



Bulletin

May 16th—22nd 2022

Important Dates:

May 17th Thursday Block Schedule

May 19th SBA Math CAT/PT

May 20th WCAS

May 27th NO SCHOOL Leap Day

May 30 NO SCHOOL Memorial Day



National Anthem Auditions for 2022 Graduation! SOLO or DUET Audition: Vocal or Instrumental

ALL SENIORS of the class of 2022 are invited to submit a Flipgrid of a vocal or instrumental performance of *The National Anthem*.

SUBMISSION DEADLINE:
Wednesday, May 18, 2022

Submit on FLIPGRID: <https://flipgrid.com/4dd5ec86>

Questions? Email Ms McMurray-Hauk at emcmurray-hauk@lwsd.org



Prom Dress Donation (until June 3rd)

Have any old dresses, suits or any formal wear laying around? The counseling office is accepting donations of gently used items now until June 3rd. Please see Ms. Hamilton in the counseling office if you have any more questions.



JHS/Futures School Graduation 2022 will be held on **June 14th** at Alaska Airlines Arena, at 11:00 AM. Doors will open at 10:30 AM. We are waiting on further details from the UW such as entrance procedures, ticketing, etc. and will communicate these details out as soon as we have them. To find out more details about graduation go to our JHS page [HERE](#)

Graduation Tickets: All Seniors will receive 10 tickets (more can be made available upon request). Tickets are free.

Prom: Prom is back! Saturday **June 4th** from 8-11pm at Dockside at Dukes on Lake Union in Seattle. If you are planning to bring a guest to the dance that doesn't attend Juanita or Futures, you will need to have a guest form signed and turned into the Main Office before you can purchase tickets.

Guest Pass Request Form [HERE](#)

Prom is going to be held on June 4th from 8-11pm at Dockside at Dukes. Tickets are being sold now, \$45 with ASB and \$50 without. Go see Mrs. Grager before school, during lunch, or after school to purchase your tickets. If you have more questions about prom, go check out Juanita's website at jhs.lwsd.org

You may also pre-purchase a dinner at Duke's for \$25 per person for a chicken, salmon or vegetarian dinner with a salad course. Dinner at 6:30pm, skip the line and get parking before everyone else! Dinner add-on purchases must be made by May 26th.

Class of 2026 save the date for Flight School!

Thursday August 25th

Please see our [Rising Ravens Page](#) for information on the class of 2026 Flight School and watch for future updates for your soon to be freshman!



Seniors! Please sign up here to participate in the [Elementary School Senior Marches](#).

Once signed up, you will receive more detailed information about your school's event. Contact Ms. Hasslinger if you have questions. <https://forms.office.com/Pages/ResponsePage.aspx?id=P2fUH5bflUaGOKHYjEYF17cda3SXB81Cvzw0cXexUxtUREpGNTEORVRESjYUUFFQ0NPVE9FV85US4u>


SBA Math CAT/PT	Thursday May 19th	All 10th graders and those who need it for Grad Pathway
WCAS	Friday May 20th	All 11th graders

On Thursday, May 19th all 10th graders will take the Math SBA. Just like during the ELA SBA, buses will make an additional run for non-testers and the entire school will be on a 3 hour late start schedule. The following day, Friday, March 20th, all 11th graders will take the WCAS (the State Science Assessment). There will be an additional bus run for bus riders and the entire school will be on a 2 hour late start schedule. Rosters are posted in the Commons. Check the JHS website for details and email Breck Ivy with questions.

Detailed information about State Testing (SBA/WCAS) can be found on our web page [HERE](#)

Alternate Bell Schedule for May 16 –20

MAY: SBA Math and WCAS

Monday, May 16	Tuesday, May 17	Wednesday, May 18	Thursday, May 19	Friday, May 20
Regular Schedule	<u>Thursday</u> Block Schedule	Wednesday Block Schedule	MATH CAT/PT	WCAS
			TESTING 7:50-10:50	TESTING 7:50-9:50
			BRUNCH 10:55-11:25	1st 9:55- 10:55
			2nd 11:30-12:30	3rd 11:00-12:00
			4th 12:35-1:35	A Lunch 12:00-12:30
			6th 1:40-2:40	5th A 12:35-1:35
				5th B 12:05-1:05
				B Lunch 1:05-1:35
				7th 1:40-2:40

With upcoming SBA and Cambridge testing, the [library](#) will be closed occasionally during and after the school day. There will be signs posted on the doors during these times and non-testing students will not be allowed in. The library will remain open every morning before school starts and during most lunches. Please email library staff with questions or concerns.

2022 JHS AP Exam Schedule

Week 3 (Late Testing): May 16 th - May 20 th	Morning 8 a.m.	Afternoon 12 p.m.
Monday, May 16, 2022	None	None
Tuesday May 17, 2022	<ul style="list-style-type: none"> Environmental Science 	<ul style="list-style-type: none"> Psychology
Wednesday, May 18, 2022	<ul style="list-style-type: none"> Chemistry Computer Science A Statistics US History 	<ul style="list-style-type: none"> Computer Science Principles English Literature and Composition
Thursday, May 19, 2022	<ul style="list-style-type: none"> Chinese Language and Culture English Language and Culture Physics 1: Algebra-Based 	<ul style="list-style-type: none"> Biology Japanese Language and Culture (ATC)*
Friday, May 20, 2022	<ul style="list-style-type: none"> Calculus AB Calculus BC Physics 2: Algebra-Based Spanish Language and Culture 	<ul style="list-style-type: none"> Music Theory (ATC)* US Government and Politics World History: Modern

*ATC = Alternative Testing Center

- Testing will be administered in the JHS Field House.
- Students with approved College Board testing accommodations will be testing at the ATC as well.
- Additional testing details will be sent to students in the coming weeks.
- "Late-late" testing will be offered on a case by case basis.
- The following exams will be administered at a different site or "ATC":
 - AP Japanese Language and Culture
 - AP Chinese Language and Culture
 - AP Music Theory

For detailed information about Advanced Placement go to our page [HERE](#)

Did you know that you student needs to have an Early Dismissal Pass in hand for their absence to be excused?

How do you get an Early Dismissal Pass for your student?

Report the early release to the Attendance Office by either email JHS-attendance@lwsd.org or leaving a voicemail at (425) 936-1607. We ask that you report the early release either the night before or morning of the request. This way we have time to get the pass to your student.

JUANITA

From the College & Career Center

Full Year WANIC – Our WANIC Skills Center offers full-year, hands-on courses! Some of the courses include Dental Careers, Fire & EMS, Medical Careers, DigiPen Video Game Programming, DigiPen Art & Animation, and more! Rising Juniors and Seniors are eligible to take these courses alongside their JHS classes! Find out more at <https://wanic.lwsd.org/>

FAFSA and WAFSA – Seniors, if you still haven't completed your financial aid application, come by the CCC during ACT, lunch, before or after school or email [Ms. Shay](#).

SCHOLARSHIPS! Seniors – please check out the files section under the scholarships tab in the College & Career Center "[Team's Page](#)" to view all local and regional scholarships! There are several local scholarships currently open and available for students!

- **Military Visits**
- Air Force, Monday, May 16th during lunch
- Marines, Friday, May 20th during lunch

Counseling

Hello Juanita Students and Families,

Seniors Apply Now for 2022-23 Financial Aid! Applying for financial aid is a crucial first step toward college or job training. Many families assume they won't qualify, but [there's more help available than ever before](#). This year, a family of four making up to \$102,000 can [qualify for financial aid](#) in Washington. The only way to know for sure if you're eligible is to apply. Learn more, get support, and apply for financial aid at wsac.wa.gov/apply.

Free and Reduced Lunch – Apply Now! All LWSD students receive free meals at school this year, however, qualifying families must complete a Free and Reduced Lunch application to qualify for fee waivers for ASB cards, sports participation and other extracurricular activities. Complete an [online application](#) here or visit [Student Meals - Lake Washington School District \(lwsd.org\)](#). Be sure to check the box providing your consent to share eligibility information on the application. If you have already completed an application or are directly qualified through Basic Food/SNAP (formerly known as food stamps), TANF, FDPIR, Foster Care, Homeless, or Migrant through DSHS, you can provide your consent to share eligibility information in Family Access by following these [instructions](#) | [instrucciones](#).

Join the JHS Welcome Team! Our JHS Welcome Team is looking for students who are friendly, kind, patient, and responsible to help welcome our newcomers on their first day of school. We seek a diverse group of students, who are leaders at heart (even if they've never have had the opportunity to express it!) Kids that speak languages other than English are always in demand! As a bonus, Welcome Team duties count towards National Honor Society community service hours. Contact [Ines Bergman](#) for more information.

Resources for Families

[2022 Evergreen/LWSD Parent Support](#)

Molly is here to help! Molly Hart, an Evergreen Health Social Worker who partners with the JHS Counseling Department, is available to provide mental health and resource support for students and families. For information and available times, please contact Molly via email c-mhart@lwsd.org.

“Feeling a bit stressed out? Would you like to start your day on a positive note? Join us for 20 minutes of mindfulness and relaxation before school. We meet Mondays and Thursdays from 7:20-7:40 in the Theater”.

Yearbook

The last set of yearbook presales are from May 2nd-23rd. You can purchase yearbooks for \$65 at the bookkeeper's office or buy online through the district portal: <https://payments.lwsd.org/>. This is your last chance to reserve a yearbook! Leftover books will be sold first come first serve at the end of the year.

[Yearbook Newsletter May](#)

Period Club will be doing a **Mod Pizza Fundraiser** this **Wednesday (5/18)!** If you decide to support our fundraiser make sure to mention Period Club when you buy in person. If you decide to support us by ordering online please use our online code. Our online code is: MODF6900. We would really appreciate it if you could support our fundraiser because all the money we receive will be used to buy supplies to stock the bathrooms and more!

Going Home through the Health Room:

We realize that many 9th, 10th, and some 11th graders are not aware of the **Health Room** process since school was interrupted back in 2020.

When your student doesn't feel well and needs to go home, they should ask their teachers for a pass to the Health Room. In the Health Room, the student will sign in and call home. The Health Room Secretary will speak with guardian/parent and will coordinate a time to send the student outside to meet guardian/parent or get permission for them to drive or walk home. Students should not be contacting guardian/parents before coming to the health room. When the process is followed, the transition of the student from school to home, goes smoothly.

Every spring, the JHS Counseling Department holds individual meetings with each of our juniors to make sure they are on track for graduation. During each meeting, we also go over materials on the Junior Planning webpage relevant to their post-secondary choices. We plan to meet with each of our juniors and will be sending meeting invites to students soon.

Please explore the JHS Junior Planning website to access all the Junior Planning resources here: <https://jhs.lwsd.org/counseling/juniorplanning>

We have also put together a few things in this letter to help families and students understand their graduation status for next year, obtain resources and guidance for applying to college and for financial aid and to help counselors gather the information we need to prepare for each student's meeting.

- **How to check credits and current graduation status:**

Families and students have access to an online grad check with Skyward. If you are unfamiliar with how to access this feature the link below will take you to the district directions on how to access this page. <https://www.lwsd.org/help/skyward-family-access/monitor-progress-towards-high-school-graduation>

Students are required to complete a High School & Beyond Plan (HSBP), which has different assignments for each grade level. In the LWSD, we use a program called Xello for the HSBP. Working in Xello is a critical component in finding out who you are, what you want to do and how to get there. In Xello, students can explore careers, research colleges, plan for high school courses, build a resume, plan for their post high school life, prepare for the SAT with Method Test Prep, and more. For questions about a student's HSBP status, please contact our High School & Beyond Coordinator, Mrs. Hasslinger at ahasslinger@lwsd.org



Juanita High School Booster Club

2022 Scholarship Information [HERE](#)

JHS Summer Athletics

Several programs will be running sport-specific work and we are pleased to continue our Raven Strength program that will allow athletes of all programs to build explosive power, athletic agility, and overall fitness throughout the summer.

Athletes will need to register via FinalForms. Additional registration information, including financial assistance is available on the JHS Website under the Athletics tab <https://jhs.lwsd.org/athletics>

Registration Now Open in FinalForms

Registration and Payment Deadline is Wednesday, June 15th

Sports being offered

All-Sports Strength & Conditioning - Coach Samy Habib - SHabib@LWSD.org

Football - Coach Jared Carter - JaCarter@LWSD.org

Wrestling - Coach Kevin Corbett - KeCorbett@LWSD.org

Volleyball - Coach Alyx Packard - APackard@LWSD.org

Men's Basketball - TBD - information coming soon

Women's Basketball – Coach Katya Yancheva – Kyancheva@lwsd.org

Women's Soccer - TBD - information coming soon



Summer Athletics covers 20 hours of programming at a cost of \$50 to student-athletes for each sport chosen.

Individual sports schedules are determined by each coach, please contact the coaches above directly for more information.

Hi Parents—This is Andrea Frost from the YES Substance Use Prevention & Intervention Corner at JHS.

Here are some new resources to help support your teens/youth:

The first one is the NEW Washington State resource to strengthen suicide prevention and mental health crisis services and is the Suicide & Crisis Lifeline—just dial 988 to access.

The second resource helps you confidentially and anonymously locate mental health, substance use or other types of counseling services specific to your location/zip code. <https://www.findtreatment.samhsa.gov>

Andrea Frost (she/her) MPA, SUDP

Substance Abuse Education & Prevention Coordinator

Prevention Intervention Specialist EHS, JHS, LWHS, RHS

P 425 747 4937 ext. 2721 W andrea@youtheastideservices.org

F [facebook.com/YouthEastsideServices](https://www.facebook.com/YouthEastsideServices) | T twitter.com/YouthEastside

999 164th Ave. N.E. | Bellevue, WA | 98008



JUANITA

JHS HOSA BLOOD DRIVE with Bloodworks NW

Contact us: jhshosa@outlook.com | Instagram: @jhs_hosa_

Why?

Your donation will:

- Save up to 3 lives!

AND

- Help us fundraise, so that more students can attend the HOSA State Leadership Conference next year!

When?

May 22-June 5

Who?

Anyone ages 16+*

*more information at bloodworksnw.org/donate/eligibility

Where?

The Bloodworks NW donation center or pop-up site nearest you!

How?

Scan the QR code to join our email list and learn more about signing up for a slot!

<https://forms.office.com/r/rM0uHxrmnp>



COME SUPPORT JUANITA HIGH SCHOOL AT

Spring Fest

SATURDAY MAY 21ST
4PM - 8PM
@JUANITA HIGH SCHOOL

Participate in club booth activities!
Play games to win prizes!
Enjoy the food trucks!
Check out the new school!
Listen to our Jazz band!

SCAN FOR TICKETS

What is a Pantry Pack?

It is a grocery bag that contains child-friendly, nonperishable and easy to eat food for the weekend.

AND Pantry Packs are available now! Students can swing by room #220 before or after school.

Questions? Please email Lynn Lawrence llawrence@lwsd.org

In need of a few items for your home pantry?

JHS now has a wonderful room available for those families who could use it. It contains an assortment of canned & packaged foods along with cleaning supplies and personal items. All at no cost to you. The room is available **Mon-Fri 7:00am -2:00pm** with an appointment. Interested?

Please contact **Lynn Lawrence** llawrence@lwsd.org or 425.936.1635 to set up a time to visit.