

WELLNESS COMMITTEE MEETING

November 18, 2021

1:30 PM – 2:15 PM

Virtual

<https://zoom.us/j/96802540643?pwd=cWpMT29NS1FWZUpyYTIwSTNvbWt3QT09>

Agenda

- ❖ Welcome
- ❖ Overview of work
 - Completion of USDA’s triennial assessment requirements (https://www.wellsat.org/triennial_assessment.aspx) which consists of 4 steps:
 - Review goals for quarterly meetings:
 1. Complete the WellSAT 3.0 – Review scoring; task committee members with the required “interviews” to complete the “WellSAT-I
 2. Complete the WellSAT-I (Collect interview details and review next steps – “Connections between Policy & Practice)
 3. Identify Connections between Policy and Practice (March Meeting)
 4. Summarize & Share Findings (May Meeting)
- ❖ 3 minute Triennial Assessment intro video
- ❖ Next steps – Interviews
 1. WellSAT-I – assignment of interviews; review the documents to be completed for next meeting
- ❖ Reminder – All meals, breakfast and lunch, free for all students for the 21-22 school year (1 breakfast and 1 lunch meal each day – not unlimited)

Next meetings:

January 20, 2022 - 1:30 PM (Virtual – Use same link)

March 24, 2022 - 1:30 PM *Date TBD*

May 19, 2022 - 1:30 PM *Date TBD*