

USDD COVID-19 Exposure & Quarantine Protocols (current as of Feb. 28, 2022)

COVID-19 Symptoms – No Known Exposure

- If your child has any of the symptoms below, stay home. If at school, child will be sent home.

SYMPTOMS

- New loss of taste
- New loss of smell
- Cough (new)
- Shortness of breath or trouble breathing
- **Fever¹**
- Muscle or body aches
- Runny nose
- Nasal congestion
- Sore throat
- Unusual fatigue
- **Nausea or vomiting¹**
- **Diarrhea¹**
- Headache
- Others as noted by the CDC

- Contact provider to determine next steps/testing

- May return with
 - Negative PCR test
 - Or provider note

1 Fever, nausea/vomiting and diarrhea alone or together, excludes a child from school

90 day exemptions are applicable based on test results that have been reported to the state.

Close Contact to COVID-19 Positive Individual

CLASSROOM CLOSE CONTACTS

- Students who are close contacts due to a classroom exposure can continue to attend school, and DO NOT have to mask as long as they are symptom free

HOUSEHOLD CONTACTS

- Household contacts regardless of vaccination status can continue to come to school masked for 5 days if symptom free

OTHER CLOSE CONTACTS

- If you are a close contact to a positive individual in another setting, you are required to mask in school for 5 days, or stay home for 5 days
- It is recommended that everyone, regardless of vaccination status, get tested on day 5 after exposure.
- If symptoms occur, isolate immediately and obtain a PCR test.

ADDITIONAL INFORMATION

If the number of COVID-19 positive students in a building exceeds 5% of the total building enrollment, all students and staff in that building will mask for 5 days. [View 5 percent threshold numbers on our District dashboard.](#)

Positive COVID-19 Test or Diagnosis

- Notify school attendance office or email school Principal if after hours

SHORTENED 5-DAY ISOLATION

- Stay home & begin 5-day isolation from the time of symptom onset or positive test date if symptom free
- With masking, may return to school & activities after 5 days if symptom free or symptoms are improving
- MUST wear a well-fitting mask at school for an additional 5 days
- If experiencing a fever, continue to stay home until fever free without medication for 24 hours
- If symptoms continue or worsen, call one of our nurses or health aides to review return date

10-DAY ISOLATION

- If you are unable, or choose not to wear a mask, stay home for 10 days and begin isolation from the time of your test or the onset of symptoms- whichever is earlier
- May return to school after 10 days if symptom free or symptoms are improving

