

# WELLNESS COMMITTEE MEETING

January 20, 2022

1:30 PM – 2:15 PM

Virtual

<https://zoom.us/j/96802540643?pwd=cWpMT29NS1FWZUpyYTIwSTNvbWt3QT09>

## Agenda

- ❖ Welcome - Introductions
- ❖ Review Committee Goals & Objectives
  - Accomplishments to date
  - Review of District Resources
  - Subcommittees
- ❖ Triennial assessment review
  - Review District Policy Score
  - Step 2 – WellSAT–I Interviews in progress
    - Questions? Challenges?
    - Share School Findings
  - Next steps:
    - Complete interviews; scorecard
- ❖ Food & Nutrition Program Update
- ❖ School-based Health & Wellness Committees
  - Role of Wellness Committee reps
  - Support needed?
- ❖ Future Wellness Committee Meetings
  - March 24, 2022 – Assessment review, Smart Snack/Competitive Food Regulations; Subcommittees established
  - May 19, 2022 – Subcommittee Goal Planning
- ❖ Student Wellness Advisory Committee – Date TBD
- ❖ Suggestions, comments, school news