

LWSD Middle School Lunch Menu

May 16th -20th

Join us of National School Breakfast Week

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

Daily Salads, Sandwiches & Parfaits

Traditional Caesar & Chicken Caesar Salads and a new Special Entree Salad are all offered daily and are served with a Whole Grain Roll.

Assorted hand made Specialty Wraps offered daily



MONDAY	Turkey & Cheese Sub	Strawberry Parfait
TUESDAY	BBQ Chicken Sub	Blueberry Parfait
WEDNESDAY	Ham & Cheese Sub	Strawberry/Banana
THURSDAY	Italian Sub	Double Berry Parfait
FRIDAY	American Sandwich	Peach Parfait



FRUIT AND VEGETABLE OFFERED DAILY WITH LUNCH CHOICES

Fruits, Vegetables & Low fat or Fat Free Milk included with all meals available.

Whole Fresh Oranges, Apples, Bananas, Pears, Grapes
Cucumbers, Carrots, Celery Sticks, Corn, Broccoli, Legumes

Three of these five options served daily w/French Fries or Tator Tots

Cheeseburger, Hamburger, Chicken Burger, Spicy Chicken Burger or Veggie Burger



MONDAY	Bacon Cheeseburger
TUESDAY	Corn Dog
WEDNESDAY	Grilled Cheese Sandwich V
THURSDAY	Hot Dog
FRIDAY	Chicken Nuggets w/ WG Roll

PIZZA Specials Served Every Day!

Cheese or Vegetarian Pizza, Pepperoni Pizza, and the Specialty Pizza listed below

MONDAY:	BBQ Chicken Pizza
TUESDAY:	Supreme Pizza
WEDNESDAY:	Sausage Pizza Buffalo
THURSDAY:	Chicken Pizza
FRIDAY:	Hawaiian Pizza

This Week's Daily Specials



MONDAY:	Bean & Cheese Burritos
TUESDAY:	Pancakes & Sausage
WEDNESDAY:	BBQ Chicken Sandwich
THURSDAY:	Baked Penne Pasta V
FRIDAY:	Fish Po Boy w/ Cole Slaw

Menu items are subject to changed based on supply chain product availability

This institution is an equal opportunity employer



** Great Part & Full
Time Opportunities*

** Extra time with your kids--
work during school hours*

** Share all holidays, breaks,
nights & weekends*



** Help feed our youth--give
back to your community*

** No experience needed
Training provided*

** Medical, Dental & Vision
Benefits are available*



Join Our Team
Job Listings at Sodexo Careers (icims.com)

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Nutrition Information is available upon request.

