

PSHCE POLICY

1. Policy Statement

Personal, Social, Health, Citizenship and Economic (PSHCE) Education is central to the educational entitlement of all students at Sir William Perkins's School and, as a cross curricular dimension, permeates all aspects of life in School. The policy reflects the aims, values and ethos of the School and is encompassed within the teaching of several subjects, notably, Physical Education, Science, RS, Drama, English and a number of the cross-curricular themes. It is an integral part of the whole curriculum, but numerous topics are delivered as part of separate PSHCE lessons: one thirty-five-minute lesson per week in Years 7 to 11, and Life Skills lessons: one thirty-five-minute lesson per week in Years 12 to 13.

The syllabus is developed over 7 years and follows cross-curricular themes identified by the National Curriculum Guidelines. These include: Physical & Mental Health, First Aid, Finance, Civil Society, Careers Education and Relationships & Sex Education. Year 12 and 13 also complete sessions on study skills and the UCAS process.

PSHCE provides an ideal opportunity for students to develop sound moral standards and to receive information on more complex social issues of immediate relevance in their lives. During these sessions they are provided with insight to several areas of life, and they are invited to discuss their feelings and opinions in an open forum. From time-to-time specialist speakers offer their expertise in selected areas, such as Relationships & Sex Education, Drug Education, The Law, and Mental Health.

PSHCE forms part of the curriculum for every student in the School and all staff are expected to support and contribute to the personal and social development of students in the School.

The programme is designed to actively promote the fundamental British values, and to form a part of the school's approach to the PREVENT strategy, with regard to the following:

- The Prevent duty Departmental advice for schools and childcare providers (DFE, June 2015)
- The use of social media for online radicalisation - guidance note (DFE, July 2015)

The school is also fully committed to ensuring that the application of this policy is non-discriminatory in line with the UK Equality Act (2010).

This policy should be read in conjunction with the School's

- Drugs - Education and Misuse Policy
- Relationships, Sex & Health Education Policy
- Careers Education and Guidance Policy
- ICT Acceptable Use Policy
- Good Behaviour Policy
- Child Protection (Safeguarding) Policy
- Anti-bullying policy
- E-safety policy
- Positive Mental Health Policy
- Equal Opportunities policy

- Community Cohesion policy
- Safeguarding and Child Protection policy

2. Citizenship

Some of the PSHCE sessions embrace elements of Citizenship (as prescribed by the National Curriculum). In these lessons, it is hoped that students will learn how societies are structured. We hope from this they develop a perception of their role in school, the neighbourhood, and the wider community, learning to become effective citizens with a respect for social justice, democracy and the diversity in our society. All students in Years 7, 8, 9 and 10 take part in various team group projects. These involve practical activities surrounding the theme of citizenship, which complement topics taught in PSHCE lessons, and other curriculum subjects.

3. Schemes of Work & Resources

A copy of the PSHCE programme and scheme of work can be found within the relevant folder in the School's Shared Areas. Relevant resources are distributed to students via the Wellio platform, which serves as the main source of PSHCE content. The Wellio platform allows teachers to track students' understanding and progress, and students can also access the platform at any time. Additionally, parents/carers have access to the platform to view lesson materials.

The content of PSHCE lessons is reviewed regularly by the Pastoral Team in the light of any additional emerging requirements and feedback, including feedback from students, and any suitable recommendations are taken on board.

4. Support for Missed PSHCE Lessons

If a student misses a PSHCE lesson, all relevant resources from that session will be readily available on the Wellio platform. Their PSHCE tutor will monitor to confirm that the student has accessed and engaged with these materials. Additionally, the PSHCE tutor will facilitate opportunities for students to discuss, clarify doubts, and ask any questions about the missed content. This system ensures comprehensive understanding and continuity in our students' educational experience, even when unavoidable absences occur.

5. Aims of PSHCE Programme

Through a variety of learning experiences, Sir William Perkins's School helps each student to:

- develop their self-knowledge, self-esteem, and self-confidence so that they might know themselves better and think well of themselves
- accept responsibility for their behaviour, valuing and respecting belongings/living things/environment
- value diversity, in tune with the UK Equality Act (2010)
- be empowered to show initiative and understand how they can contribute positively to the lives of those living and working in the locality and to society more widely
- appreciate and respect their own and other cultures
- prepare for the challenges, choices and responsibilities of work and employment and lifelong learning
- be able to share/cooperate and develop the social skills necessary for them to take a positive role in society
- understand the fundamental British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different faiths and beliefs.
- distinguish right from wrong and to respect the civil and criminal law of England
- develop respect for democracy and support for the participation in the democratic process, including respect for the basis on which the law is made and applied in England

- encounter a range of opposing views on political and social issues

Alongside National Curriculum subjects, cross-curricular themes form an integral part of the social and personal development of our students. Health education considers the physical and mental health of a student. Citizenship is delivered as part of assemblies, form periods and PSHCE lessons considering moral issues, careers, economic and industrial understanding, as well as vocational aspects and The Law. The School also realises that young people should understand the risks posed in using the internet and social media, including the use of the internet to bully, groom or abuse other people. Resources promoted by the DfE which provide further information can be found at:

- The UK Safer internet Centre (www.saferinternet.org.uk) and
- CEOP’s Thinkuknow website (www.thinkuknow.co.uk)

6. Content of the PSHCE Programme

The scope of PSHCE is wide ranging and will always seek to respond to emerging topics and events. The aim is to tailor it to the needs of the students, provide flexibility to ensure topical issues are raised and discussed and to encourage students to question and think about the lives they live. PSHCE is one key way in which the principles of spiritual, moral, social, and cultural development of the students is addressed.

The programme is taught by different teachers under the broad themes of: Relationships and Development, Wellbeing, Empowering Futures, Diversity, Community and Citizenship, and Collaborative Projects.

7. Monitoring and Review

The Governing Body is ultimately responsible for the effective oversight, review and amendment of this policy and understands its legal obligation to do so.

This document will be reviewed and updated annually by the Deputy Head Pastoral in conjunction with the Assistant Head - Personal Development and Inclusion, or as events or legislation requires.

Next scheduled review: September 2025 <i>Last reviewed: September 2024</i>	
Key updates in this version	<ul style="list-style-type: none"> • Some rewording of content to improve clarity. • Addition of Wellio as a new platform for the delivery of PSHCE content. • Addition of the introduction of a new teaching structure where different tutors will deliver specific topics.

Appendix 1: Scheme of Work Y7-11

The following provides an overview of the scheme of work for PSHCE. However, the programme will be flexed as required to accommodate any relevant additional topics as a result of local, national, or international events.

Autumn Term

Year 7 Topics	Year 8 Topics	Year 9 Topics	Year 10 Topics	Year 11 Topics
Citizenship	Citizenship	Health	Study skills	Health
Relationships Education	Careers	Relationships Education	Relationships Education	Relationships Education
Sex Education	Relationships Education	Sex Education	Sex Education	Sex Education
Personal safety	Sex Education	Online safety	History topics	RS topics
Online safety				Online safety

Spring Term

Year 7 Topics	Year 8 Topics	Year 9 Topics	Year 10 Topics	Year 11 Topics
Health	Health	Citizenship: The Wider World	Health	Progression to KS5
Exams	e-Safety	Health	e-Safety	Careers
Collaborative working	Collaborative working	Citizenship: The Law		Health
				Citizenship: The Wider World & Finance

Summer Term

Year 7 Topics	Year 8 Topics	Year 9 Topics	Year 10 Topics	Year 11 Topics
Exams	Citizenship: The Wider World & Finance	Health	Citizenship: Finance	Exams
Health	Exams	Exams	Health	Health
	Health	Careers	Careers	Study Leave
		Working collaboratively		

Appendix 2: Scheme of Work Y12-13

The following provides an overview of the scheme of work for the sixth form Life Skills Programme. However, the programme will be flexed as required to accommodate any relevant additional topics as a result of local, national, or international events.

Autumn Term

Year 12 Topics	Year 13 Topics
ALIS Testing	UCAS and Higher Education applications
Introduction to the VESPA programme	Academic Resilience (visiting speaker)
Academic Resilience (visiting speaker)	Plagiarism
Plagiarism	Employability Skills (visiting speaker)
Employability Skills (visiting speaker)	Work Ethic and Motivation
Work Ethic and Motivation	Personal Branding
Personal Branding	

Summer Term

Year 12 Topics	Year 13 Topics
Consent and Sexual Harassment	VESPA
Public Speaking (visiting speaker)	The Perkonian Network
Money and Tax	Group Photograph
VESPA	[Study Leave]
Introduction to UCAS and UCAS HUB	
Making the most of the summer	

Spring Term

Year 12 Topics	Year 13 Topics
Careers Education	VESPA skills – 'P' [Practice]
VESPA	Student Finance
Impact of Social Media	Choosing between UCAS offers (visiting speaker)
Academic Research	Preparing for Student Life (visiting speaker)
Cooking skills	Making ethical decisions
Prefect Roles and applications	
Perfecting your CV and Job Applications (visiting speaker)	
Coping with Stress – the art of mediation	
Thinking about Higher Education options	