup fruit and/or vegetables with meal. Milk Choice Include Skim, 1% and Skim Chocolate. Menu subject to change without notice, due to price and availability.

Local Harvest of the Month is Beef

	Monday	Tuesday	Wednesday	Thursday	Friday	
BREAKFAST: Free to All Students 21-22 School Year Adult: \$2.00	Whole Grain Cereal OR Oatmeal with Choose Your Own Toppings Fruit and Milk	Grilled Ham 'n' Cheese w/ Fruit and Milk	Breakfast Burrito Fruit and Milk	Biscuits and Gravy Fruit and Milk	Muffin w/ String Cheese, Fruit, Milk	
	Available Daily: Assorted Whole Grain Cereals, Oatmeal, UBR Bar, String Cheese, Milk, Orange Juice and Canned and Fresh Seasonal Fruit, Breakfast comes with Choice of Protein, Choice of Grain, Choice of Fruit and Milk					
LUNCH: Free to All Students for the 21-22 School Year Adult: \$3.50 Now Local: Beef, Lentils, Squash, Carrots, Some Breads and Flour And more!	PLEASE JOIN US FOR BREAKFAST OR LUNCH! For Free Lunch Eligibility Call 751-3443, Menu Questions 751-3646					
	2 Spaghetti w/ Meat Sauce, Dinner Roll, Fruit, Veggie and Milk	3 Pizza, Hoagies or PBJ w/ Fruit, Veg and Milk	4 Cheeseburger, Hoagies or PBJ	5 Pizza or Hoagies or PBJ Fruit, Veg and Milk	6 Corn Dog, Hoagie or PBJ Fruit, Veg, Milk	
	9 Chicken Stir Fry Chicken Patty, Hoagie or PBJ Fruit, Veg, Milk	10 Pizza or Hoagie or PBJ Fruit, Veg, Milk	11 Cheeseburger on WG Bun or Hoagie or PBJ Fruit, Veg, Milk	12 Pizza, Hoagies or PBJ, Fruit, Veg and Milk	13 Hot Ham and Cheese, Hoagie or PBJ w/ Fruit, Veggie and Milk	
	16 BBQ Pulled Pork on WG Bun Chicken Patty or Hoagie or PBJ, Fruit, Veg and Milk	17 Pizza or Hoagie or PBJ Fruit, Veg, Milk	18 Cheeseburger on WG Bun or Hoagie or PBJ Fruit, Veg, Milk	19 Pizza, Hoagie or PBJ Fruit, Veg and Milk	20 Corn Dog, Hoagie or PBJ Fruit, Veg, Milk	
	23 COOKS CHOICE, Chicken Patty, Hoagie or PBJ, Fruit, Veg and Milk	24 Pizza or Hoagie or PBJ Fruit, Veg, Milk	25 Cheeseburger on WG Bun or Hoagie or PBJ, Fruit, Veg, Milk	26 Pizza, Hoagie or PBJ, Fruit, Veg and Milk	27 Hot Ham and Cheese, Hoagie or PBJ Fruit, Veg, Milk	
	30 No School Memorial Day	31 Pizza or Hoagie or PBJ Fruit, Veg, Milk	June 1 Cheeseburger on WG Bun or Hoagie or PBJ Fruit, Veg, Milk	June 2 Pizza, Hoagie or PBJ Fruit, Veg and Milk	June 3 Hot Ham and Cheese, PBJ or Hoagie Fruit, Veg and Milk	
	June 6 Cooks Choice, Chicken Patty, Hoagie or PBJ, Fruit, Veggie, Milk	June 7 Pizza or Hoagie or PBJ, Fruit, Veg, Milk	June 8 Cheeseburger on WG Bun or Hoagie or PBJ	June 9 Pizza, Hoagie or PBJ, Fruit, Veg and Milk	June 10 Hot Ham and Cheese, PBJ or Hoagie, Fruit, Milk and Veggie	
	Student Meal Includes: 1 cup milk, 1-2 oz. meat, 1-2 oz. grain, 3/4 cup veggie and 1/2 cup fruit, 600-700 calories					
	GRILL MENU	Grilled or Breaded Chicken Patty on WG Bun	Pizza	MT Beef Burgers On WG Bun	Pizza	MT Beef Burgers
	SANDWICH & SALADS*	Caesar Salad w/ Chicken	Egg Salad	Ham or Turkey Hoagie w/ Cheese	Tuna Salad Sandwich on WG Bread	Pasta Salad w/ Ham or Salami, Dinner Roll
Available Daily: Assorted Deli Sandwiches, PB&J, Chef Salad						

Unlimited Fruit and Veggies					
FRUIT Selection	Apples, Oranges, Dried Mixed Fruit	Bananas, Oranges, or Seasonal Fruit, Dried Mixed Fruit	Fresh Berries or Grapes, Apples, Dried Mixed Fruit	Bananas, Oranges, or Seasonal Fruit, Dried Mixed Fruit	Apples, Oranges, Dried Mixed Fruit

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