

MONDAY

M.A.T.I Karate

TK/K • 12 weeks (Session 1 & 2)
Monday, 1:45-2:30 p.m.
Cost: \$250

Sept. 12, 19; Oct. 3, 10, 17, 24, 31;
November 7, 14, 28; December 5, 12
*(No class 9/26, Rosh Hashanah;
11/21, Thanksgiving)*

Don Newell and Eliza Newell from M.A.T.I. Kempo Karate are back by popular demand for their tenth year! The Martial Arts Training Institute helps students learn basic karate techniques, including kicks, blocks, strikes, and self-defense. The class will also focus on students building confidence when meeting someone new by practicing the three aspects of a polite greeting: good eye contact, firm handshake, and a loud voice. Students also learn the "Three Rules of Concentration": focus your eyes, mind, and body. Important life skills, such as respect, a positive attitude, self-control, and honesty will be reinforced as well. The last class will include a belt ceremony where students showcase what they have learned to their instructors and family. Whether a child is new to the sport or working to move up to a higher belt level, this class will accommodate all skill levels.

Mixing it Up: Mixed Media Art

TK/K • 6 weeks
Mondays, 1:45-2:30 p.m.
Cost: \$150

October 31; November 7, 14, 28;
December 5, 12
(No class 11/21, Thanksgiving)

Mixed media is a wonderful art technique in which more than one medium or material is used in a single project. It is perfect for the imagination of budding young artists. In this class, taught by veteran Hawks' Club teacher and TK Assistant Teacher, Mrs. B, we will create a fish wall-hanging with recycled and found objects, Model Magic ice cream sundaes so delicious you wish you could eat them, and fantastical bird art. Come mix it up with us!

M.A.T.I Karate

Grades 1-5 • 12 weeks (Session 1 & 2)
Monday, 3:00-3:45 p.m.
Cost: \$250

Sept. 12, 19; Oct. 3, 10, 17, 24, 31;
November 7, 14, 28; December 5, 12
*(No class 9/26, Rosh Hashanah;
11/21, Thanksgiving)*

Don Newell and Eliza Newell from M.A.T.I. Kempo Karate are back by popular demand for their tenth year! The Martial Arts Training Institute helps students learn basic karate techniques, including kicks, blocks, strikes, and self-defense. The class will also focus on students building confidence when meeting someone new by practicing the three aspects of a polite greeting: good eye contact, firm handshake, and a loud voice. Students also learn the "Three Rules of Concentration": focus your eyes, mind, and body. Important life skills, such as respect, a positive attitude, self-control, and honesty will be reinforced as well. The last class will include a belt ceremony where students showcase what they have learned to their instructors and family. Whether a child is new to the sport or working to move up to a higher belt level, this class will accommodate all skill levels.

Mixing it Up: Mixed Media Art

Grades 1-2 • 6 weeks
Mondays, 3:00-3:45 p.m.
Cost: \$160

October 31; November 7, 14, 28;
December 5, 12
(No class 11/21, Thanksgiving)

Mixed media is a wonderful art technique in which more than one medium or material is used in a single project. It is perfect for the imagination of budding young artists. In this class, taught by veteran Hawks' Club teacher and TK Assistant Teacher, Mrs. B, we will create a fish wall-hanging with recycled and found objects, Model Magic ice cream sundaes so delicious you wish you could eat them, and fantastical bird art. Come mix it up with us!

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TUESDAY

Enrichment Programs, Fall 2022: Session 2

What can you do with Lego and glue?

TK/K • 6 weeks
Tuesdays, 1:45-2:30 p.m.
Cost: \$150

October 25;
November 1, 8, 15, 29; December 6
(No class 11/22, Thanksgiving)

Not all Lego are for building! In this class, taught by veteran Hawks' Club teacher and TK Assistant Teacher, Mrs. B, we will be going outside the Lego box! We will use Lego to create print art and make jiggly Lego soap to help clean up the mess. We will build and paint Lego wall art, make delicious Lego treats, and of course, have some fun creating with Lego too!

First Tee of Charlotte

TK/K • 6 weeks
Tuesdays, 1:45-2:30 p.m.
Cost: \$115

October 25;
November 1, 8, 15, 29; December 6
(No class 11/22, Thanksgiving)

"FORE!" Whether your child is new to the sport or has played before, this class is appropriate for all skill levels. First Tee of Charlotte's enrichment program focuses on instilling a passion for golf, developing skills, having fun, and building confidence. Every class includes golf instruction, physical activity, a rules and etiquette lesson, and a character development theme from "The First Tee Nine Core Values": honesty, integrity, sportsmanship, respect, confidence, responsibility, perseverance, courtesy, and judgment. This class is a fun environment designed to encourage participation to give boys and girls a solid foundation in the game of golf.

Chaos Canvas Art

Grades 3-5 • 6 weeks
Tuesdays, 3:00-3:45 p.m.
Cost: \$160

October 25;
November 1, 8, 15, 29; December 6
(No class 11/22, Thanksgiving)

Chaos painting starts with making a mess! In this class, taught by veteran Hawks' Club teacher and TK Assistant Teacher, Mrs. B, we will create uniquely beautiful works of art using the "Chaos Painting" art technique. We will begin by painting colors all over our canvases and then build from there. Our masterpieces will grow and develop as we add more layers and details to our original mess. Come join the fun!

First Tee of Charlotte

Grades 1-3 • 6 weeks
Tuesdays, 3:00-3:45 p.m.
Cost: \$115

October 25;
November 1, 8, 15, 29; December 6
(No class 11/22, Thanksgiving)

"FORE!" Whether your child is new to the sport or has played before, this class is appropriate for all skill levels. First Tee of Charlotte's enrichment program focuses on instilling a passion for golf, developing skills, having fun, and building confidence. Every class includes golf instruction, physical activity, a rules and etiquette lesson, and a character development theme from "The First Tee Nine Core Values": honesty, integrity, sportsmanship, respect, confidence, responsibility, perseverance, courtesy, and judgment. This class is a fun environment designed to encourage participation to give boys and girls a solid foundation in the game of golf.

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WEDNESDAY

Enrichment Programs, Fall 2022: Session 2

Soccer Shots

TK/K • 10 weeks (Session 1 & 2)
Wednesday, 1:45-2:30 p.m.
Cost: \$220

Sept. 7, 14, 21, 28; Oct. 19;
Nov. 2, 9, 16, 30; Dec. 7

(No class 10/5, Yom Kippur; 10/12, Professional Development; 10/26, Early Dismissal; 11/23, Thanksgiving)

Goooooal! For twenty years, Soccer Shots has introduced soccer to the children of Charlotte. Using creative and imaginative games, weekly sessions focus on basic soccer skills like dribbling, passing, and shooting. Positive character traits are highlighted during each session such as respect, teamwork, and confidence. Whether your child is new to soccer or has been playing for a few years, Soccer Shots will expose him or her to the fun of soccer, sportsmanship, and being part of a team.

Junior Chefs Cooking

TK/K • 10 weeks (Session 1 & 2)
Wednesday, 1:30-2:30 p.m.
Cost: \$250

Sept. 7, 14, 21, 28; Oct. 19;
Nov. 2, 9, 16, 30; Dec. 7

(No class 10/5, Yom Kippur; 10/12, Professional Development; 10/26, Early Dismissal; 11/23, Thanksgiving)

Let's get cooking! This course is more than just your average "cookie-cutter" cooking school. Chef Dawn and Chef Scott will teach your young chef how to make fantastic dishes from around the world. For our junior chefs, this will be an introduction to general cooking and light prepping, and will cover measuring, marinating, seasoning, sautéing, and baking with local and fresh ingredients. Be prepared for your chef to whip up their own dishes at home with these new skills. Get your aprons on to batter up some delicious recipes!

Chess

Grades 1–5 • 10 weeks (Session 1 & 2)
Wednesday, 3:00-3:45 p.m.
Cost: \$220

Sept. 7, 14, 21, 28; Oct. 19;
Nov. 2, 9, 16, 30; Dec. 7

(No class 10/5, Yom Kippur; 10/12, Professional Development; 10/26, Early Dismissal; 11/23, Thanksgiving)

Checkmate! Come experience chess instruction and play in a fun-filled environment. Students will learn the movements of all the chess pieces as well as some basic chess concepts such as castling, check, and checkmate. By the end of the class, students should be able to confidently move pieces and castle. As the students advance, they will learn concepts such as stalemate, piece values, and types of checkmates (i.e. ladder checkmate). Students will also learn and practice notation. Whether your child is new to chess or has played before and needs to polish skills, this class is sure to be a winner for all. Each student will be provided with chess sets and weekly master instruction.

Junior Chefs Cooking

Grades 1–3 • 10 weeks (Session 1 & 2)
Wednesday, 3:00-3:45 p.m.
Cost: \$250

Sept. 7, 14, 21, 28; Oct. 19;
Nov. 2, 9, 16, 30; Dec. 7

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THURSDAY

Enrichment Programs, Fall 2022: Session 2

My Hawk Friend

TK/K • 6 weeks
Thursdays, 1:45-2:30 p.m.
Cost: \$150

October 20; November 3, 10, 17;
December 1, 8
*(No class 10/27, Conferences;
11/24, Thanksgiving)*

Join former Nest teacher and Summer Camps instructor, Laura Douglas, for a session of adventures and fun with your child's very own stuffed hawk! We will soar to new heights with our hawks each week. Activities will include crafting, creating accessories for our hawk, making a photo memory book, and plenty of outdoor fun. We will even have a visit from a very special mascot and will see if we can make our hawks fly!

Junior Hawks Tennis

TK/K • 6 weeks
Thursday, 1:45-2:30
Cost: \$120

October 20; November 3, 10, 17;
December 1, 8
*(No class 10/27, Conferences;
11/24, Thanksgiving)*

Tennis anyone? Come join us for a fun-filled 6 weeks of tennis! AC Sports Academy has designed this class to be sure the players have an enjoyable experience while also teaching the fundamentals of the game. Proper grip, swings, and footwork for all the strokes will be taught and practiced. The students will work on movement, balance, coordination and motor skill development. An age-appropriate court size and ball type will be used. Whether you have played tennis before or are new at the sport, this is a class you won't want to miss!

My Hawk Friend

Grades 1-2 • 6 weeks
Thursdays, 3:00-3:45 p.m.
Cost: \$150

October 20; November 3, 10, 17;
December 1, 8
*(No class 10/27, Conferences;
11/24, Thanksgiving)*

Join former Nest teacher and Summer Camps instructor, Laura Douglas, for a session of adventures and fun with your child's very own stuffed hawk! We will soar to new heights with our hawks each week. Activities will include crafting, creating accessories for our hawk, making a photo memory book, and plenty of outdoor fun. We will even have a visit from a very special mascot and will see if we can make our hawks fly!

Junior Hawks Tennis

Grades 3-5 • 6 weeks
Thursday, 3:00-3:45 p.m.
Cost: \$120

October 20; November 3, 10, 17;
December 1, 8
*(No class 10/27, Conferences;
11/24, Thanksgiving)*

Tennis anyone? Come join us for a fun-filled 6 weeks of tennis! AC Sports Academy has designed this class to be sure the players have an enjoyable experience while also teaching the fundamentals of the game. Proper grip, swings, and footwork for all the strokes will be taught and practiced. The students will work on movement, balance, coordination and motor skill development. An age-appropriate court size and ball type will be used. Whether you have played tennis before or are new at the sport, this is a class you won't want to miss!

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FRIDAY

Enrichment Programs, Fall 2022: Session 2

Chess

TK/K • 6 weeks
Friday, 1:45-2:30 p.m.
Cost: \$135

October 21; November 4, 11, 18;
December 2, 9

*(No class 10/28, Conferences;
11/25, Thanksgiving)*

Checkmate! Come experience chess instruction and play in a fun-filled environment! Students will learn the movements of all the chess pieces as well as some basic chess concepts such as castling, check, and checkmate. By the end of the class, students should be able to confidently move pieces and castle. Whether your child is new to chess or has played before and needs to polish skills, this class is sure to be a winner for all! Each student will be provided with chess sets and weekly master instruction.

Super Secret Spy School

TK/K • 6 weeks
Friday, 1:45-2:30 p.m.
Cost: \$140

October 21; November 4, 11, 18;
December 2, 9

*(No class 10/28, Conferences;
11/25, Thanksgiving)*

An elite group of recruits is lurking in the shadows preparing to take on top secret missions. No one really knows who they are or what they are really up to. Now it is your turn to join their ranks. Class starts with top secret briefings to unfold the mission for the day. Learn about coding, fingerprint analysis, and dental forensics to crack any case. Your training includes building a lie detector machine and creating composite sketches. At the end of the session, use your training to secure a crime scene, gather clues, and process evidence at the crime lab. This is a great class full of hands-on activities for the budding detective.

Galaxy Far Away

Grades 1-2 • 6 weeks
Friday, 3:00-3:45 p.m.
Cost: \$140

October 21; November 4, 11, 18;
December 2, 9

*(No class 10/28, Conferences;
11/25, Thanksgiving)*

Welcome to your training, young Padawan. While at the Temple, you will go through many trials before you master the ways of the Force. You will create a Kyber crystal, which powers your lightsaber, and design your own droid to compete against others. You will even travel to distant planets like Tatooine, where you will craft your own Jawa with lit eyes. Make it through the end, and you will earn the rank of Jedi Knight!

Junior Hawks Baseball

Grades 3-4 • 6 weeks
Friday, 3:00-3:45 p.m.
Cost: \$120

October 21; November 4, 11, 18;
December 2, 9

*(No class 10/28, Conferences;
11/25, Thanksgiving)*

Join us for Junior Hawks Baseball led by CLS Varsity Head Coach Daniel Cooke. Each participant will be offered instruction designed to develop young players in all facets of the game. The coaching staff will teach fundamentals and training for each position, and each class is designed to increase individual skills in an atmosphere that is challenging, competitive, and fun! The program focuses on: pitching, catching, outfield, infield, baserunning, hitting, speed and agility, and team fundamentals.

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