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Teaching Tips for Parents

Parents are their children's first
and most powerful teacher.

Andie Ryley, M.Ed.

Putnam County Educational Service Center



Facts

- ▶ Parenting can be a joyful experience
- ▶ Parenting can be a challenging experience
- ▶ Parents are their child's first and most powerful teacher



Parents are their children's first and most powerful teacher.

- ▶ Parents become caretakers and teachers as soon as their child is born and is lifelong
- ▶ Parents want their children to learn to be as independent and happy as possible



What are some of the factors that affect learning?

- ▶ Belief in all children can learn
- ▶ Learning is a step-by-step journey, built over years of practice
- ▶ Patience, encouragement, understanding and rewards
- ▶ Have goals



What are some of the factors that affect learning in a positive way?

- ▶ **Have hope, expect success**
- ▶ **It takes a lot of deliberate practice and opportunities to learn. Be consistent, Learning takes time.**



Thinking about teaching a new skill?

- ▶ Does your child have the prerequisite skills?
- ▶ Is this skill worth it?
- ▶ Do you have a motivation plan?
- ▶ Is my skill/goal attainable?
- ▶ Reflect on good not just the difficult.
- ▶ Try to be optimistic... things can and will get better



When in doubt teach.....

- ▶ What does your child need “to do” instead of stopping the behavior?
- ▶ You are not alone in your journey.
- ▶ If you have any questions, feel comfortable asking for help



For more information on these topics use the Parent Library at the Putnam Educational Resource Center

Optimistic Parenting: Hope and Help for Your Challenging Child

V. Mark Durand

Steps to Independence: Teaching Everyday Skills to Children with Special Needs

Bruce Baker, Alan J. Brightman and et al.





Bibliography

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